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SIS Sport Fitness and Recreation Training Package

Companion Volume Implementation Guide

Sport Fitness and Recreation Training Package V4.0

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Version Control and Modification History

The latest version of the Implementation Guide is shown on the top row. The table tracks modifications to training components in this training package made after the initial release. Please check that you are using the current version of the *SIS Sport, Fitness and Recreation Training Package* by accessing information from training.gov.au.

Version	Release Date	Comments
4.0	September 2019	<p>Release 4.0 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following Sport qualifications:</p> <ul style="list-style-type: none"> • SIS20219 Certificate II in Sport - Developing athlete • SIS20319 Certificate II in Sport Coaching • SIS30419 Certificate III in Sport - Athlete • SIS30519 Certificate III in Sport Coaching • SIS40319 Certificate IV in Sport Coaching • SIS40419 Certificate IV in Sport Development • SIS50319 Diploma of Sport <p>Endorsement of the following Outdoor Recreation qualifications:</p> <ul style="list-style-type: none"> • SIS20419 Certificate II in Outdoor Recreation • SIS30619 Certificate III in Outdoor Leadership • SIS40619 Certificate IV in Outdoor Leadership • SIS50419 Diploma of Outdoor Leadership <p>Please see the separate Outdoor Recreation Companion Volume Implementation Guide for specific information relating to outdoor recreation training package products.</p>
3.0	December 2017	Endorsement of 15 Equine Units of Competency (Separate Companion Volume has been merged with the Outdoor Recreation Companion Volume Implementation Guide)
2.0	December 2015	<p>Endorsement of the following qualifications:</p> <ul style="list-style-type: none"> • SIS10115 Certificate I in Sport and Recreation • SIS20115 Certificate II in Sport and Recreation • SIS30115 Certificate III in Sport and Recreation • SIS40115 Certificate IV in Sport and Recreation • SIS50115 Diploma of Sport and Recreation Management
1.0	September 2015	Primary release of <i>SIS Sport, Fitness and Recreation Training Package</i> .

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Date of Publication

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Introduction

This Companion Volume Implementation Guide has been developed to provide advice and guidance on the implementation of the SIS Sport, Fitness and Recreation Training Package. It also includes key information on the industry and its workforce needs.

Background

In November 2012 the former National Skills Standards Council (NSSC)¹ developed a set of *Standards for Training Packages*, to ensure that training packages are of high quality and meet the workforce development needs of industry, enterprises and individuals.² The *Standards for Training Packages* apply to the design and development of training packages for endorsement consideration.

Standard 1 identifies the products that must comprise a training package. This includes:

- Endorsed components:
 - Units of Competency
 - Assessment Requirements (associated with each Unit of Competency)
 - Qualifications
 - Credit Arrangements
- Non-endorsed components:
 - Companion Volume Implementation Guide
 - Other guides required by stakeholders.
- On 1 January 2016, SkillsIQ was appointed as the Skills Service Organisation (SSO) with responsibility for supporting the Industry Reference Committee responsible for the SIS Sport, Fitness and Recreation Training Package.

Quality Assurance of Companion Volumes

Companion Volumes developed by SkillsIQ follow a quality assurance process throughout development to ensure availability at the time of endorsement of the training package and that the Implementation Guide complies with the Companion Volume Implementation Guide template. The steps in this process are as follows:

Consultation

1. Stakeholders provide advice on content throughout the consultation phase

Development

2. Draft Companion Volume(s) prepared
3. Format and copy edit first draft
4. Draft 2 Companion Volume(s) prepared
5. Cross check Companion Volume(s) with draft Training Package components for endorsement
6. Review of final draft by Technical Advisory Committee (TAC)
7. Copy edit and proof read
8. Quality assurance review

Sign off

9. Sign off by Industry Reference Committee

¹ The functions of the National Skills Standards Council (NSSC) have been transferred to the Australian Industry and Skills Committee.

² The Standards for Training Packages were endorsed by the former Standing Council for Tertiary Education Skills and Employment (SCOTESE), which has been replaced by the COAG Industry and Skills Council. The Standards remain applicable to the VET sector.

10. Companion Volume Implementation Guide made available for external quality assurance
11. Desktop publish and upload to website.



1.0 Overview Information

This Implementation Guide is designed to assist assessors, trainers, Registered Training Organisations (RTOs) and enterprises to deliver the *SIS Sport, Fitness and Recreation Training Package*. It provides advice about the structure and content of the Training Package, its key features and industry specific information applicable to implementation.

1.1 SIS Qualifications

Qualifications are groups of Units of Competency that meet job roles and are meaningful in the workplace, and which are aligned to vocational qualifications in the Australian Qualifications Framework (AQF).

Qualifications therefore:

- represent key industry functions directly related to occupational positions in the industry
- are a framework, not a course.

Please see the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

Table 1: List of AQF qualifications within the SIS Sport, Fitness and Recreation Training Package

Qualification Code	Qualification Title
SIS10115	Certificate I in Sport and Recreation
SIS20115	Certificate II in Sport and Recreation
SIS20219	Certificate II in Sport - Developing Athlete
SIS20319	Certificate II in Sport Coaching
SIS20419	Certificate II in Outdoor Recreation
SIS30115	Certificate III in Sport and Recreation
SIS30315	Certificate III in Fitness
SIS30419	Certificate III in Sport - Athlete
SIS30519	Certificate III in Sport Coaching
SIS30619	Certificate III in Outdoor Leadership
SIS31015	Certificate III in Aquatics and Community Recreation
SIS40115	Certificate IV in Sport and Recreation
SIS40215	Certificate IV in Fitness
SIS40319	Certificate IV in Sport Coaching
SIS40419	Certificate IV in Sport Development
SIS40619	Certificate IV in Outdoor Leadership
SIS50115	Diploma of Sport and Recreation Management
SIS50215	Diploma of Fitness
SIS50319	Diploma of Sport
SIS50419	Diploma of Outdoor Leadership

1.2 SIS Skill Sets

Skill Sets are single Units of Competency, or combinations of Units of Competency, from an endorsed training package that link to a licensing or regulatory requirement or a defined industry need. Skill Sets are **not** Qualifications.

Please see the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

Table 2: List of Skill Sets within the SIS Sport, Fitness and Recreation Training Package

Skill Set Code	Skill Set Title
SISSS00110	Aquatic Technical Operator
SISSS00111	Pool Lifeguard
SISSS00112	Swimming and Water Safety Teacher
SISSS00113	Group Exercise Leader
SISSS00114	Advanced Coaching Skill Set
SISSS00115	Coach Development Skill Set
SISSS00116	High Performance Coach Skill Set
SISSS00117	Sport Official Skill Set
SISSS00118	Sports Trainer Level 1 Skill Set
SISSS00119	Community Coaching
SISSS00120	Alpine Activities Leader
SISSS00121	Artificial Abseiling
SISSS00122	Artificial Climbing
SISSS00123	Challenge Course Leader
SISSS00124	Challenge Course Supervisor
SISSS00125	Tracked Horse Trail Ride Guiding
SISSS00126	Wilderness First Aid

1.2.1 Registration Schemes

There are a number of qualifications and skill sets that are aligned to industry-led registration or accreditation schemes across the sectors covered by the **SIS Sport, Fitness and Recreation Training Package**. These schemes provide a framework for self-regulation (industry/sector regulation) and provide best-practice across the identified job role or the sector. These schemes provide for the continuing professionalisation of these sectors, with the requirement for on-going professional development and currency in the workplace. Many also provide insurance as a benefit of registration/accreditation. Given the unregulated nature of the industry, numerous schemes exist, including different schemes for the same job role or sector.

Some industry schemes include (but are not limited to):

- [AUSTSWIM](#) – provide the AUSTSWIM Teacher Licence™ to candidates that undertake their training program, which meets and goes beyond the minimum standards identified in this training package for the role of Teacher of Water Safety.
- [Australian Swim Coaches and Teachers Association \(ASCTA\)](#) – provide the ASCTA

Accreditation to candidates that undertake their training program, which meets and goes beyond the minimum standards identified in this training package for the role of Teacher of Water Safety.

- [Royal Life Saving Society \(NSW & ACT\)](#) – provide the Australia Pool Lifeguard Licence in NSW and ACT only – (after completion of on-the-job component) to candidates that undertake their training program, which meets and goes beyond the minimum standards identified in this training package for the role of Pool Lifeguard, and upon the completion of an on-the-job assessment.
- [Leisure Institute of Western Australia \(LIWA\) Aquatics](#) – provide accreditation to individuals who have evidence of successful completion of a recognised pool operators' training course (meets the standards in this training package), a current Senior First Aid Certificate or equivalent, a current Pool Lifeguard Award or equivalent (meets the standards in the SIS Training Package) and 112 details of current and past employment in the aquatic industry.
- [Fitness Australia](#) – provide registration categories based on the fitness qualification/skill set attained from this training package.
- [Physical Activity Australia](#) – provide registration categories based on the fitness qualification/skill set attained from this training package.

Many of the schemes are aligned to industry or government department codes of practice or guidelines, but do not have a requirement by law.

1.3 SIS Units of Competency and Prerequisites

Units of Competency in training packages are developed to meet the skill needs identified by industry. Each Unit of Competency identifies a discrete workplace requirement and includes the knowledge and skills that underpin competency, including foundation skill requirements. Units of Competency therefore:

- are nationally-agreed statements of the skills and knowledge required for effective performance in a particular job or job function
- describe work outcomes
- logically stand alone when applied in a work situation.

A prerequisite is a Unit of Competency in which the individual must be deemed competent prior to the determination of competency in another Unit of Competency. Prerequisites are applicable when competency cannot be achieved in a given Unit of Competency without first gaining essential knowledge and skills from other Unit(s) of Competency. Prerequisites are included as part of the full Qualification and contribute to the total outcome of the Qualification.

Please see the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

Table 3: List of Units of Competency within the SIS Sport, Fitness and Recreation Training Package

Unit code	Unit title	Prerequisite(s)
COMMUNITY RECREATION (C)		
Aquatics		
SISCAQU001	Test pool water quality	Nil
SISCAQU002	Perform basic water rescues	Nil
SISCAQU003	Maintain aquatic facility plant and equipment	Nil

Unit code	Unit title	Prerequisite(s)
SISCAQU004	Develop and implement pool water maintenance procedures	Nil
SISCAQU005	Develop and implement aquatic facility maintenance procedures	Nil
SISCAQU006	Supervise clients in aquatic locations	Nil
SISCAQU007	Perform advanced water rescues	HLTAID003 Provide first aid SISCAQU002 Perform basic water rescues
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills	SISCAQU002 Perform basic water rescues
SISCAQU009	Instruct water safety and survival skills	Nil
SISCAQU010	Instruct swimming strokes	Nil
SISCAQU011	Promote development of infants and toddlers in an aquatic environment	Nil
SISCAQU012	Assist participants with a disability during aquatic activities	Nil
SISCAQU013	Coordinate lifeguard service at an aquatic facility	Nil
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility	Nil
Community Recreation Development		
SISCCRD001	Facilitate community recreation initiatives	Nil
Community Recreation Operations		
SISCCRO001	Plan and conduct recreation programs for older persons	Nil
OUTDOOR RECREATION (O)		
Adventure-based Learning (ABL)		
SISOABL001	Lead adventure-based learning activities	Nil
SISOABL002	Facilitate adventure-based learning activities	Nil
SISOABL003	Design adventure-based learning programs	Nil
Abseiling (ABS)		
SISOABS001	Abseil single pitches using fundamental skills	Nil
SISOABS002	Abseil single pitches, artificial surfaces	Nil
SISOABS003	Abseil single pitches, natural surfaces	Nil
SISOABS004	Abseil multi pitches, natural surfaces	Nil
SISOABS005	Establish ropes for single pitch abseiling on artificial surfaces	Nil

SISOABS006	Establish ropes for single pitch abseiling on natural surfaces	Nil
SISOABS007	Establish ropes for multi pitch abseiling on natural surfaces	Nil
SISOABS008	Lead single pitch abseiling activities on artificial surfaces	Nil
SISOABS009	Lead single pitch abseiling activities on natural surfaces	Nil
SISOABS010	Lead multi pitch abseiling activities on natural surfaces	Nil
Archery (ARC)		
SISOARC001	Lead archery sessions	Nil
Bushwalking (BWG)		
SISOBWG001	Bushwalk in tracked environments	Nil
SISOBWG002	Bushwalk in difficult tracked environments	Nil
SISOBWG003	Bushwalk in extremely difficult tracked and untracked environments	Nil
SISOBWG004	Cross rivers during bushwalks	Nil
SISOBWG005	Lead bushwalks in tracked environments	Nil
SISOBWG006	Lead bushwalks in difficult tracked environments	Nil
SISOBWG007	Lead bushwalks in extremely difficult tracked and untracked environments	Nil
Canyoning (CAY)		
SISOCAY001	Traverse canyons	Nil
SISOCAY002	Abseil in easy to intermediate canyons	Nil
SISOCAY003	Abseil in intermediate to advanced canyons	Nil
SISOCAY004	Establish ropes and belays for abseils in easy to intermediate canyons	Nil
SISOCAY005	Establish ropes and belays for abseils in intermediate to advanced canyons	Nil
SISOCAY006	Lead canyoning activities, easy to intermediate canyons	Nil
SISOCAY007	Lead canyoning activities, intermediate to advanced canyons	Nil
Challenge Course (CHC)		
SISOCHC001	Lead challenge course sessions, low elements	Nil
SISOCHC002	Set up and supervise challenge course sessions, low elements	SISOCHC001 Lead challenge course sessions, low elements
SISOCHC003	Lead challenge course sessions, high elements	Nil

SISOCHC004	Set up and supervise challenge course sessions, high elements	SISOCHC003 Lead challenge course sessions, high elements
SISOCHC005	Manage challenge course	Nil
Climbing (CLM)		
SISOCLM001	Top rope climb single pitches, artificial surfaces	Nil
SISOCLM002	Top rope climb single pitches, natural surfaces	Nil
SISOCLM003	Lead climb single pitches, natural surfaces	Nil
SISOCLM004	Lead climb multi pitches, natural surfaces	Nil
SISOCLM005	Establish belays for single pitch climbing on artificial surfaces	Nil
SISOCLM006	Establish belays for single pitch climbing on natural surfaces	Nil
SISOCLM007	Establish belays for multi pitch climbing on natural surfaces	Nil
SISOCLM008	Lead single pitch climbing activities on artificial surfaces, top rope climbing	Nil
SISOCLM009	Lead single pitch climbing activities on natural surfaces, top rope climbing	Nil
SISOCLM010	Lead single pitch climbing activities on natural surfaces, lead climbing	Nil
SISOCLM011	Lead multi pitch climbing activities on natural surfaces, lead climbing	Nil
Canoeing (CNE)		
SISOCNE001	Paddle a craft using fundamental skills	Nil
SISOCNE002	Paddle a canoe on inland flatwater	Nil
SISOCNE003	Paddle a canoe on moving water up to grade 1 rivers	Nil
SISOCNE004	Paddle a canoe on grade 2 rivers	Nil
SISOCNE005	Lead canoeing activities on inland flatwater	Nil
SISOCNE006	Lead canoeing activities on moving water up to grade 1 rivers	Nil
SISOCNE007	Lead canoeing activities on grade 2 rivers	Nil
Caving (CVE)		
SISOCVE001	Traverse caves	Nil
SISOCVE002	Descend and ascend ladders in caves	Nil
SISOCVE003	Abseil single pitches in caves	Nil
SISOCVE004	Descend and ascend single ropes in caves	Nil
SISOCVE005	Establish ropes, ladders and belays for caving	Nil
SISOCVE006	Lead caving activities	Nil

Cycle Touring (CYT)		
SISOCYT001	Set up, maintain and repair bicycles	Nil
SISOCYT002	Ride bicycles on roads and pathways, easy conditions	Nil
SISOCYT003	Ride bicycles on roads, up to moderate terrain and heavy traffic	Nil
SISOCYT004	Ride off road bicycles on easy trails	Nil
SISOCYT005	Ride off road bicycles on intermediate trails	Nil
SISOCYT006	Lead cycling activities on roads and pathways, easy conditions	Nil
SISOCYT007	Lead cycling activities on roads, up to moderate terrain and heavy traffic	Nil
SISOCYT008	Lead off road cycling activities on easy trails	Nil
SISOCYT009	Lead off road cycling activities on intermediate trails	Nil
Four Wheel Driving (DRV)		
SISODRV001	Drive AWD/4WD vehicles on unsealed roads	Nil
SISODRV002	Lead four wheel driving activities	Nil
Equine (EQU)		
SISOEQU001	Handle horses	Nil
SISOEQU002	Ride horses using fundamental skills	SISOEQU001 Handle horses
SISOEQU003	Ride horses on tracked trail rides	SISOEQU001 Handle horses SISOEQU002 Ride horses using fundamental skills
SISOEQU004	Ride horses on untracked trail rides	SISOEQU001 Handle horses SISOEQU002 Ride horses using fundamental skills
SISOEQU005	Guide horse trail rides in tracked areas	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU006	Guide horse trail rides in untracked areas	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities

SISOEQU007	Instruct horse handling skills	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU008	Instruct fundamental horse riding skills	SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU009	Instruct the advancement of recreational horse riding skills	SISOEQU008 Instruct fundamental horse riding skills SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU010	Identify hazards, assess and control safety risks for horse handling and riding activities	Nil
SISOEQU011	Manage horse illness and injury in remote areas	RGRPSH308 Provide first aid and emergency care for horses or other equines
SISOEQU012	Assess horses for sport or recreational performance	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU013	Condition horses for sport or recreational performance	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISOEQU014	Determine nutritional requirements for sport or recreational horses	Nil
SISOEQU015	Acquire and educate horses for sport or recreational programs	SISOEQU001 Handle horses SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
Field Operations (FLD)		
SISOFD001	Assist in conducting recreation sessions	Nil

SISOFLD002	Minimise environmental impact	Nil
SISOFLD003	Select, set up and operate a temporary or overnight site	Nil
SISOFLD004	Provide first aid in remote locations	HLTAID003 Provide first aid
SISOFLD005	Navigate waterway courses	Nil
SISOFLD006	Navigate in tracked environments	Nil
SISOFLD007	Navigate in difficult tracked environments	Nil
SISOFLD008	Navigate in extremely difficult tracked and untracked environments	Nil
Fishing (FSH)		
SISOFSH001	Locate, attract and catch fish	Nil
SISOFSH002	Select and catch bait	Nil
SISOFSH003	Select and rig tackle outfits	Nil
SISOFSH004	Lead fishing activities	Nil
Kayaking (KYK)		
SISOKYK001	Paddle a kayak on inland flatwater	Nil
SISOKYK002	Paddle a kayak on moving water up to grade 1 rivers	Nil
SISOKYK003	Paddle a kayak on grade 2 rivers	Nil
SISOKYK004	Paddle a kayak on grade 3 rivers	Nil
SISOKYK005	Lead kayaking activities on inland flatwater	Nil
SISOKYK006	Lead kayaking activities on moving water up to grade 1 rivers	Nil
SISOKYK007	Lead kayaking activities on grade 2 rivers	Nil
SISOKYK008	Lead kayaking activities on grade 3 rivers	Nil
Sea Kayaking (KYS)		
SISOKYS001	Paddle a sea kayak in enclosed waters	Nil
SISOKYS002	Paddle a sea kayak in sheltered coastal waters	Nil
SISOKYS003	Paddle a sea kayak in exposed coastal waters	Nil
SISOKYS004	Lead sea kayaking activities in enclosed waters	Nil
SISOKYS005	Lead sea kayaking activities in sheltered coastal waters	Nil
SISOKYS006	Lead sea kayaking activities in exposed coastal waters	Nil
Outdoor Recreation Planning (PLN)		
SISOPLN001	Finalise operation of outdoor recreation activities	Nil
SISOPLN002	Plan activity sessions	Nil

SISOPLN003	Develop outdoor recreation programs	Nil
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	Nil
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	Nil
SISOPLN006	Plan for minimal environmental impact	Nil
SISOPLN007	Manage risk for outdoor programs	Nil
Personal Water Craft (PWC)		
SISOPWC001	Ride personal watercraft in smooth water conditions	Nil
SISOPWC002	Ride personal watercraft in slight water conditions	Nil
SISOPWC003	Lead personal water craft activities in smooth water conditions	Nil
SISOPWC004	Lead personal water craft activities in slight water conditions	Nil
Rafting (RAF)		
SISORAF001	Guide a raft on grade 2 rivers	Nil
SISORAF002	Guide a raft on grade 3 rivers	Nil
SISORAF003	Guide a raft on grade 4 rivers	Nil
SISORAF004	Lead rafting activities on grade 2 rivers	Nil
SISORAF005	Lead rafting activities on grade 3 rivers	Nil
SISORAF006	Lead rafting activities on grade 4 rivers	Nil
Rescue Operations (RSC)		
SISORSC001	Conduct search and rescue	Nil
SISORSC002	Perform vertical rescues	Nil
SISORSC003	Perform complex vertical rescues	Nil
SISORSC004	Self rescue in white water	Nil
SISORSC005	Rescue others in white water	SISORSC004 Self rescue in white water
SISORSC006	Lead and participate in complex white water rescues	SISORSC004 Self rescue in white water
SISORSC007	Perform basic surf rescues	Nil
Sailing Small Boats (SAI)		
SISOSAI001	Sail small boats in smooth water and light to moderate wind conditions.	Nil
SISOSAI002	Sail small boats in partially smooth water and moderate to fresh wind conditions	Nil
SISOSAI003	Sail small boats in open coastal waters and moderate wind conditions	Nil

SISOSAI004	Lead sailing activities in smooth water and light to moderate wind conditions.	Nil
SISOSAI005	Lead sailing activities in partially smooth water and moderate to fresh wind conditions	Nil
SISOSAI006	Lead sailing activities in open coastal waters and moderate wind conditions	Nil
SCUBA Diving (SCB)		
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres	Nil
SISOSCB002	SCUBA dive from boats	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB003	SCUBA dive at night	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB004	Navigate prescribed routes underwater	Nil
SISOSCB005	Complete underwater search and recovery dives	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB006	Perform diver rescues	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB007	Inspect and fill SCUBA cylinders	Nil
SISOSCB008	SCUBA dive using Enriched Air Nitrox	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB009	SCUBA dive to depths between 18 and 40 metres	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB010	Lead SCUBA diving activities	Nil
SISOSCB011	Lead specialised SCUBA diving activities	Nil
Ski Touring (SKT)		
SISOSKT001	Ski on easy cross country terrain	Nil
SISOSKT002	Ski on intermediate cross country terrain	Nil
SISOSKT003	Use snow craft skills for alpine touring	Nil
SISOSKT004	Lead skiing activities on easy cross country terrain	Nil
SISOSKT005	Lead skiing activities on intermediate cross country terrain	Nil
Snorkelling (SNK)		

SISOSNK001	Snorkel	Nil
SISOSNK002	Lead snorkelling activities	Nil
Surfing (SRF)		
SISOSRF001	Surf small waves using basic manoeuvres	Nil
SISOSRF002	Surf waves using intermediate manoeuvres	Nil
SISOSRF003	Surf waves using advanced manoeuvres	Nil
SISOSRF004	Lead surfing activities, small waves and basic manoeuvres	Nil
SISOSRF005	Lead surfing activities, intermediate manoeuvres	Nil
SISOSRF006	Lead surfing activities, advanced manoeuvres	Nil
Stand up Paddle Boarding (SUP)		
SISOSUP001	Paddle a stand up board on inland flatwater	Nil
SISOSUP002	Paddle a stand up board in small waves	Nil
SISOSUP003	Paddle a stand up board in sheltered coastal waters	Nil
SISOSUP004	Lead stand up paddle boarding activities on inland flatwater	Nil
SISOSUP005	Lead stand up paddle boarding activities on small waves	Nil
SISOSUP006	Lead stand up paddle boarding activities in sheltered coastal waters	Nil
Windsurfing (WIN)		
SISOWIN001	Windsurf in smooth water and light wind conditions	Nil
SISOWIN002	Lead windsurfing activities in smooth water and light wind conditions	Nil
SPORT (S)		
Australian Football (AFL)		
SISSAFL001	Participate in Australian football at an intermediate level	Nil
SISSAFL002	Participate in Australian football at an advanced level	Nil
Athletics (ATH)		
SISSATH001	Conduct athletics coaching sessions with foundation level participants	Nil
Basketball (BSB)		
SISSBSB001	Conduct basketball coaching sessions with foundation level participants	Nil

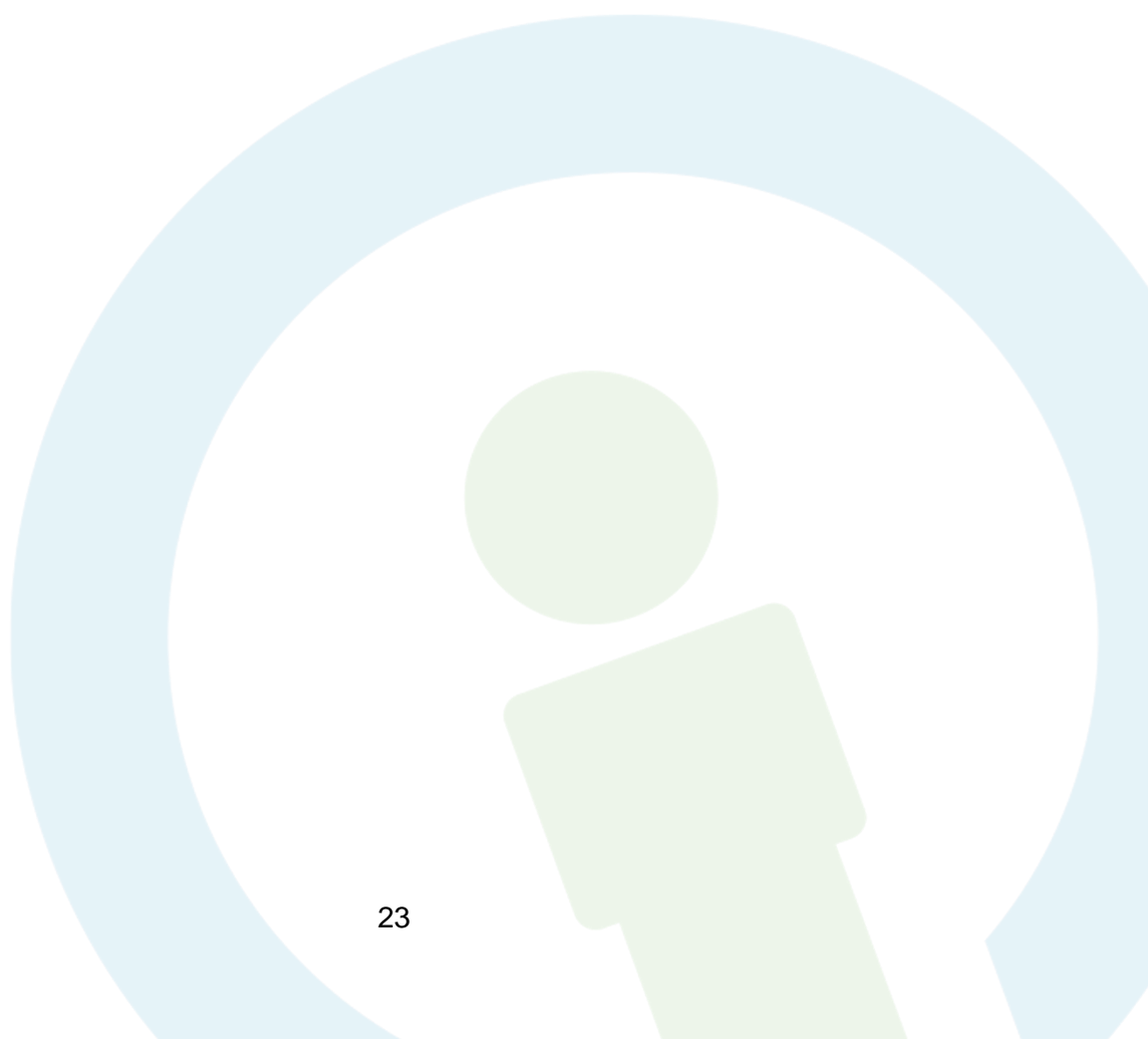
SISSBSB002	Coach basketball participants up to an intermediate level	Nil
Cricket (CKT)		
SISSCKT001	Participate in cricket at an intermediate level	Nil
SISSCKT002	Participate in cricket at an advanced level	Nil
Equestrian (EQS)		
SISSEQS001	Coach individual participants in the introduction of equestrian activities	Nil
SISSEQS002	Coach unofficial local competition competitors in equestrian	Nil
SISSEQS003	Coach official national competition participants in equestrian	Nil
Golf (GLF)		
SISSGLF001	Coach advanced level golfers	Nil
SISSGLF002	Participate in golf at an intermediate level	Nil
SISSGLF003	Participate in golf at an advanced level	Nil
SISSGLF004	Fit and alter golf equipment	Nil
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments	Nil
SISSGLF006	Participate in high performance golf tournaments	Nil
SISSGLF007	Manage on-course golf operations	Nil
Netball (NTB)		
SISSNTB001	Conduct netball coaching sessions with foundation level participants	Nil
SISSNTB002	Participate in netball at an intermediate level	Nil
Participation (PAR)		
SISSPAR001	Participate in sport at an intermediate level	Nil
SISSPAR002	Participate in sport at an advanced level	Nil
SISSPAR003	Follow specialist dietary advice	Nil
SISSPAR004	Book athlete travel and accommodation	Nil
SISSPAR005	Develop athlete personal brand	Nil
SISSPAR006	Prepare and present athlete sponsorship proposals	Nil
SISSPAR007	Work as an athlete	Nil

SISSPAR008	Maintain personal wellbeing as an athlete	Nil
SISSPAR009	Participate in conditioning for sport	Nil
Rugby League (RGL)		
SISSRGL001	Conduct rugby league coaching sessions with foundation level participants	Nil
SISSRGL002	Participate in rugby league at an intermediate level	Nil
Coaching (SCO)		
SISSSCO001	Conduct sport coaching sessions with foundation level participants	Nil
SISSSCO002	Work in a community coaching role	Nil
SISSSCO003	Meet participant coaching needs	Nil
SISSSCO004	Plan, conduct and review coaching programs	Nil
SISSSCO005	Continuously improve coaching skills and knowledge	Nil
SISSSCO006	Implement sport selection policies and procedures	Nil
SISSSCO007	Apply sport psychology principles	Nil
SISSSCO008	Apply anti-doping policies	Nil
SISSSCO009	Work collaboratively with others in a sport environment	Nil
SISSSCO010	Implement sport talent identification programs	Nil
SISSSCO011	Manage integrity in sport	Nil
SISSSCO012	Coach sport participants up to an intermediate level	Nil
SISSSCO013	Coach sport participants up to an advanced level	Nil
SISSSCO014	Develop sport coaches	Nil
SISSSCO015	Prepare participants for sport competition	Nil
SISSSCO016	Coach participants in sport competition	Nil
Officiating (SOF)		
SISSSOF001	Work as an official in sport	Nil
SISSSOF002	Continuously improve officiating skills and knowledge	Nil
SISSSOF003	Officiate sport competitions	Nil
Sports Trainer (SPT)		
SISSSPT001	Implement sport injury prevention and management strategies	HLTAID003 Provide first aid

Squash (SQU)		
SISSSQU001	Conduct squash coaching sessions with foundation level participants	Nil
Surf Lifesaving (SUR)		
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants	Nil
Swimming (SWM)		
SISSSWM001	Coach swimmers up to a competitive level	Nil
SISSSWM002	Coach swimmers up to a high performance level	Nil
SISSSWM003	Coach swimmers up to an elite level	Nil
Tennis (TNS)		
SISSTNS001	Coach junior players in tennis	Nil
SISSTNS002	Coach intermediate players in tennis	Nil
Touch (TOU)		
SISSTOU001	Participate in touch at an intermediate level	Nil
Tenpin Bowling (TPB)		
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants	Nil
Volleyball (VOL)		
SISSVOL001	Coach volleyball participants up to an intermediate level	Nil
Cross-Sector (X)		
Administration		
SISXADM001	Organise and supervise participant travel	Nil
Coaching and Instruction		
SISXCAI001	Provide equipment for activities	Nil
SISXCAI002	Assist with activity sessions	Nil
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	Nil
SISXCAI004	Plan and conduct programs	Nil
SISXCAI005	Conduct individualised long-term training programs	Nil
SISXCAI006	Facilitate groups	Nil
SISXCAI007	Assist with activities not requiring equipment	Nil

SISXCAI008	Plan, conduct and review training and recovery programs	Nil
SISXCAI009	Instruct strength and conditioning techniques	Nil
SISXCAI010	Develop strength and conditioning programs	Nil
Client and Customer Service		
SISXCCS001	Provide quality service	Nil
SISXCCS002	Coordinate client service activities	Nil
SISXCCS003	Address client needs	Nil
Disability		
SISXDIS001	Facilitate inclusion for people with a disability	Nil
SISXDIS002	Plan and conduct disability programs	Nil
Emergency Response		
SISXEMR001	Respond to emergency situations	Nil
SISXEMR002	Coordinate emergency responses	Nil
Facility Management		
SISXFAC001	Maintain equipment for activities	Nil
SISXFAC002	Maintain sport, fitness and recreation facilities	Nil
SISXFAC003	Implement facility maintenance programs	Nil
SISXFAC004	Coordinate facility and equipment acquisition and maintenance	Nil
SISXFAC005	Manage stock supply and purchase	Nil
Finance		
SISXFIN001	Develop and review budgets for activities or projects	Nil
SISXFIN002	Process financial transactions	Nil
Human Resource Management		
SISXHRM001	Recruit and manage volunteers	Nil
Computer Operations and ICT Management		
SISXICT001	Select and use technology for sport, fitness and recreation work	Nil
Working in Industry		
SISXIND001	Work effectively in sport, fitness and recreation environments	Nil

SISXIND002	Maintain sport, fitness and recreation industry knowledge	Nil
SISXIND003	Maintain legal knowledge for organisation governance	Nil
SISXIND004	Analyse participation patterns	Nil
SISXIND005	Coordinate work teams or groups	Nil
SISXIND006	Conduct sport, fitness or recreation events	Nil
SISXIND007	Develop and implement participation strategies	Nil
SISXIND008	Manage legal compliance in sport and recreation	Nil
SISXIND009	Respond to interpersonal conflict	Nil
SISXIND010	Protect children and young people	Nil
Management and Leadership		
SISXMGT001	Develop and maintain stakeholder relationships	Nil
Resource Management		
SISXRES001	Conduct sustainable work practices in open spaces	Nil
SISXRES002	Educate user groups	Nil



1.4 Imported Units of Competency and Prerequisites

Codes, titles and prerequisite requirements for imported Units of Competency are applicable and current at the time of publication of the **SIS Sport, Fitness and Recreation Training Package**.

The parent Training Package is identified before each group of imported Units of Competency.

Unit code	Unit title	Prerequisite(s)
ACM Animal Care and Management		
ACMEQU202	Handle horses safely	ACMEQU205 Apply knowledge of horse behaviour
ACMEQU205	Apply knowledge of horse behaviour	Nil
ACMEQU210	Lunge educated horses	ACMEQU202 Handle horses safely
ACMEQU301	Introduce horses to lunge exercise	ACMEQU210 Lunge educated horses
ACMPHR401	Interpret equine behaviour	Nil
ACMHBR310	Prevent and treat equine injury and disease	Nil
ACMPHR407	Implement an equine facility maintenance, improvement and management program	Nil
ACMPHR503	Evaluate performance horse conformation	Nil
ACMPHR505	Manage fitness in performance horses	Nil
AHC10 Agriculture, Horticulture and Conservation and Land Management		
AHCBUS506A	Develop and review a business plan	Nil
BSB Business Services		
BSBADM307	Organise schedules	Nil
BSBADM311	Maintain business resources	Nil
BSBADM405	Organise meetings	Nil
BSBADM502	Manage meetings	Nil
BSBADM503	Plan and manage conferences	Nil
BSBADM504	Plan and implement administrative systems	Nil
BSBADM506	Manage business document design and development	Nil
BSBCMM101	Apply basic communication skills	Nil

Unit code	Unit title	Prerequisite(s)
BSBCMM401	Make a presentation	Nil
BSBCRT301	Develop and extend critical thinking skills	Nil
BSBCUS501	Manage quality customer service	Nil
BSBFIA301	Maintain financial records	Nil
BSBFIA302	Process payroll	Nil
BSBFIA303	Process accounts payable and receivable	Nil
BSBFIA304	Maintain a general ledger	Nil
BSBFIM501	Manage budgets and financial plans	Nil
BSBFIM502	Manage payroll	Nil
BSBFIM601	Manage finances	Nil
BSBFRA301	Work within a franchise	Nil
BSBFRA402	Establish a franchise	Nil
BSBFRA403	Manage relationship with franchisor	Nil
BSBGOV401	Implement board member responsibilities	Nil
BSBHRM404	Review human resources functions	Nil
BSBHRM405	Support the recruitment, selection and induction of staff	Nil
BSBHRM501	Manage human resource services	Nil
BSBHRM502	Manage human resource management information systems	Nil
BSBHRM505	Manage remuneration and employee benefits	Nil
BSBHRM506	Manage recruitment, selection and induction processes	Nil
BSBHRM507	Manage separation or termination	Nil
BSBHRM509	Manage rehabilitation or return to work programs	Nil
BSBHRM512	Develop and manage performance management processes	Nil
BSBINM301	Organise workplace information	Nil
BSBITU201	Produce simple word processed documents	Nil
BSBLDR502	Lead and manage effective workplace relationships	Nil

Unit code	Unit title	Prerequisite(s)
BSBLDR511	Develop and use emotional intelligence	Nil
BSBLED101	Plan skills development	Nil
BSBLED401	Develop teams and individuals	Nil
BSBLED502	Manage programs that promote personal effectiveness	Nil
BSBMGT502	Manage people performance	Nil
BSBMGT517	Manage operational plan	Nil
BSBMGT622	Manage resources	Nil
BSBMKG507	Interpret market trends and developments	Nil
BSBMKG514	Implement and monitor marketing activities	Nil
BSBMKG521	Plan and implement sponsorship and event marketing	Nil
BSBMKG523	Design and develop an integrated marketing communication plan	Nil
BSBPMG522	Undertake project work	Nil
BSBRKG502	Manage and monitor business or records systems	Nil
BSBRSK401	Identify risk and apply risk management processes	Nil
BSBRSK501	Manage risk	Nil
BSBSLS408	Present, secure and support sales solutions	Nil
BSBSMB306	Plan a home based business	Nil
BSBSMB407	Manage a small team	Nil
BSBSMB401	Establish legal and risk management requirements of small business	Nil
BSBSMB403	Market the small business	Nil
BSBSMB404	Undertake small business planning	Nil
BSBSMB405	Monitor and manage small business operations	Nil
BSBSMB406	Manage small business finances	Nil
BSBSMB407	Manage a small team	Nil
BSBSUS201	Participate in environmentally sustainable work practices	Nil
BSBSUS501	Develop workplace policy and procedures for sustainability	Nil

Unit code	Unit title	Prerequisite(s)
BSBWHS303	Participate in WHS hazard identification, risk assessment and risk control	Nil
BSBWOR201	Manage personal stress in the workplace	Nil
BSBWOR202	Organise and complete daily work activities	Nil
BSBWOR204	Use business technology	Nil
BSBWOR301	Organise personal work priorities and development	Nil
BSBWOR404	Develop work priorities	Nil
BSBWOR501	Manage personal work priorities and professional development	Nil
BSBWOR502	Lead and manage team effectiveness	Nil
BSBHRM502	Manage human resource management information systems	Nil
CHC Community Services		
CHCCCS009	Facilitate responsible behaviour	Nil
CHCCDE002	Develop and implement community programs	Nil
CHCCDE004	Implement participation and engagement strategies	Nil
CHCCDE005	Develop and support relevant community resources	Nil
CHCCDE007	Develop and provide community projects	Nil
CHCCDE010	Develop and lead community engagement strategies to enhance participation	Nil
CHCCOM001	Provide first point of contact	Nil
CHCCOM002	Use communication to build relationships	Nil
CHCCCS007	Develop and implement service programs	Nil
CHCCCS014	Provide brief interventions	Nil
CHCCCS019	Recognise and respond to crisis situations	Nil
CHCCDE002	Develop and implement community programs	Nil
CHCGRP002	Plan and conduct group activities	Nil
CHCLAH002	Contribute to leisure and health programming	Nil
CHCLAH004	Participate in planning leisure and health programs for clients with complex needs	Nil

Unit code	Unit title	Prerequisite(s)
CHCLAH006	Coordinate planning, implementation and monitoring of leisure and health programs	Nil
CHCMGT001	Develop, implement and review quality framework	Nil
CHCMGT002	Manage partnership agreements with service providers	Nil
CHCMGT003	Lead the work team	Nil
CHCMGT004	Secure and manage funding	Nil
CHCMGT005	Facilitate workplace debriefing and support processes	Nil
CHCPOL002	Develop and implement policy	Nil
CHCPRP001	Develop and maintain networks and collaborative partnerships	Nil
CHCPRP003	Reflect on and improve own professional practice	Nil
CHCPRT002	Support the rights and safety of children and young people	Nil
CHCVOL003	Recruit, induct and support volunteers	Nil
CHCVOL004	Manage volunteer workforce development	Nil
CHCYTH001	Engage respectfully with young people	Nil
CHCYTH009	Support youth programs	Nil
CHCYTH012	Manage service response to young people in crisis	Nil
CHCYTH004	Respond to critical situations	Nil
CHCYTH005	Develop and implement procedures to enable young people to address their needs	Nil
CHC08 Community Services		
CHCYTH301E	Work effectively with young people	Nil
CUF07 Screen and Media		
CUFIND401A	Provide services on a freelance basis	Nil
FNS Financial Services		
FNSACC502	Prepare tax documentation for individuals	Nil
FNSACC504	Prepare financial reports for corporate entities	Nil
FNSACC505	Establish and maintain accounting information systems	Nil
FNSACC506	Implement and maintain internal control procedures	Nil

Unit code	Unit title	Prerequisite(s)
FNSFLT201	Develop and use a personal budget	Nil
FNSFLT301	Be MoneySmart	Nil
FNSORG501	Develop and manage a budget	Nil
FSK Foundation Skills		
FSKDIG03	Use digital technology for routine workplace tasks	Nil
FSKLRG09	Use strategies to respond to routine workplace problems	Nil
FSKLRG11	Use routine strategies for work-related learning	Nil
FWP Forest and Wood Products Training Package		
FWPCOT3260	Recover four wheel drive vehicles	Nil
FWPFGM3214	Operate a four wheel drive in a towing situation	Nil
HLT Health		
HLTAHW023	Plan, develop and evaluate health promotion and community development programs	Nil
HLTAID003	Provide first aid	Nil
HLTAID006	Provide advanced first aid	Nil
HLTWHS001	Participate in workplace health and safety	Nil
HLTWHS003	Maintain work health and safety	Nil
HLTWHS004	Manage work health and safety	Nil
HLT07 Health		
HLTFA211A	Provide basic emergency life support	Nil
HLTPOP402C	Assess readiness for and effect behaviour change	Nil
ICT Information and Communications Technology		
ICTDBS409	Monitor and administer a database	Nil
ICTICT103	Use, communicate and search securely on the internet	Nil
ICTICT203	Operate application software packages	Nil
ICTICT308	Use advanced features of computer applications	Nil
ICTWEB201	Use social media tools for collaboration and engagement	Nil
MAR Maritime Training Package		

Unit code	Unit title	Prerequisite(s)
MARO003	Transmit and receive information by the global maritime distress and safety system	Nil
MEM Metal and Engineering		
MEM50008	Carry out trip preparation and planning	Nil
MEM50009	Safely operate a mechanically powered recreational boat	Nil
MEM50010	Respond to boating emergencies and incidents	Nil
MSS Sustainability		
MSS024023	Navigate in urban, regional and remote areas	Nil
PSP12 Public Sector		
PSPPROC414A	Manage contracts	Nil
PSP Public Sector		
PSPGEN085	Manage media relationships	Nil
PUA12 Public Safety		
PUAEME001B	Provide emergency care	PUAFIR215 Prevent injury (Fire sector specific)
PUAEME003C	Administer oxygen in an emergency situation	PUAEME001B Provide emergency care
PUAEME004A	Provide emergency care for suspected spinal injury	HLTFA211A Provide basic emergency life support OR HLTFA311A Apply first aid
PUAOPE010C	Operate an automated external defibrillator in an emergency	PUAEME001B Provide emergency care Or HLTFA211A Provide basic emergency life support
PUA Public Safety		
PUAOPE013	Operate communications systems and equipment	Nil
RGR Racing and Breeding Training Package		

Unit code	Unit title	Prerequisite(s)
RGRPSH308	Provide first aid and emergency care for horses or other equines	Nil
SFI11 Seafood Industry		
SFICOMP205B	Communicate effectively in cross-cultural environments	Nil
SIR07 Retail Services		
SIRXCCS201	Apply point-of-sale handling procedures	Nil
SIRXINV005A	Control inventory	Nil
SIRXINV404	Manage retail merchandise	Nil
SIRXMER201	Merchandise products	Nil
SIRXMER303	Coordinate merchandise presentation	Nil
SIRXMER405	Manage store presentation and pricing	Nil
SIRXSLS002A	Advise on products and service	Nil
SIRXSLS201	Sell products and services	Nil
SIRXSLS304	Coordinate sales performance	Nil
SIRXSLS406	Manage sales and service delivery	Nil
SIR Retail Services		
SIRXWHS001	Work safely	Nil
SIT12 Tourism, Travel and Hospitality		
SITXEVT505	Manage on-site event operations	Nil
SITXEVT602	Develop event concepts	Nil
SITXEVT603	Determine event feasibility	Nil
SITXFIN601	Manage physical assets	Nil
SITXFSA101	Use hygienic practices for food safety	Nil
SIT Tourism, Travel and Hospitality		
SITTGDE002	Work as a guide	Nil
SITTGDE004	Lead tour groups	Nil
SITTGDE005	Prepare and present tour commentaries or activities	Nil
SITTGDE006	Develop and maintain the general and regional knowledge required by guides	Nil

Unit code	Unit title	Prerequisite(s)
SITTGDE007	Research and share general information on Australian Indigenous cultures	Nil
SITTGDE008	Prepare specialised interpretive content on flora, fauna and landscape	Nil
SITTGDE009	Prepare specialised interpretive content on marine environments	Nil
SITTGDE010	Prepare specialised interpretive content on cultural and heritage environments	Nil
SITTGDE011	Coordinate and operate tours	Nil
SITTGDE012	Manage extended touring programs	Nil
SITTPPD002	Develop interpretive activities	Nil
SITTPPD008	Develop tourism products	Nil
SITTPPD009	Develop environmentally sustainable tourism operations	Nil
SITTPPD010	Develop culturally appropriate tourism operations	Nil
SITTTOP002	Provide outdoor catering	SITXFSA001 Use hygienic practices for food safety
SITXCOM002	Show social and cultural sensitivity	Nil
SITXFSA001	Use hygienic practices for food safety	Nil
SITXFSA002	Participate in safe food handling practices	Nil
SITXMGT003	Manage projects	Nil
TAE Training and Education		
TAEASS401	Plan assessment activities and processes	Nil
TAEASS402	Assess competence	Nil
TAEASS403	Participate in assessment validation	Nil
TAEASS502	Design and develop assessment tools	Nil
TAEDEL301	Provide work skill instruction	Nil
TAEDEL404	Mentor in the workplace	Nil
TLI Transport and Logistics Training Package		
TLIB0002	Carry out vehicle inspection	Nil
TLIB2003	Carry out vehicle servicing and maintenance	Nil
TLIB2008	Carry out inspection of trailers	Nil
TLIB2119	Carry out maintenance of trailers	Nil

Unit code	Unit title	Prerequisite(s)
TLIC2025	Operate four wheel drive vehicle	Nil
TLIH3002	Plan and navigate routes	Nil

1.5 Qualification Mapping

The following maps the relationship between previous and replacement qualifications within the training package.

Table 4: Qualification mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Previous Qualification SIS10 V3.1	Replacement Qualification SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
COMMUNITY RECREATION		
SIS20113 Certificate II in Community Activities		Qualification deleted.
SIS30113 Certificate III in Aquatics		Qualification deleted.
SIS30213 Certificate III in Community Activity Programs		Qualification deleted.
	SIS31015 Certificate III in Aquatics and Community Recreation	New qualification.
SIS40113 Certificate IV in Community Recreation		Qualification deleted.
FITNESS		
SIS30313 Certificate III in Fitness	SIS30315 Certificate III in Fitness	<ul style="list-style-type: none"> • N • Revised Qualification structure • Number of units required for completion increased from 15 to 16 units • Specialisations introduced.
SIS40210 Certificate IV in Fitness	SIS40215 Certificate IV in Fitness	<ul style="list-style-type: none"> • N • Revised Qualification structure • Number of units required for completion increased from 15 to 20 units.
SIS50213 Diploma of Fitness	SIS50215 Diploma of Fitness	<ul style="list-style-type: none"> • N • Revised Qualification structure • Number of units required for

Previous Qualification SIS10 V3.1	Replacement Qualification SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<ul style="list-style-type: none"> • completion increased from 13 to 18 units • Job roles and skills outcomes have changed • Specialisations have been introduced.
SPORT AND RECREATION		
SIS10113 Certificate I in Sport and Recreation	SIS10115 Certificate I in Sport and Recreation	<ul style="list-style-type: none"> • E • Revised Qualification structure • Number of units required for completion remains at 8 units.
SIS20313 Certificate II in Sport and Recreation	SIS20115 Certificate II in Sport and Recreation	<ul style="list-style-type: none"> • N • Revised Qualification structure combining: <ul style="list-style-type: none"> ○ SIS20113 Certificate II in Community Activities ○ SIS20313 Certificate II in Sport and Recreation • Number of units required for completion 13 units.
SIS30513 Certificate III in Sport and Recreation	SIS30115 Certificate III in Sport and Recreation	<ul style="list-style-type: none"> • E • Revised Qualification structure • Number of units required for completion remains at 15 units.
SIS40412 Certificate IV Sport and Recreation	SIS40115 Certificate IV Sport and Recreation	<ul style="list-style-type: none"> • N • Revised Qualification structure combining: <ul style="list-style-type: none"> ○ SIS40412- Certificate IV in Sport and Recreation ○ SIS40113- Certificate IV in Community Recreation • Number of units required for completion 17 units.
SIS50712 Diploma of Sport and Recreation Management	SIS50115 Diploma of Sport and Recreation Management	<ul style="list-style-type: none"> • E • Revised Qualification structure • Number of units required for completion increased from 13 to 20 units • Specialisations have been removed.
OUTDOOR RECREATION		
SIS20213 Certificate II in Outdoor Recreation	SIS20419 Certificate II in Outdoor Recreation	<ul style="list-style-type: none"> • N • Core industry knowledge unit has changed to SISXIND002 Maintain sport, fitness and recreation industry knowledge.

Previous Qualification SIS10 V3.1	Replacement Qualification SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<ul style="list-style-type: none"> • First aid unit moved from core to electives. • SCUBA diving units now included as electives. • Reduced numbers are required to achieve the qualification (from 15 to 11 units). This reflects consolidation of many units within the Training Package. • Packaging rules provide more flexibility.
SIS30413 Certificate III in Outdoor Recreation	SIS30619 Certificate III in Outdoor Leadership	<ul style="list-style-type: none"> • N • Title changed • Some units moved from core to electives as they are not essential skills for all leaders. • First aid unit moved from core to electives. • Some activity groups removed as these were too complex for leaders working at this level. Certificate IV then introduces the availability of those complex technical skills, e.g. canyoning, paddling on higher grade rivers, specialty SCUBA diving. • Reduced numbers are required to achieve the qualification (from 24 to 22 units). Elective groups simplified. This reflects consolidation of many units within the Training Package. • Packaging rules provide more flexibility.
SIS40313 Certificate IV in Outdoor Recreation	SIS40619 Certificate IV in Outdoor Leadership	<ul style="list-style-type: none"> • N • Title changed • Some units moved from core to electives as they are not essential skills for all leaders. Some units within core and elective groups removed as they were too complex for this level. • First aid unit moved from core to electives. • Some basic activity groups removed as these are not relevant to leaders, with specialist technical skills, working at this level, e.g. snorkelling, bushwalking on easy grade tracks.

Previous Qualification SIS10 V3.1	Replacement Qualification SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<ul style="list-style-type: none"> Reduced numbers are required to achieve the qualification (from 31 to 27 units). Elective groups simplified. This reflects consolidation of many units within the Training Package. Packaging rules provide more flexibility.
SIS50310 Diploma of Outdoor Recreation	SIS50419 Diploma of Outdoor Leadership	<ul style="list-style-type: none"> N Title changed Some units moved from core to electives as they are not essential skills for all senior operational roles. Some units within core and elective groups removed as they were irrelevant to job roles. Reduced numbers are required to achieve the qualification (from 33 to 28 units). Elective groups simplified. This reflects consolidation of many units within the Training Package. Packaging rules provide more flexibility.
SPORT		
SIS20412 Certificate II in Sport Career Oriented Participation	SIS20219 Certificate II in Sport - Developing Athlete	<ul style="list-style-type: none"> E Title changed Revised qualification structure Number of units required for completion reduced from 11 to 9 Specialisations removed.
SIS20513 Certificate II in Sport Coaching	SIS20319 Certificate II in Sport Coaching	<ul style="list-style-type: none"> E Revised qualification structure Number of units required for completion reduced from 13 to 7 Specialisations removed.
SIS30613 Certificate III in Sport Career Oriented Participation	SIS30419 Certificate III in Sport - Athlete	<ul style="list-style-type: none"> E Title changed Revised qualification structure Number of units required for completion reduced from 15 to 10 Specialisations changed.
SIS30713 Certificate III in Sport Coaching	SIS30519 Certificate III in Sport Coaching	<ul style="list-style-type: none"> E Revised qualification structure Number of units required for completion reduced from 15 to 10 Specialisations changed.

Previous Qualification SIS10 V3.1	Replacement Qualification SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SIS30813 Certificate III in Sport Trainer		<ul style="list-style-type: none"> • Qualification deleted. • Outcome can be achieved via Sport Trainer Skill Set.
SIS30913 Certificate III in Sport Officiating		<ul style="list-style-type: none"> • Qualification deleted. • Outcome can be achieved via Sport Official Skill Set
SIS40512 Certificate IV in Sport Coaching	SIS40319 Certificate IV in Sport Coaching	<ul style="list-style-type: none"> • E • Revised qualification structure • Number of units required for completion reduced from 22 to 11 • Specialisations changed.
SIS40612 Certificate IV in Sport Development	SIS40419 Certificate IV in Sport Development	<ul style="list-style-type: none"> • E • Revised qualification structure • Number of units required for completion reduced from 14 to 8.
SIS50512 Diploma of Sport Coaching	SIS50319 Diploma of Sport	<ul style="list-style-type: none"> • N • Revised qualification structure. • Incorporates sport development and sport coaching specialisations.
SIS50612 Diploma of Sport Development		

1.6 Unit of Competency Mapping

1.6.1 Community Recreation

Table 5: Community Recreation Unit of competency mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
Community Recreation		
Aquatics		
SISCAQU201A Monitor pool water quality	SISCAQU001 Test pool water quality	E Updated to meet Standards for Training Packages.
SISCAQU202A Perform basic water rescues	SISCAQU002 Perform basic water rescues	N Updated to meet Standards for Training Packages.
SISCAQU303A Operate aquatic facility plant and equipment	SISCAQU003 Maintain aquatic facility plant and equipment	N Updated to meet Standards for Training Packages.
SISCAQU304A Maintain pool water quality	SISCAQU004 Develop and implement pool water maintenance procedures	E Covers content included in: SISCAQU304A Maintain pool water quality, and SISCAQU414A Develop pool water maintenance procedures.
SISCAQU305A Implement aquatic facility plant and equipment maintenance program	SISCAQU005 Develop and implement aquatic facility maintenance procedures	E Covers content included in: SISCAQU305A Implement aquatic facility plant and equipment maintenance program, and SISCAQU415A Develop aquatic facility maintenance procedures.
SISCAQU306A Supervise clients at an aquatic facility or environment	SISCAQU006 Supervise clients in aquatic locations	E Updated to meet Standards for Training Packages More explicit focus on communication and conflict resolution.
SISCAQU308A Instruct water familiarisation, buoyancy and mobility skills	SISCAQU008 Instruct water familiarisation,	E Updated to meet Standards for

**SIS SPORT FITNESS AND RECREATION TRAINING PACKAGE
COMPANION VOLUME IMPLEMENTATION GUIDE**

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
	buoyancy and mobility skills	Training Packages.
SISCAQU309A Instruct clients in water safety and survival skills	SISCAQU009 Instruct water safety and survival skills	E Updated to meet Standards for Training Packages.
SISCAQU310A Instruct swimming strokes	SISCAQU010 Instruct swimming strokes	E Updated to meet Standards for Training Packages.
SISCAQU311A Foster the development of infants and toddlers in an aquatic environment	SISCAQU011 Promote development of infants and toddlers in an aquatic environment	E Updated to meet Standards for Training Packages.
SISCAQU312A Assist participants with a disability during aquatic activities	SISCAQU012 Assist participants with a disability during aquatic activities	E Updated to meet Standards for Training Packages.
SISCAQU313A Develop an aquatics career plan		Deleted
SISCAQU414A Develop pool water maintenance procedures	SISCAQU004 Develop and implement pool water maintenance procedures	E Covers content included in: SISCAQU304A Maintain pool water quality, and SISCAQU414A Develop pool water maintenance procedures.
SISCAQU415A Develop aquatic facility maintenance procedures	SISCAQU005 Develop and implement aquatic facility maintenance procedures	E Covers content included in: SISCAQU305A Implement aquatic facility plant and equipment maintenance program , and SISCAQU415A Develop aquatic facility maintenance procedures.
SISCAQU416A Coordinate lifeguard service at an aquatic facility	SISCAQU013 Coordinate lifeguard service at an aquatic facility	E Updated to meet Standards for Training Packages.
SISCAQU417A Operate self-contained breathing apparatus in an aquatic facility	SISCAQU014 Operate self-contained breathing apparatus in an aquatic facility	E Updated to meet Standards for Training Packages.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISCAQU318 Perform advanced water rescues	SISCAQU007 Perform advanced water rescues	N Updated to meet Standards for Training Packages.
Community Recreation Development		
SISCCRD301A Facilitate community development through recreational activities	SISCCRD001 Facilitate community recreation initiatives	N Updated to meet Standards for Training Packages.
SISCCRD302A Recruit and manage volunteers	SISXHRM001 Recruit and manage volunteers	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISCCRD303A Facilitate inclusion for people with a disability	SISXDIS001 Facilitate inclusion for people with a disability	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISCCRD304A Work with key stakeholders	SISXMGT001 Develop and maintain stakeholder relationships	E Recoded as Cross-Sector to better reflect the coverage of the unit Title changed to better reflect the intent of the unit.
Community Recreation Operations		
SISCCRO301A Assist with recreation games not requiring equipment	SISXCAI007 Assist with activities not requiring equipment	E Recoded as Cross-Sector to better reflect the coverage of the unit Title changed to better reflect intent of the unit.
SISCCRO302A Apply legal and ethical instructional skills		Deleted Skills and knowledge have been incorporated across all instructional units.
SISCCRO303A Plan and conduct recreation programs for older persons	SISCCRO001 Plan and conduct recreation programs for older persons	E Updated to meet Standards for Training Packages.
SISCCRO304A Plan and conduct disability recreation programs	SISXDIS002 Plan and conduct disability programs	E Recoded as Cross-Sector to better reflect the coverage of the unit

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Title changed to better reflect intent of the unit.
SISCCRO305A Develop a budget for a recreation initiative	SISXFIN001 Develop and review budgets for activities or projects	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISCCRO306A Organise participant travel	SISXADM001 Organise and supervise participant travel	E Recoded as Cross-Sector to better reflect the coverage of the unit.
Dance		
SISCDAN301A Teach recreational dance		Deleted
Self Defence		
SISCSDF301A Instruct the basic skills of unarmed self-defence		Deleted
SISCSDF302A Instruct the intermediate skills of unarmed self-defence		Deleted

1.6.2 Cross-Sector

Table 6: Cross-Sector Unit of competency mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
Cross-Sector		
Coaching and Instruction		
SISXCAI101A Provide equipment for activities	SISXCAI001 Provide equipment for activities	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCAI102A Assist in preparing sport and recreation sessions	SISXCAI002 Assist with activity sessions	E Updated to meet Standards for

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Training Packages Changes to elements and performance criteria.
SISXCAI303A Plan and conduct sport and recreation sessions	SISXCAI003 Conduct non-instructional sport, fitness or recreation sessions	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCAI304A Plan and conduct sport and recreation programs	SISXCAI004 Plan and conduct programs	N Updated to meet Standards for Training Packages The unit has been revised to be industry generic and now has a clear focus on the development of the program, not the instruction of program sessions Significant changes to several Performance Criteria.
SISXCAI305A Conduct individualised long-term training programs	SISXCAI005 Conduct individualised long-term training programs	E Updated to meet Standards for Training Packages Application of this unit changed, i.e. removal of terms 'fitness instructors' and 'personal trainers'.
SISXCAI306A Facilitate groups	SISXCAI006 Facilitate groups	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISSSCO513 Plan and implement high performance training and recovery programs	SISXCAI008 Plan, conduct and review training and recovery programs	E Title changed and content updated. Unit updated to the Standards for Training Package 2012.
SISSTC301A Instruct strength and conditioning techniques	SISXCAI009 Instruct strength and conditioning techniques	E. Title changed. Unit updated to the Standards for Training Package 2012.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSSTC402A Develop strength and conditioning programs	SISXCAI010 Develop strength and conditioning programs	E. Title changed. Unit updated to the Standards for Training Package 2012.
Client and Customer Service		
SISXCCS201A Provide customer service	SISXCCS001 Provide quality service	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXCCS202 Process entry transactions	SISXFIN002 Process financial transactions	E Recoded as Cross-Sector to better reflect the coverage of the unit.
SISXCCS402A Coordinate client service activities	SISXCCS002 Coordinate client service activities	N Updated to meet Standards for Training Packages Application of unit changed, removing the term 'instructors'.
SISXCCS403A Determine needs of client populations		Deleted Content covered in SISXCCS003 Address client needs.
SISXCCS404A Address client needs	SISXCCS003 Address client needs	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
Emergency Response		
SISXEMR201A Respond to emergency situations	SISXEMR001 Respond to emergency situations	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXEMR402A Coordinate emergency responses	SISXEMR002 Coordinate emergency responses	E Updated to meet Standards for Training Packages Changes to elements and

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		performance criteria.
Facility Management		
SISXFAC207 Maintain sport, fitness and recreation equipment for activities	SISXFAC001 Maintain equipment for activities	E Title simplified Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXFAC208 Maintain, sport, fitness and recreation facilities	SISXFAC002 Maintain sport, fitness and recreation facilities	N Updated to meet Standards for Training Packages Changes to elements and performance criteria Removed Element 4 Maintain vending machines.
SISXFAC303A Implement facility maintenance programs	SISXFAC003 Implement facility maintenance programs	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXFAC404A Coordinate facility and equipment acquisition and maintenance	SISXFAC004 Coordinate facility and equipment acquisition and maintenance	N Updated to meet Standards for Training Packages Unit content amended to include more independence and involvement in the selection and management of acquiring new equipment.
SISXFAC409 Plan and provide sport, fitness and recreation services		Deleted Content covered in SISXCCS003 Address client needs.
SISXFAC506A Manage stock supply and purchase	SISXFAC005 Manage stock supply and purchase	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
Working in Industry		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISXIND101A Work effectively in sport and recreation environments	SISXIND001 Work effectively in sport, fitness and recreation environments	E Title changed to better reflect coverage of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND211 Develop and update sport, fitness and recreation industry knowledge	SISXIND002 Maintain sport, fitness and recreation industry knowledge	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND402 Analyse legal knowledge for organisation governance	SISXIND003 Maintain legal knowledge for organisation governance	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND403A Analyse participation patterns	SISXIND004 Analyse participation patterns	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND404A Promote compliance with laws and legal principles	SISXIND008 Manage legal compliance in sport and recreation	N Title updated. Significant changes to content.
SISXIND405A Conduct projects	Deleted	
SISXIND406A Manage projects	Deleted	
SISXIND408 Select and use technology for sport, fitness and recreation work	SISXICT001 Select and use technology for sport, fitness and recreation work	N Recoded as ICT to better reflect the coverage of the unit Added Performance Criteria regarding working within a budget to determine

Previous Unit Code and Title	Replacement Unit Code and Title	Comment in relation to previous version
SIS10 V3.1	SIS V4.0	E = Equivalent N = Not Equivalent
		suitable technology for organisation.
SISXIND409 Organise a sport, fitness or recreation event	SISXIND006 Conduct sport, fitness or recreation events	E Title changed to better reflect intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXIND410 Coordinate sport, fitness or recreation work teams or groups	SISXIND005 Coordinate work teams or groups	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria Element 5 Maintain staffing records incorporated into another element.
SISXIND507A Manage education initiatives	SISXIND007 Develop and implement participation strategies	N Updated to meet Standards for Training Packages Removed several Performance Criteria that pigeon holed the unit into education providers only Changes to elements and performance criteria.
New unit	SISXIND009 Respond to interpersonal conflict	N/A
New unit	SISXIND010 Protect children and young people	N/A
Occupational Health and Safety		
SISXOHS101A Follow occupational health and safety policies	Deleted	Replaced by HLTWHS001 Participate in workplace health and safety
SISXOHS402A Implement and monitor occupational health and safety policies	Deleted	Replaced by HLTWHS003 Maintain work health and safety
SISXOHS503A Establish and maintain occupational health and safety systems	Deleted	Replaced by HLTWHS004 Manage workplace health and safety

Previous Unit Code and Title	Replacement Unit Code and Title	Comment in relation to previous version
SIS10 V3.1	SIS V4.0	E = Equivalent N = Not Equivalent
Resource Management		
SISXRES301A Provide public education on the use of resources	SISXRES002 Educate user groups	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to elements and performance criteria.
SISXRES402A Support implementation of environmental management practices	Deleted	
SISXRES403A Use resources efficiently	Deleted	
SISXRES504A Conserve and re-establish natural systems	SISXRES001 Conduct sustainable work practices in open spaces	N Covers content included in: SISXRES504A Conserve and re-establish natural systems SISXRES505A Achieve sustainable land management SISXRES506A Undertake open space planning.
SISXRES505A Achieve sustainable land management	SISXRES001 Conduct sustainable work practices in open spaces	N Covers content included in: SISXRES504A Conserve and re-establish natural systems SISXRES505A Achieve sustainable land management SISXRES506A Undertake open space planning.
SISXRES506A Undertake open space planning	SISXRES001 Conduct sustainable work practices in open spaces	N Covers content included in: SISXRES504A Conserve and re-establish natural systems SISXRES505A Achieve sustainable land management SISXRES506A Undertake open space planning.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISXRES507A Design and maintain the built environment	Deleted	
Risk		
SISXRSK301A Undertake risk analysis of activities	Deleted	Replaced by BSBRSK401 Identify risk and apply risk management processes.
SISXRSK502A Manage organisational risks	Deleted	Replaced by BSBRSK501 Manage risk.
Work Health and Safety		
SISXWHS101 Follow work health and safety policies	Deleted	Replaced by HLTWHS001 Participate in workplace health and safety
SISXWHS402 Implement and monitor work health and safety policies	Deleted	Replaced by HLTWHS003 Maintain work health and safety.
SISXWHS503 Establish and maintain work health and safety systems	Deleted	Replaced by HLTWHS004 Manage work health and safety.

1.6.3 Fitness

Table 7: Fitness Unit of competency mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
Fitness		
SISFFIT301A Provide fitness orientation and health screening	SISFFIT001 Provide health screening and fitness orientation	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages.
SISFFIT302A Provide quality service in the fitness industry	SISXCCS001 Provide quality service	E Updated to meet Standards for Training Packages Changes to elements and performance criteria.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISFFIT303A Develop and apply an awareness of specific populations to exercise delivery	SISFFIT002 Recognise and apply exercise considerations for specific populations	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Unit now covers the following specific population groups: <ul style="list-style-type: none"> • children and adolescents • women • older adults • clients with a disability • culturally and linguistically diverse (CALD) groups.
SISFFIT304A Instruct and monitor fitness programs	SISFFIT003 Instruct fitness programs	N Title simplified Updated to meet Standards for Training Packages Covers content included in: SISFFIT304A Instruct and monitor fitness programs, and SISFFIT308A Plan and deliver gym programs.
SISFFIT305A Apply anatomy and physiology principles in a fitness context	SISFFIT004 Incorporate anatomy and physiology principles into fitness programming	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Performance Criteria revised to better reflect workplace application of knowledge.
SISFFIT306A Provide healthy eating information to clients in accordance with recommended guidelines	SISFFIT005 Provide healthy eating information	N Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level of workplace application of knowledge.
SISFFIT307A Undertake client health assessment	SISFFIT006 Conduct fitness appraisals	N Title changed to better reflect the intent of the unit Updated to meet Standards for

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Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Training Packages.
SISFFIT308A Plan and deliver gym programs		Deleted Content covered in SISFFIT003 Instruct fitness programs.
SISFFIT309A Plan and deliver group exercise sessions	SISFFIT007 Instruct group exercise sessions	N Updated to meet Standards for Training Packages.
SISFFIT310A Plan and deliver water based fitness activities	SISFFIT008 Instruct water-based fitness activities	E Title simplified Updated to meet Standards for Training Packages.
SISFFIT311A Deliver approved community fitness programs	SISFFIT011 Instruct approved community fitness programs	E Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages.
SISFFIT312A Plan and deliver an endurance training program	SISFFIT024 Instruct endurance programs	N Title simplified Updated to meet Standards for Training Packages Addition of new content that involves controlled or uncontrolled environments, and higher level of knowledge and skills to communicate solutions to endurance goals.
	SISFFIT012 Instruct movement programs to children aged 5 to 12 years	New Unit Developed to align with national guidelines for this group.
SISFFIT313A Plan and deliver exercise to apparently healthy children and adolescents	SISFFIT013 Instruct exercise to young people aged 13 to 17 years	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Changes to align with national guidelines for this age group.
SISFFIT314A Plan and deliver exercise to older	SISFFIT014 Instruct exercise to older clients	N Title simplified

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
clients with managed conditions		Updated to meet Standards for Training Packages Removal of exercise delivery for 'managed conditions' Revised unit focused on exercise delivery for low risk older adults with health-related components of fitness goals only.
SISFFIT332 Deliver pre-choreographed or prescribed community group exercise programs	SISFFIT009 Deliver pre-choreographed or prescribed community fitness	E Updated to Standards for Training Packages.
SISFFIT333 Deliver pre-choreographed or prescribed group exercise to music classes	SISFFIT010 Deliver pre-choreographed or prescribed group exercise to music	E Updated to Standards for Training Packages.
SISFFIT415A Work collaboratively with medical and allied health professionals	SISFFIT015 Collaborate with medical and allied health professionals in a fitness context	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level of workplace application of knowledge.
SISFFIT416A Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals	SISFFIT016 Provide motivation to positively influence exercise behaviour	N Title simplified Updated to meet Standards for Training Packages Performance Criteria revised to better reflect workplace application of knowledge.
SISFFIT417A Undertake long term exercise programming	SISFFIT017 Instruct long-term exercise programs	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level workplace application of knowledge.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISFFIT418A Undertake appraisals of functional movement	SISFFIT018 Promote functional movement capacity	N Title simplified Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level workplace application of knowledge.
SISFFIT419A Apply exercise science principles to planning exercise	SISFFIT019 Incorporate exercise science principles into fitness programming	E Title changed to better reflect intent of the unit Updated to meet Standards for Training Packages Performance Criteria revised to better reflect workplace application of knowledge.
SISFFIT420A Plan and deliver exercise programs to support desired body composition outcomes	SISFFIT020 Instruct exercise programs for body composition goals	N Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level workplace application of knowledge
SISFFIT421A Plan and deliver personal training	SISFFIT021 Instruct personal training programs	E Title simplified Updated to meet Standards for Training Packages.
SISFFIT422A Implement inclusive aquatic activities for specific population groups	SISFFIT022 Instruct aquatic sessions for specific population groups	N Title simplified Updated to meet Standards for Training Packages Unit now covers the following specific population groups in an aquatic exercise environment: <ul style="list-style-type: none"> children and adolescents women older adults clients with a disability culturally and linguistically diverse (CALD) groups.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISFFIT523A Deliver prescribed exercise to clients with cardiorespiratory conditions		Deleted Content not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.
	SISFFIT023 Instruct group personal training programs	New Unit Covers content required to instruct personal training sessions and programs to a group of people, whilst taking into account individual goals, programming requirements, personality and fitness level.
SISFFIT524A Deliver prescribed exercise to clients with metabolic conditions		Deleted Content is not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.
SISFFIT525A Advise on injury prevention and management	SISFFIT031 Implement injury prevention strategies	N Title changed to better reflect the intent of the unit Updated to Standards for Training Packages Content is covered in SISFFIT031 Implement injury prevention strategies.
	SISFFIT025 Recognise the dangers of providing nutrition advice to clients	New Unit Covers the identification of when the provision of nutritional advice is beyond the scope of practice of a personal trainer.
	SISFFIT026 Support healthy eating through the Eat for Health Program	New Unit Covers nutrition content within the scope of practice of a personal trainer Replaces an understanding of and the nutritional rationale for the Eat for Health Program.
SISFFIT526A Deliver prescribed exercise to clients with musculoskeletal conditions		Deleted Content not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISFFIT527A Undertake health promotion activities to decrease risk factors and prevent chronic disease	SISFFIT027 Conduct health promotion activities	N Title simplified Updated to meet Standards for Training Packages Performance Criteria revised to better reflect the appropriate level workplace application of knowledge.
SISFFIT528A Apply research findings to exercise management strategies	SISFFIT028 Apply evidence-based practice to exercise programs	N Title changed to better reflect the intent of the unit Updated to meet Standards for Training Packages Critical aspect of current unit requires candidates to conduct research for clients with medical conditions or needs. This has been removed Focus has shifted from managing clients with medical needs to ensuring up-to-date evidence based approaches to fitness programming.
SISFFIT529A Deliver prescribed exercise to clients with a disability or neurological impairment		Deleted Content not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.
SISFFIT530A Deliver prescribed exercise to children and young adolescents with specific chronic conditions		Deleted Content not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.
SISFFIT531A Deliver prescribed exercise to older clients with chronic conditions		Deleted Content not within the professional scope of practice and contradicted the expert professional standards authorities in Allied Health.
	SISFFIT029 Apply anatomy and physiology to advanced personal training	New Unit Developed to cover progressed knowledge of anatomy and physiology relevant to advanced personal training.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
	SISFFIT030 Instruct advanced exercise programs	New Unit Developed to cover advanced exercise programming.

1.6.4 Outdoor Recreation

Please see the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

Table 8: Outdoor Recreation Unit of competency mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
Outdoor Recreation		
Abseiling (artificial)		
SISOABA201A Demonstrate abseiling skills on artificial surfaces	SISOABS001 Abseil single pitches using fundamental skills	N Two units merged: SISOABA201A Demonstrate abseiling skills on artificial surfaces SISOABN201A Demonstrate abseiling skills on natural surfaces Unit recategorised to Abseiling and covers fundamental skills for both artificial and natural surfaces. Belaying of others added. Significant changes to performance criteria and knowledge evidence.
SISOABN201A Demonstrate abseiling skills on natural surfaces		
SISOABA302A Apply single pitch abseiling skills on artificial surfaces	SISOABS002 Abseil single pitches, artificial surfaces	N Title changed. Unit recategorised to Abseiling. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Unit now includes self-belaying. Significant changes to performance criteria and knowledge evidence.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOABA303A Establish ropes for abseiling on artificial surfaces	SISOABS005 Establish ropes for single pitch abseiling on artificial surfaces	N Title changed to incorporate single pitch. Unit recategorised to Abseiling. Significant additions to knowledge evidence.
SISOABA304A Guide abseiling on single pitch artificial surfaces	SISOABS008 Lead single pitch abseiling activities on artificial surfaces	N Title changed. Two units merged: SISOABA304A Guide abseiling on single pitch artificial surfaces SISOABA406A Instruct abseiling on single pitch artificial surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOABA406A Instruct abseiling on single pitch artificial surfaces		
SISOABA407A Instruct abseiling on multi pitch artificial surfaces	Deleted	
SISOABA405A Establish ropes for multi pitch abseiling on artificial surfaces	Deleted	
Adventure-based learning		
SISOABL301A Assist in the facilitation of adventure-based learning activities	SISOABL001 Lead adventure-based learning activities	N Title changed. Unit refocussed to better describe skills for assistant facilitators under the supervision and guidance of adventure-based learning facilitators. Significant changes to performance criteria and knowledge evidence.
SISOABL402A Facilitate adventure-based learning activities	SISOABL002 Facilitate adventure-based learning activities	N Unit focuses on facilitation skills at time of delivery; planning removed.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Planning covered in SISOABL003 Design adventure-based learning programs. Significant changes to performance criteria and knowledge evidence.
SISOABL503A Design and facilitate adventure-based learning programs	SISOABL003 Design adventure-based learning programs	N Title changed. Unit refocused to only cover the planning of programs, not facilitation. Facilitation covered in SISOABL002 Facilitate adventure-based learning activities. Significant changes to performance criteria and knowledge evidence.
Abseiling (natural)		
SISOABN201A Demonstrate abseiling skills on natural surfaces SISOABA201A Demonstrate abseiling skills on artificial surfaces	SISOABS001 Abseil single pitches using fundamental skills	N Two units merged: SISOABN201A Demonstrate abseiling skills on natural surfaces SISOABA201A Demonstrate abseiling skills on artificial surfaces Unit recategorised to Abseiling and covers fundamental skills for both artificial and natural surfaces. Belaying of others added. Significant changes to performance criteria and knowledge evidence.
SISOABN202A Safeguard an abseiler using a single rope belay system	Deleted	Content for belaying others covered in SISOABS001 - 004.
SISOABN303A Apply single pitch abseiling skills on natural surfaces	SISOABS003 Abseil single pitches, natural surfaces	N Title changed Unit recategorised to Abseiling. Significant changes to performance criteria and knowledge evidence.
SISOABN304A Establish ropes for single pitch abseiling on natural surfaces	SISOABS006 Establish ropes for single pitch abseiling on natural surfaces	N Unit recategorised to Abseiling. Significant additions to knowledge evidence.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOABN305A Guide abseiling on single pitch natural surfaces	SISOABS009 Lead single pitch abseiling activities on natural surfaces	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOABN305A Guide abseiling on single pitch natural surfaces</p> <p>SISOABN408A Instruct abseiling on single pitch natural surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABN408A Instruct abseiling on single pitch natural surfaces		
SISOABN406A Apply multi pitch abseiling skills on natural surfaces	SISOABS004 Abseil multi pitches, natural surfaces	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Abseiling.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABN407A Establish ropes for multi pitch abseiling on natural surfaces	SISOABS007 Establish ropes for multi pitch abseiling on natural surfaces	<p>N</p> <p>Unit recategorised to Abseiling.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOABN409A Guide abseiling on multi pitch natural surfaces	SISOABS010 Lead multi pitch abseiling activities on natural surfaces	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOABN409A Guide abseiling on multi pitch natural surfaces</p> <p>SISOABN510A Instruct abseiling on multi pitch natural surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p>
SISOABN510A Instruct abseiling on multi pitch natural surfaces		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
Archery		
SISOARC301A Conduct an archery session	SISOARC001 Lead archery sessions	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
Bushwalking		
SISOBWG201A Demonstrate bushwalking skills in a controlled environment	SISOBWG001 Bushwalk in tracked environments	<p>N</p> <p>Title changed.</p> <p>Track grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOBWG302A Apply intermediate bushwalking skills	SISOBWG002 Bushwalk in difficult tracked environments	<p>N</p> <p>Title changed.</p> <p>Track grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOBWG303A Guide bushwalks in a controlled environment	SISOBWG005 Lead bushwalks in tracked environments	<p>N</p> <p>Title changed</p> <p>Two units merged:</p> <p>SISOBWG303A Guide bushwalks in a controlled environment</p> <p>SISOBWG411 Instruct bushwalks in a controlled environment</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOBWG411 Instruct bushwalks in a controlled environment		
SISOBWG404A Apply river crossing skills	SISOBWG004 Cross rivers during bushwalks	<p>N</p> <p>Title changed.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOBWG405A Guide intermediate bushwalks	SISOBWG006 Lead bushwalks in difficult tracked environments	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOBWG405A Guide intermediate bushwalks</p> <p>SISOBWG412 Instruct bushwalks in an intermediate environment</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance</p>
SISOBWG412 Instruct bushwalks in an intermediate environment		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
<p>SISOBWG406A Apply bushwalking skills in uncontrolled landscapes</p> <p>SISOBWG507A Apply advanced bushwalking skills in alpine areas</p> <p>SISOBWG508A Apply advanced bushwalking skills in arid areas</p> <p>SISOBWG509A Apply advanced bushwalking skills in tropical areas</p>	<p>SISOBWG003 Bushwalk in extremely difficult tracked and untracked environments</p>	<p>criteria and knowledge evidence.</p> <p>N</p> <p>Title changed.</p> <p>Track grade and conditions clarified in title and throughout unit.</p> <p>Four units merged:</p> <p>SISOBWG406A Apply bushwalking skills in uncontrolled landscapes</p> <p>SISOBWG507A Apply advanced bushwalking skills in alpine areas</p> <p>SISOBWG508A Apply advanced bushwalking skills in arid areas</p> <p>SISOBWG509A Apply advanced bushwalking skills in tropical areas</p> <p>Unit covers any type of environment; assessment can be contextualised to particular environments.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, 002, 004 & 005.</p> <p>River crossing content (SISOBWG406A) removed; covered in SISOBWG004 Cross rivers during bushwalks, to be selected as required.</p> <p>Following content found in SISOBWG507A, 508A & 509A removed:</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Navigation content removed, covered in SISOFD008 Navigate in extremely difficult tracked and untracked environments.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOBWG413 Instruct bushwalks in an uncontrolled environment</p>	<p>SISOBWG007 Lead bushwalks in extremely</p>	<p>N</p> <p>Title changed.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOBWG510A Guide bushwalks in an uncontrolled environment	difficult tracked and untracked environments	<p>Two units merged:</p> <p>SISOBWG413 Instruct bushwalks in an uncontrolled environment</p> <p>SISOBWG510A Guide bushwalks in an uncontrolled environment</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
Canyoning		
SISOCAY201A Demonstrate horizontal canyoning skills	SISOCAY001 Traverse canyons	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005</p> <p>Navigation tasks removed; covered in navigation units with type of navigation/track to be selected as required.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Skills and knowledge upgraded to reflect those required by leaders (guides and instructors).</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY302A Apply vertical canyoning skills	SISOCAY002 Abseil in easy to intermediate canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005</p> <p>Content for travelling through canyons removed; covered in SISCAY001 Traverse canyons.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY303A Establish belays in canyons	SISOCAY004 Establish ropes and belays for abseils in easy to intermediate canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY304A Guide single pitch canyoning trips SISOCAY508A Instruct canyoning skills	SISOCAY006 Lead canyoning activities, easy to intermediate canyons	<p>N</p> <p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOCAY304A Guide single pitch canyoning trips</p> <p>SISOCAY508A Instruct canyoning skills</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCAY405A Apply advanced vertical canyoning skills	SISOCAY003 Abseil in intermediate to advanced canyons	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p>

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		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for travelling through canyons removed and covered in SISCAY001 Traverse canyons.</p> <p>Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required.</p> <p>Rescue tasks removed, covered in vertical rescue units.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOCAY407A Guide multi pitch canyoning trips</p> <p>SISOCAY508A Instruct canyoning skills</p>	<p>SISOCAY007 Lead canyoning activities, intermediate to advanced canyons</p>	<p>N</p> <p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOCAY407A Guide multi pitch canyoning trips</p> <p>SISOCAY508A Instruct canyoning skills</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOCAY406A Establish complex belays in canyons</p>	<p>SISOCAY005 Establish ropes and belays for abseils in intermediate to advanced canyons</p>	<p>N</p> <p>Title changed.</p> <p>Canyon conditions clarified in title and throughout unit.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOCAY508A Instruct canyoning skills</p>	<p>SISOCAY006 Lead canyoning activities, easy to intermediate canyons</p> <p>SISOCAY007 Lead canyoning activities,</p>	<p>N</p> <p>SISOCAY508A Instruct canyoning skills did not nominate canyon conditions or complexity of skills under instruction. Therefore, two</p>

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	intermediate to advanced canyons	replacement units are listed here, to be selected as required. Title changed. Unit focuses on leadership skills at time of delivery; planning removed Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
Climbing (artificial)		
SISOCLA201A Demonstrate top rope climbing skills on artificial surfaces	SISOCLM001 Top rope climb single pitches, artificial surfaces	N Title changed. Unit recategorised to Climbing. Two units merged: SISOCLA201A Demonstrate top rope climbing skills on artificial surfaces. SISOCLA302A Apply top rope climbing skills on artificial surfaces. Unit now focuses on activity skills rather than planning; planning removed (Was in SISOCLA302A) Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLA302A Apply top rope climbing skills on artificial surfaces		
SISOCLA303A Establish belays for climbing on artificial surfaces	SISOCLM005 Establish belays for single pitch climbing on artificial surfaces	N Title changed to incorporate single pitch. Unit recategorised to Climbing. Significant changes to performance criteria and knowledge evidence.
SISOCLA305A Apply route setting skills	Deleted	
SISOCLA311 Guide top rope climbing activities on artificial surfaces	SISOCLM008 Lead single pitch climbing activities on artificial surfaces, top rope climbing	N Title changed. Two units merged: SISOCLA311 Guide top rope climbing activities on artificial surfaces
SISOCLA412 Instruct top rope climbing on artificial surfaces		

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		<p>SISOCLA412 Instruct top rope climbing on artificial surfaces</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCLA406A Apply lead climbing skills on artificial surfaces	Deleted	
SISOCLA407A Apply multi pitch lead climbing skills on artificial surfaces	Deleted	
SISOCLA408A Establish belays for multi pitch climbing on artificial surfaces	Deleted	
SISOCLA409A Instruct lead climbing on single pitch artificial surfaces	Deleted	
SISOCLA510A Instruct lead climbing on multi pitch artificial surfaces	Deleted	
Climbing (natural)		
SISOCLN201A Demonstrate top rope climbing skills on natural surfaces	SISOCLM002 Top rope climb single pitches, natural surfaces	<p>N</p> <p>Title changed.</p> <p>Unit recategorised to Climbing.</p> <p>Two units merged:</p> <p>SISOCLN201A Demonstrate top rope climbing skills on natural surfaces</p> <p>SISOCLN302A Apply climbing skills on natural surfaces</p> <p>Unit now focuses on activity skills rather than planning; planning removed. (Was in SISOCLN302A)</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance</p>
SISOCLN302A Apply climbing skills on natural surfaces		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		criteria and knowledge evidence.
SISOCLN303A Establish belays for climbing on natural surfaces	SISOCLM006 Establish belays for single pitch climbing on natural surfaces	N Title changed to incorporate single pitch. Unit recategorised to Climbing. Significant changes to performance criteria and knowledge evidence.
SISOCLN304A Guide top rope climbing activities on natural surfaces	SISOCLM009 Lead single pitch climbing activities on natural surfaces, top rope climbing	N Title changed. Two units merged: SISOCLN304A Guide top rope climbing activities on natural surfaces SISOCLN409A Instruct top rope climbs on natural surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN409A Instruct top rope climbs on natural surfaces		
SISOCLN405A Apply single pitch lead climbing skills on natural surfaces	SISOCLM003 Lead climb single pitches, natural surfaces	N Title changed Unit recategorised to Climbing. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN406A Apply multi pitch lead climbing skills on natural surfaces	SISOCLM004 Lead climb multi pitches, natural surfaces	N Title changed Unit recategorised to Climbing. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Significant changes to performance criteria and knowledge evidence.
SISOCLN407A Establish belays for multi pitch climbing on natural surfaces	SISOCLM007 Establish belays for multi pitch climbing on natural surfaces	N Unit recategorised to Climbing Significant changes to performance criteria and knowledge evidence.
SISOCLN408A Guide lead climbing activities on single pitch natural surfaces	SISOCLM010 Lead single pitch climbing activities on natural surfaces, lead climbing	N Title changed. Two units merged: SISOCLN408A Guide lead climbing activities on single pitch natural surfaces SISOCLN411A Instruct lead climbing on single pitch natural surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN411A Instruct lead climbing on single pitch natural surfaces		
SISOCLN410A Guide lead climbing activities on multi pitch natural surfaces	SISOCLM011 Lead multi pitch climbing activities on natural surfaces, lead climbing	N Title changed. Two units merged: SISOCLN410A Guide lead climbing activities on multi pitch natural surfaces SISOCLN512A Instruct lead climbing on multi pitch natural surfaces Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCLN512A Instruct lead climbing on multi pitch natural surfaces		
Canoeing		
SISOCNE201A Demonstrate simple canoeing skills	SISOCNE001 Paddle a craft using fundamental skills	N Title changed. Unit covers different types of craft including canoes and kayaks;

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		<p>assessment can be contextualised to craft type.</p> <p>Water grade and conditions clarified throughout unit; applicable to inland flatwater areas including rivers and small lakes.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCNE202A Perform deep water rescues	Deleted	<p>Content for performing deep water rescues covered in activity specific units:</p> <p>SISOCNE002 - 004</p> <p>SISOKYK001 - 004</p> <p>SISOKYS001 - 003.</p>
SISOCNE303A Apply canoeing skills	SISOCNE002 Paddle a canoe on inland flatwater	<p>N</p> <p>Title changed</p> <p>Water grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
New unit	SISOCNE003 Paddle a canoe on moving water up to grade 1 rivers	
SISOCNE304A Apply inland canoeing skills on Grade 2 water	SISOCNE004 Paddle a canoe on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>River grade and conditions clarified throughout unit.</p> <p>Performing deep water rescues included.</p>

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		<p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOCNE305A Guide canoeing trips on flat and undemanding water</p> <p>SISOCNE306A Instruct canoeing skills on flat and undemanding water</p>	SISOCNE005 Lead canoeing activities on inland flatwater	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOCNE305A Guide canoeing trips on flat and undemanding water</p> <p>SISOCNE306A Instruct canoeing skills on flat and undemanding water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in: SISOFLLD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
New unit	SISOCNE006 Lead canoeing activities on moving water up to grade 1 rivers	
<p>SISOCNE307A Guide canoeing trips on Grade 2 water</p> <p>SISOCNE409A Instruct canoeing skills on Grade 2 water</p>	SISOCNE007 Lead canoeing activities on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOCNE307A Guide canoeing trips on Grade 2 water</p> <p>SISOCNE409A Instruct canoeing skills on Grade 2 water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p>

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		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFLD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCNE408A Apply inland canoeing skills on Grade 3 water	Deleted	
SISOCNE410A Guide canoeing trips on Grade 3 water	Deleted	
SISOCNE511A Instruct canoeing skills on Grade 3 water	Deleted	
Challenge Course		
SISOCR301A Conduct a low ropes session	SISOCHC001 Lead challenge course sessions, low elements	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed. Planning not relevant to job role but planning units could be selected, as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOCR302A Conduct a high ropes session	SISOCHC003 Lead challenge course sessions, high elements	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed. Planning not relevant to job role but planning units could be selected, as required.</p> <p>Establishing belay systems removed as not relevant to course leader job role; covered in SISOCHC004 Set up and supervise challenge course sessions, high elements.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Rescue requirements confined to basic assisted rescues; more complex rescues covered by SISOCHR004 Set up and supervise challenge course sessions, high elements. Significant changes to performance criteria and knowledge evidence.
SISOCR403A Supervise a low ropes session	SISOCHC002 Set up and supervise challenge course sessions, low elements	N Title changed. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCR404A Supervise a high ropes session	SISOCHC004 Set up and supervise challenge course sessions, high elements	N Title changed. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCR505A Manage a low ropes course SISOCR506A Manage a high ropes course	SISOCHC005 Manage challenge course	N Title changed. Two units merged: SISOCR505A Manage a low ropes course SISOCR506A Manage a high ropes course Assessment can be contextualised to low or high element courses or courses that include both types of elements. Documenting course maintenance procedures removed, covered in SISXFAC004 Coordinate facility and equipment acquisition and maintenance, to be selected as required. Conducting course maintenance removed, covered in SISXFAC003

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		Implement facility maintenance programs, to be selected as required. Significant changes to performance criteria and knowledge evidence.
Caving		
SISOCVE201A Demonstrate caving skills	SISOCVE001 Traverse caves	N Title changed. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN004. Skills and knowledge upgraded to reflect those required by leaders (guides or instructors). Significant changes to performance criteria and knowledge evidence.
SISOCVE302A Apply single pitch abseiling skills in caves	SISOCVE003 Abseil single pitches in caves	N Title changed. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN004. Significant changes to performance criteria and knowledge evidence.
SISOCVE303A Rig a ladder pitch	Deleted	Content covered in SISOCVE005 Establish ropes, ladders and belays for caving.
SISOCVE304A Apply laddering skills	SISOCVE002 Descend and ascend ladders in caves	N Title changed. Significant changes to performance criteria and knowledge evidence.
SISOCVE305A Apply caving specific single rope techniques	SISOCVE004 Descend and ascend single ropes in caves	N Title changed. Content for rescues removed, covered in SISORSC002 Perform vertical rescues. Significant changes to performance

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		criteria and knowledge evidence.
SISOCVE306A Rig ropes and establish belays in caves	SISOCVE005 Establish ropes, ladders and belays for caving	N Title changed. Unit now covers rigging of ladders. Significant changes to performance criteria and knowledge evidence.
SISOCVE307A Guide vertical single pitch caving trips	SISOCVE006 Lead caving activities	N Title changed. Three units merged: SISOCVE307A Guide vertical single pitch caving trips SISOCVE308A Guide horizontal caving trips SISOCVE417A Instruct vertical single pitch caving skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCVE308A Guide horizontal caving trips		
SISOCVE417A Instruct vertical single pitch caving skills		
SISOCVE409A Rig ladders in complex situations	Deleted	
SISOCVE410A Rig a complex pitch using caving specific techniques	Deleted	
SISOCVE411A Apply vertical caving skills	Deleted	
SISOCVE412A Rig multi pitches in complex vertical cave systems	Deleted	
SISOCVE413A Navigate in untrogged caves	Deleted	
SISOCVE414A Guide vertical multi pitch caving trips	Deleted	
SISOCVE415A Perform cave rescues	Deleted	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOCVE416A Apply cavern diving skills	Deleted	
SISOCVE518A Apply cave diving skills	Deleted	
SISOCVE519A Apply sinkhole diving skills	Deleted	
SISOCVE520A Apply sump diving skills	Deleted	
SISOCVE521A Apply advanced cave diving skills	Deleted	
SISOCVE522A Instruct vertical multi pitch caving skills	Deleted	
Cycling Tours (on-road)		
SISOCYT201A Select, set up and maintain a bike	SISOCYT001 Set up, maintain and repair bicycles	N Title changed. Content about selection of bikes clarified; focuses on selection to suit participants. Unit now covers more extensive repair and maintenance tasks. Significant changes to performance criteria and knowledge evidence.
SISOCYT202A Demonstrate basic cycling skills	SISOCYT002 Ride bicycles on roads and pathways, easy conditions	N Title changed. Cycling and road conditions clarified in title and throughout unit. Significant changes to performance criteria and knowledge evidence.
SISOCYT303A Apply on-road cycling skills	SISOCYT003 Ride bicycles on roads, up to moderate terrain and heavy traffic	N Title changed. Cycling and road conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Significant changes to performance criteria and knowledge evidence.
New unit	SISOCYT006 Lead cycling activities on roads and pathways, easy conditions	
SISOCYT304A Guide on-road cycle tours	SISOCYT007 Lead cycling activities on roads, up to moderate terrain and heavy traffic	N Title changed.
SISOCYT407A Instruct cycle touring skills		Two units merged: SISOCYT304A Guide on-road cycle tours SISOCYT407A Instruct cycle touring skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOCYT405A Apply overnight cycle touring skills	Deleted	
SISOCYT406A Guide overnight and extended cycle tours	Deleted	
Four Wheel Driving		
SISODRV201A Drive AWD/4WD vehicles on unsealed roads	SISODRV001 Drive AWD/4WD vehicles on unsealed roads	N Vehicle inspection aspects removed; covered in imported unit TLIB0002 Carry out vehicle inspection. Significant changes to performance criteria and knowledge evidence.
SISODRV302A Drive and recover a 4WD vehicle	Deleted	Replaced by two imported units: TLIC2025 Operate four wheel drive vehicle FWPCOT3260 Recover four wheel drive vehicles
SISODRV303A Guide 4WD tours	SISODRV002 Lead four wheel driving activities	N Title changed.
SISODRV506A Instruct four wheel driving skills		Two units merged: SISODRV303A Guide 4WD tours

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		<p>SISODRV506A Instruct four wheel driving skills</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISODRV404A Drive a 4WD vehicle in difficult terrain	Deleted	Replaced by imported unit: TLIC2025 Operate four wheel drive vehicle.
SISODRV405A Coordinate recovery of 4WD vehicles	Deleted	Replaced by imported unit: FWPCOT3260 Recover four wheel drive vehicles.
Fishing		
SISOFSH201A Catch and handle fish	SISOFSH001 Locate, attract and catch fish	N
SISOFSH206A Locate and attract fish		<p>Title changed.</p> <p>Two units merged: SISOFSH201A Catch and handle fish SISOFSH206A Locate and attract fish</p> <p>Some content removed; covered in: SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities</p> <p>SISOFLD004 Minimise environmental impact</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOFSH202A Select, catch and use bait	SISOFSH002 Select and catch bait	<p>N</p> <p>Title changed.</p> <p>Content on presenting bait and berley removed; covered in SISOFSH001 Locate, attract and catch fish.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOFSH203A Select, rig and use terminal tackle	SISOFSH003 Select and rig tackle outfits	<p>N</p> <p>Title changed.</p>

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SISOFSH204A Select, use and maintain fishing tackle outfits		Two units merged: SISOFSH203A Select, rig and use terminal tackle SISOFSH204A Select, use and maintain fishing tackle outfits Unit covers terminal tackle and rod and reel tackle. Content on use of casting techniques removed, covered in SISOFSH001 Locate, attract and catch fish. Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOFSH205A Construct and work simple fishing lures	Deleted	
SISOFSH307A Guide fishing trips	SISOFSH004 Lead fishing activities	N Title changed.
SISOFSH308A Instruct fishing skills		Two units merged: SISOFSH307A Guide fishing trips SISOFSH308A Instruct fishing skills Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOFSH309A Apply fly fishing skills	Deleted	
SISOFSH310A Tie simple fishing flies	Deleted	
SISOFSH311A Demonstrate freshwater fishing skills	Deleted	
SISOFSH312A Demonstrate estuary fishing skills	Deleted	

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SISOFSH313A Catch crabs, prawns and squid	Deleted	
SISOFSH314A Construct and repair fishing rods	Deleted	
SISOFSH315A Demonstrate beach fishing skills	Deleted	
SISOFSH416A Demonstrate marine inshore fishing skills	Deleted	
SISOFSH417A Demonstrate marine offshore fishing skills	Deleted	
Interpretation		
SISOINT201A Conduct interpretation within an outdoor activity	Deleted	Replaced by imported unit: SITTGDE005 Prepare and present tour commentaries or activities.
SISOINT302A Develop specialist resources for interpretive activities	Deleted	Skills covered in a range of imported units: SITTPPD002 Develop interpretive activities SITTGDE008 Prepare specialised interpretive content on flora, fauna and landscape SITTGDE009 Prepare specialised interpretive content on marine environments SITTGDE010 Prepare specialised interpretive content on cultural and heritage environments.
Kayaking		
SISOKYK201A Demonstrate simple kayaking skills	SISOKYK001 Paddle a kayak on inland flatwater	N Title changed. Water grade and conditions clarified in title and throughout unit. Performing deep water rescues included.

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		<p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK302A Apply kayaking skills	SISOKYK002 Paddle a kayak on moving water up to grade 1 rivers	<p>N</p> <p>Title changed.</p> <p>Water grade and conditions clarified in title and throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK303A Apply inland kayaking skills on Grade 2 water	SISOKYK003 Paddle a kayak on grade 2 rivers	<p>N</p> <p>Title changed</p> <p>River grade and conditions clarified throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005..</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOKYK304A Guide kayaking trips on flat and undemanding water</p> <p>SISOKYK407A Instruct kayaking skills on flat and undemanding water</p>	SISOKYK005 Lead kayaking activities on inland flatwater	<p>N</p> <p>Title changed.</p> <p>Two units merged: SISOKYK304A Guide kayaking trips on flat and undemanding water</p>

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		<p>SISOKYK407A Instruct kayaking skills on flat and undemanding water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
New unit	SISOKYK006 Lead kayaking activities on moving water up to grade 1 rivers	
SISOKYK305A Guide kayaking trips on Grade 2 water	SISOKYK007 Lead kayaking activities on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOKYK305A Guide kayaking trips on Grade 2 water</p> <p>SISOKYK408A Instruct kayaking skills on Grade 2 water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOKYK408A Instruct kayaking skills on Grade 2 water		
SISOKYK406A Demonstrate inland kayaking skills on Grade 3 water	SISOKYK004 Paddle a kayak on grade 3 rivers	<p>N</p> <p>Title changed</p> <p>River grade and conditions clarified throughout unit.</p>

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		<p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOKYK409A Guide kayaking trips on Grade 3 water</p> <p>SISOKYK510A Instruct kayaking skills on Grade 3 water</p>	<p>SISOKYK008 Lead kayaking activities on grade 3 rivers</p>	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOKYK409A Guide kayaking trips on Grade 3 water</p> <p>SISOKYK510A Instruct kayaking skills on Grade 3 water</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Content for operation of temporary or camping site content removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site, to be selected as required.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>Sea Kayaking</p>		
<p>SISOKYS201A Demonstrate simple sea kayaking skills</p>	<p>SISOKYS001 Paddle a sea kayak in enclosed waters</p>	<p>N</p> <p>Title changed.</p> <p>Water grade and conditions clarified in title and throughout unit.</p> <p>Performing deep water rescues included.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p>

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		Significant changes to performance criteria and knowledge evidence.
SISOKYS302A Demonstrate sea kayaking skills	SISOKYS002 Paddle a sea kayak in sheltered coastal waters	N Title changed Water grade and conditions clarified in title and throughout unit. Performing deep water rescues included. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOKYS303A Guide sea kayaking trips in easy to moderate conditions SISOKYS407A Instruct sea kayaking in easy to moderate conditions	SISOKYS004 Lead sea kayaking activities in enclosed waters	N Title changed. Two units merged: SISOKYS303A Guide sea kayaking trips in easy to moderate conditions SISOKYS407A Instruct sea kayaking in easy to moderate conditions Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOKYS304A Demonstrate sea kayaking skills in moderate to difficult conditions	SISOKYS003 Paddle a sea kayak in exposed coastal waters	N Title changed. Water grade and conditions clarified in title and throughout unit. Performing deep water rescues included. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.

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		Significant changes to performance criteria and knowledge evidence.
SISOKYS406A Plan and navigate a sea kayaking inshore passage	SISOFLD005 Navigate waterway courses	N Unit recategorised to Field operations. Unit covers navigation for a range of waterway types and craft, including sea kayaks; assessment can be contextualised to particular settings and craft type. Significant changes to performance criteria and knowledge evidence.
SISOKYS408A Guide sea kayaking trips in moderate to difficult conditions	SISOKYS005 Lead sea kayaking activities in sheltered coastal waters	N Title changed. Two units merged: SISOKYS408A Guide sea kayaking trips in moderate to difficult conditions SISOKYS409A Instruct sea kayaking in moderate to difficult conditions Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOKYS409A Instruct sea kayaking in moderate to difficult conditions		
New unit	SISOKYS006 Lead sea kayaking activities in exposed coastal waters	
Mountain Biking (off road)		
SISOMBK201A Demonstrate basic off-road cycling skills	SISOCYT004 Ride off road bicycles on easy trails	N Title changed. Unit recategorised to Cycle Touring. Trail conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance

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		criteria and knowledge evidence.
SISOMBK302A Apply advanced off-road cycling skills	SISOCYT005 Ride off road bicycles on intermediate trails	N Title changed. Unit recategorised to Cycle Touring. Trail conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
New Unit	SISOCYT008 Lead off road cycling activities on easy trails	
SISOMBK303A Guide off-road cycle tours SISOMBK404A Instruct off-road cycling skills	SISOCYT009 Lead off road cycling activities on intermediate trails	N Title changed. Two units merged: SISOMBK303A Guide off-road cycle tours SISOMBK404A Instruct off-road cycling skills Unit recategorised to Cycle Touring. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
Navigation		
SISONAV201A Demonstrate navigation skills in a controlled environment	SISOFD006 Navigate in tracked environments	N Title changed. Unit recategorised to Field Operations. Track grade and conditions clarified in title and throughout unit. Significant changes to performance

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		criteria and knowledge evidence.
SISONAV302A Apply navigation skills in an intermediate environment	SISOFLD007 Navigate in difficult tracked environments	N Title changed. Unit recategorised to Field Operations. Track grade and conditions clarified in title and throughout unit. Significant changes to performance criteria and knowledge evidence.
SISONAV403A Navigate in uncontrolled environments	SISOFLD008 Navigate in extremely difficult tracked and untracked environments	N Title changed. Unit recategorised to Field Operations. Track grade and conditions clarified in title and throughout unit. Significant changes to performance criteria and knowledge evidence.
Outdoor Recreation		
SISOODR201A Assist in conducting outdoor recreation sessions	SISOFLD001 Assist in conducting recreation sessions	N Minor change to title; can apply to indoor activities, e.g. climbing. Unit recategorised to Field Operations. Unit refocussed to better describe skills for assistant leaders under the supervision and guidance of leaders (guides or instructors). Significant changes to performance criteria and knowledge evidence.
New unit	SISOPLN001 Finalise operation of outdoor recreation activities	
SISOODR302A Plan outdoor recreation activities	SISOPLN002 Plan activity sessions	N Title changed. Unit recategorised to Outdoor Recreation Planning. Significant changes to performance criteria and knowledge evidence.
SISOODR303A Guide outdoor recreation sessions	Deleted	Unit deleted in favour of a range of leadership units that align to specific

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		activities and environments.
SISOODR404A Manage risk in an outdoor activity	SISOPLN007 Manage risk for outdoor programs	N Title changed. Significant changes to performance criteria and knowledge evidence.
SISOODR405A Develop and coordinate programs incorporating outdoor activities	SISOPLN003 Develop outdoor recreation programs	N Title changed. Unit recategorised to Outdoor Recreation Planning. Significant changes to performance criteria and knowledge evidence.
New unit	SISOPLN004 Identify hazards, assess and control risks for outdoor recreation activities	
SISOODR506A Evaluate policy for an outdoor organisation	Deleted	Skills for developing and evaluating policy in the context of a work function are covered in subject specific units, e.g. work health and safety.
Field Operations		
SISOOPS201A Minimise environmental impact	SISOFLD002 Minimise environmental impact	N Significant changes to performance criteria and knowledge evidence.
SISOOPS202A Use and maintain a temporary or overnight site	SISOFLD003 Select, set up and operate a temporary or overnight site	N Title changed. Content added to fully cover meal planning, preparation and service including food safety practices. Skills and knowledge and responsibilities clarified to better align to leader role, not that of assistant. Significant changes to performance criteria and knowledge evidence.
SISOOPS303A Interpret weather for marine environments	SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities	N Title changed. Unit recategorised to Outdoor Recreation Planning.
SISOOPS306A Interpret weather conditions in the field		Three units merged:

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SISOOPS509A Interpret weather for mountain environments		<p>SISOOPS303A Interpret weather for marine environments</p> <p>SISOOPS306A Interpret weather conditions in the field</p> <p>SISOOPS509A Interpret weather for mountain environments</p> <p>Unit covers any type of environment; assessment can be contextualised to particular settings.</p> <p>Unit refocussed to include coverage of interpretation of both weather and environmental events, e.g. flood, bushfire</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOOPS304A Plan for minimal environmental impact	SISOPLN006 Plan for minimal environmental impact	<p>N</p> <p>Unit recategorised to Outdoor Recreation Planning.</p> <p>Significant changes to knowledge evidence.</p>
SISOOPS305A Provide first aid in a remote location	SISOFLD004 Provide first aid in remote locations	<p>N</p> <p>Minor change to title.</p> <p>Unit recategorised to Field Operations.</p> <p>Significant changes to performance criteria and knowledge evidence.</p> <p>Prerequisite added -HLTAID003 Provide first aid</p>
SISOOPS407A Apply search and rescue skills	SISORSC001 Conduct search and rescue	<p>N</p> <p>Title changed</p> <p>Unit recategorised to Rescue Operations.</p> <p>Significant changes to knowledge evidence.</p>
SISOOPS508A Manage natural resources	Deleted	
Personal Water Craft		
SISOPWC201A Select and maintain a personal water craft	Deleted	<p>Knowledge of personal water craft covered in riding units, SISOPWC001 – 002.</p> <p>Maintenance covered in SISXFAC001 Maintain equipment for activities, to be</p>

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		selected as required.
SISOPWC202A Demonstrate simple personal water craft skills in controlled conditions	SISOPWC001 Ride personal watercraft in smooth water conditions	N Title changed. Water grade and conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOPWC303A Ride personal water craft in moderate to difficult conditions	SISOPWC002 Ride personal watercraft in slight water conditions	N Title changed. Water grade and conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOPWC304A Guide tours using personal water craft SISOPWC405A Instruct basic personal water craft riding skills	SISOPWC003 Lead personal water craft activities in smooth water conditions	N Title changed. Incorporates components of: SISOPWC304A Guide tours using personal water craft. SISOPWC405A Instruct basic personal water craft riding skills. SISOPWC405A Instruct basic personal watercraft riding skills did not nominate water conditions or complexity of trips/sessions guided. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance

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		criteria and knowledge evidence.
SISOPWC304A Guide tours using personal water craft	SISOPWC004 Lead personal water craft activities in slight water conditions	N
SISOPWC506A Instruct advanced personal water craft riding skills		<p>Title changed.</p> <p>Incorporates components of:</p> <p>SISOPWC304A Guide tours using personal water craft.</p> <p>SISOPWC506A Instruct advanced personal water craft riding skills.</p> <p>SISOPWC506A Instruct advanced personal watercraft riding skills did not nominate water conditions or complexity of trips/sessions guided.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
Rafting		
SISORAF301A Guide a raft on moving water	SISORAF001 Guide a raft on grade 2 rivers	<p>N</p> <p>Title changed.</p> <p>River grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on controlling the raft rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISORAF402A Guide a raft on Grade 3 rapids	SISORAF002 Guide a raft on grade 3 rivers	<p>N</p> <p>Title changed.</p> <p>River grade and conditions clarified in title and throughout unit.</p> <p>Unit now focuses on controlling the raft rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p>

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		Significant changes to performance criteria and knowledge evidence.
SISORAF403A Guide a raft on Grade 4 rapids	SISORAF003 Guide a raft on grade 4 rivers	N Title changed. River grade and conditions clarified in title and throughout unit. Unit now focuses on controlling the raft rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISORAF404A Coordinate and manage white water rafting trips	Deleted	
SISORAF505A Instruct rafting skills	SISORAF004 Lead rafting activities on grade 2 rivers SISORAF005 Lead rafting activities on grade 3 rivers SISORAF006 Lead rafting activities on grade 4 rivers	N Title changed. Incorporates components of: SISORAF5050A Instruct rafting skills. SISORAF505A Instruct rafting skills did not nominate river grade or conditions or complexity of skills under instruction. Therefore, three replacement units are listed here, to be selected as required. Units focus on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SCUBA Diving		
SISOSCB301A SCUBA dive in open water to a maximum depth of 18 metres	SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres	N Title changed. Unit now focuses on activity skills rather than planning; planning removed.

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		Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSCB302A Complete night dives	SISOSCB003 SCUBA dive at night	N Title changed. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSCB303A Complete deep dives to between 18 and 40 metres	SISOSCB009 SCUBA dive to depths between 18 and 40 metres	N Title changed. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSCB304A Navigate prescribed routes underwater	SISOSCB004 Navigate prescribed routes underwater	N Significant changes to performance criteria and knowledge evidence.
SISOSCB305A Complete underwater search and recovery dives	SISOSCB005 Complete underwater search and recovery dives	N Significant changes to performance criteria and knowledge evidence.
SISOSCB306A Perform diver rescues	SISOSCB006 Perform diver rescues	N Significant changes to performance criteria and knowledge evidence.
SISOSCB307A Inspect and fill SCUBA cylinders	SISOSCB007 Inspect and fill SCUBA cylinders	N Significant changes to performance criteria and knowledge evidence.
SISOSCB308A Guide a SCUBA dive	SISOSCB010 Lead SCUBA diving activities	N Title changed.
SISOSCB419A Instruct SCUBA diving skills		Two units merged: SISOSCB308A Guide a SCUBA dive

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		<p>SISOSCB419A Instruct SCUBA diving skills</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSCB309A Complete dives off boats	SISOSCB002 SCUBA dive from boats	<p>N</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSCB310A Complete an underwater video	Deleted	
SISOSCB311A Take still photographs underwater	Deleted	
SISOSCB312A Complete dry suit dives	Deleted	
SISOSCB313A Complete computer aided dives	Deleted	
SISOSCB314A Complete wreck dives	Deleted	
SISOSCB315A Complete drift dives on SCUBA	Deleted	
SISOSCB316A Dive at altitude greater than 300 metres	Deleted	
SISOSCB317A Complete a dive using Enriched Air Nitrox	SISOSCB008 SCUBA dive using Enriched Air Nitrox	<p>N</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSCB318A Dive in open water using surface supplied air	Deleted	
SISOSCB420A Instruct specialised SCUBA diving skills	SISOSCB011 Lead specialised SCUBA diving activities	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p>

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		Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSCB521A Demonstrate technical diving	Deleted	
Snowboarding		
SISOSKB201A Demonstrate snowboarding skills on beginner terrain	Deleted	
SISOSKB302A Snowboard on intermediate terrain	Deleted	
SISOSKB303A Guide day snowboarding activities	Deleted	
SISOSKB404A Snowboard on advanced terrain	Deleted	
SISOSKB405A Snowboard freestyle on advanced terrain	Deleted	
SISOSKB406A Snowboard alpine-style on advanced terrain	Deleted	
SISOSKB407A Instruct snowboarding	Deleted	
SISOSKB408A Guide overnight snowboarding activities	Deleted	
SISOSKB509A Snowboard off-piste	Deleted	
Skiing (downhill)		
SISOSKI201A Demonstrate alpine skiing skills downhill on beginner terrain	Deleted	
SISOSKI402A Alpine ski downhill on intermediate terrain	Deleted	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOSKI403A Alpine ski downhill on advanced terrain	Deleted	
SISOSKI404A Alpine ski downhill off-piste	Deleted	
SISOSKI405A Alpine free ski on all terrain	Deleted	
SISOSKI406A Telemark ski downhill on intermediate terrain	Deleted	
SISOSKI407A Telemark ski downhill on advanced terrain	Deleted	
SISOSKI408A Instruct alpine skiing skills	Deleted	
Skiing (touring)		
SISOSKT201A Demonstrate basic cross country skiing skills	SISOSKT001 Ski on easy cross country terrain	<p>N</p> <p>Title changed.</p> <p>Terrain and skiing conditions clarified in title and throughout unit.</p> <p>Two units merged:</p> <p>SISOSKT201A Demonstrate basic cross country skiing skills</p> <p>SISOSKT202A Demonstrate ski touring skills in a patrolled environment to a basic standard</p> <p>Some content removed; covered in SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSKT202A Demonstrate ski touring skills in a patrolled environment to a basic standard		
SISOSKT303A Day ski tour away from a patrolled area	SISOSKT002 Ski on intermediate cross country terrain	<p>N</p> <p>Title changed.</p> <p>Terrain and skiing conditions clarified in title and throughout unit.</p> <p>Two units merged:</p> <p>SISOSKT303A Day ski tour away from a patrolled area</p>
SISOSKT409A Apply intermediate cross country skiing skills		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>SISOSKT409A Apply intermediate cross country skiing skills</p> <p>Some content removed; covered in SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSKT304A Guide day ski tours	SISOSKT004 Lead skiing activities on easy cross country terrain	<p>N</p> <p>Title changed.</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
<p>SISOSKT305A Apply snow craft skills for day touring</p> <p>SISOSKT408A Apply snow craft skills for overnight touring</p>	SISOSKT003 Use snow craft skills for alpine touring	<p>N</p> <p>Title changed.</p> <p>Two units merged:</p> <p>SISOSKT305A Apply snow craft skills for day touring</p> <p>SISOSKT408A Apply snow craft skills for overnight touring</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSKT406A Demonstrate advanced cross country skiing skills	Deleted	
SISOSKT407A Overnight ski tour in difficult terrain using advanced ski touring skills	Deleted	
SISOSKT410A Guide overnight ski tours	Deleted	
SISOSKT411A Instruct cross country skiing	SISOSKT005 Lead skiing activities on intermediate cross country terrain	<p>N</p> <p>Title changed</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
Snorkelling		
SISOSNK201A Demonstrate snorkelling activities	SISOSNK001 Snorkel	<p>N</p> <p>Title changed.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Rescue element removed, covered in SISCAQU002 Perform basic water rescues.</p> <p>First aid aspects removed, covered in HLTAID003 provide first aid.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSNK302A Guide snorkelling	SISOSNK002 Lead snorkelling activities	<p>N</p> <p>Title changed.</p> <p>Two units merged: SISOSNK302A Guide snorkelling SISOSNK403A Instruct snorkelling skills</p> <p>Unit focuses on leadership skills at time of delivery; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOSNK403A Instruct snorkelling skills		
Surfing		
SISOSRF201A Demonstrate surf survival and self rescue skills	Deleted	<p>Content for rescuing self covered in surfing activity units SISOSRF001, SISOSRF002 and SISOSRF003.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOSRF202A Demonstrate basic surfing manoeuvres in controlled conditions	SISOSRF001 Surf small waves using basic manoeuvres	N Title changed. Surf conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSRF303A Perform intermediate level surfing manoeuvres	SISOSRF002 Surf waves using intermediate manoeuvres	N Title changed. Surf conditions clarified throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSRF304A Perform simple rescues in moderate surf conditions	SISORSC007 Perform basic surf rescues	N Title changed. Unit recategorised to Rescue Operations. Significant changes to performance criteria and knowledge evidence.
SISOSRF305A Guide surfing sessions	SISOSRF004 Lead surfing activities, small waves and basic manoeuvres	N Title changed. SISOSRF305A Guide surfing sessions did not nominate water conditions or complexity of trips/sessions guided. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		criteria and knowledge evidence.
SISOSRF406A Perform advanced level surfing manoeuvres	SISOSRF003 Surf waves using advanced manoeuvres	N Title changed. Surf conditions clarified throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSRF407A Perform rescues in moderate to difficult surf conditions	Deleted	
SISOSRF408A Guide surfing trips	Deleted	
SISOSRF409A Instruct basic to intermediate surfing skills	SISOSRF004 Lead surfing activities, small waves and basic manoeuvres SISOSRF005 Lead surfing activities, intermediate manoeuvres	N Title changed. One unit replaced with two to differentiate between basic and intermediate manoeuvres. Units focus on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOSRF410A Instruct advanced surfing skills	SISOSRF006 Lead surfing activities, advanced manoeuvres	N Title changed. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
Stand up Paddle Boarding		

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
New unit	SISOSUP001 Paddle a stand up board on inland flatwater	
New unit	SISOSUP002 Paddle a stand up board in small waves	
New unit	SISOSUP003 Paddle a stand up board in sheltered coastal waters	
New unit	SISOSUP004 Lead stand up paddle boarding activities on inland flatwater	
New unit	SISOSUP005 Lead stand up paddle boarding activities on small waves	
New unit	SISOSUP006 Lead stand up paddle boarding activities in sheltered coastal waters	
Motorcycling (off-road)		
SISOTBR201A Select, set up and maintain an off-highway motorcycle	Deleted	
SISOTBR202A Demonstrate basic off-highway motorcycling skills	Deleted	
SISOTBR303A Apply advanced off-highway motorcycling skills	Deleted	
SISOTBR304A Guide off-highway motorcycle tours	Deleted	
SISOTBR405A Guide extended off-highway motorcycle tours	Deleted	
SISOTBR406A Instruct basic off-highway motorcycling skills	Deleted	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOTBR507A Instruct advanced off-highway motorcycling skills	Deleted	
Vertical Rescues		
SISOVTR301A Perform vertical rescues	SISORSC002 Perform vertical rescues	N Unit recategorised to Rescue Operations. Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOVTR402A Perform complex vertical rescues	SISORSC003 Perform complex vertical rescues	N Unit recategorised to Rescue Operations. Maintenance tasks removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOVTR403A Instruct vertical rescue	Deleted	
White Water Rescues		
SISOWWR201A Demonstrate self rescue skills in white water	SISORSC004 Self rescue in white water	N Title changed. Unit recategorised to Rescue Operations. Unit reframed so that it can cover self rescues in different grades of rivers, 2, 3 & 4. Assessment can be contextualised to particular environments. Significant changes to knowledge evidence.
SISOWWR302A Demonstrate white water rescues and recoveries	SISORSC005 Rescue others in white water	N Title changed. Unit recategorised to Rescue Operations.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Unit reframed so that it can cover self rescues in different grades of rivers, 2, 3 & 4. Assessment can be contextualised to particular environments. Significant changes to knowledge evidence.
SISOWWR403A Perform complex white water rescues and recoveries	SISORSC006 Lead and participate in complex white water rescues	N Title changed. Unit recategorised to Rescue Operations. Rescues apply to grade 3 & 4 rivers; no change. Unit now emphasises leadership role, prioritising and dealing with multiple rescue needs. Significant changes to performance criteria and knowledge evidence.
SISOWWR404A Instruct white water rescue	Deleted	
Yachting (windsurfing)		
SISOYSA201A Demonstrate basic sailboarding skills in controlled conditions	SISOWIN001 Windsurf in smooth water and light wind conditions	N Title changed. Unit recategorised to Windsurfing. Water and wind conditions clarified in title and throughout unit. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities, to be selected as required. Significant changes to performance criteria and knowledge evidence.
SISOYSA302A Apply enhanced windsurfing skills in moderate conditions	Deleted	

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOYSA303A Use a sailboard in stronger winds	Deleted	
SISOYSA404A Use long boards in difficult conditions	Deleted	
SISOYSA405A Use short boards in difficult conditions	Deleted	
SISOYSA406A Instruct windsurfing	SISOWIN002 Lead windsurfing activities in smooth water and light wind conditions	N Title changed. Unit recategorised to Windsurfing. Unit focuses on leadership skills at time of delivery; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
Yachting (small boat)		
SISOYSB201A Demonstrate basic skills to sail a small boat in controlled conditions	SISOSAI001 Sail small boats in smooth water and light to moderate wind conditions	N Title changed. Water and wind conditions clarified in title and throughout unit. Unit recategorised to Sailing Small Boats. Unit now focuses on activity skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOYSB302A Sail a small boat in light to moderate conditions	SISOSAI002 Sail small boats in partially smooth water and moderate to fresh wind conditions	N Title changed Water and wind conditions clarified in title and throughout unit. Unit recategorised to Sailing Small Boats. Unit now focuses on activity skills rather than planning; planning removed.

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities and TLIB2119 Carry out maintenance of trailers, to be selected as required</p> <p>Content for using spinnakers and trapezes removed as not relevant to recreational use of small boats.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOYSB403A Sail a small boat in moderate and variable conditions	SISOSAI003 Sail small boats in open coastal waters and moderate wind conditions	<p>N</p> <p>Title changed.</p> <p>Water and wind conditions clarified in title and throughout unit.</p> <p>Unit recategorised to Sailing Small Boats.</p> <p>Unit now focuses on activity skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005.</p> <p>Maintenance aspects removed, covered in SISXFAC001 Maintain equipment for activities and TLIB2119 Carry out maintenance of trailers, to be selected as required</p> <p>Content for using spinnakers removed as not relevant to recreational use of small boats.</p> <p>Significant changes to performance criteria and knowledge evidence.</p>
SISOYSB404A Instruct small boat yachting	SISOSAI004 Lead sailing activities in smooth water and light to moderate wind conditions	<p>N</p> <p>Title changed.</p> <p>Units recategorised to Sailing Small Boats.</p> <p>SISOYSB404A Instruct small boat yachting did not nominate water and wind conditions or complexity of skills under instruction. Therefore, three</p>
	SISOSAI005 Lead sailing activities in partially smooth water and moderate to fresh wind conditions	

Previous Unit Code and Title	Replacement Unit Code and Title	Comment in relation to previous version
SIS10 V3.1	SIS V4.0	E = Equivalent N = Not Equivalent
	SISOSAI006 Lead sailing activities in open coastal waters and moderate wind conditions	replacement units are listed here, to be selected as required. Units focus on leadership skills at time of delivery; planning removed Planning skills for leaders covered in SISOPLN001, SISOPLN002, SISOPLN004 & SISOPLN005. Significant changes to performance criteria and knowledge evidence.
SISOEQU Equine units were updated and endorsed in 2017 prior to other outdoor recreation units. Equine units were housed in SIS V3.0. They are now brought forward to SIS V4.0 without any changes from version 3.0.		
Equine (EQU)		
SISOEQO201A Handle horses	SISOEQU001 Handle horses	N Transportation removed from unit. Significant additions to performance criteria and knowledge evidence.
SISOEQO202A Demonstrate basic horse riding skills	SISOEQU002 Ride horses using fundamental skills	N Title changed. All references to riding in open areas and on trails removed. Significant additions to performance criteria and knowledge evidence. Prerequisite added - SISOEQU001 Handle horses
SISOEQO303A Conduct horse riding sessions in an arena SISSEQS303A Teach the fundamental skills of riding	SISOEQU008 Instruct fundamental horse riding skills	N Title changed; previous unit was about instructing but not reflected in title; now aligns to riding Unit SISOEQU002. Two units merged: SISOEQO303A Conduct horse riding sessions in an arena and SISSEQS303A Teach the fundamental skills of riding. Unit better focuses on instructional skills. Significant additions to performance criteria and knowledge evidence. Prerequisite added -SISOEQU010 Identify hazards, assess and control

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>safety risks for horse handling and riding activities.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISOEQO304A Apply first aid for horses	Deleted	<p>Replaced by imported unit: RGRPSH308 Provide first aid and emergency care for horses or other equines.</p>
SISOEQO305A Ride horses in tracked areas	SISOEQU003 Ride horses on tracked trail rides	<p>N</p> <p>Title changed to reflect unit content.</p> <p>Unit now focuses on riding skills rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN005, and SISOEQU010.</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites now -SISOEQU001 Handle horses, and SISOEQU002 Ride horses using fundamental skills.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISOEQO306A Guide day horse trail rides in tracked areas	SISOEQU005 Guide horse trail rides in tracked areas	<p>N</p> <p>Title changed.</p> <p>Two units merged: SISOEQO306A Guide day horse trail rides in tracked areas SISOEQO410A Guide overnight horse trail rides in tracked areas</p> <p>Unit covers guiding skills no matter what the duration of the trail ride.</p> <p>Unit now focuses on delivering the activity rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, in SISOPLN002, & in SISOPLN005, and SISOEQU010.</p> <p>Campsite and temporary stop operation removed; covered in SISOFLD003 Select, set up and operate a temporary or overnight site.</p>
SISOEQO410A Guide overnight horse trail rides in tracked areas		

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Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		<p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISOEQO317A Supervise horse handling	SISOEQU007 Instruct horse handling skills	<p>N</p> <p>Title changed; previous unit was about instructing but not reflected in title.</p> <p>Unit better focuses on instructional skills</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p>
SISOEQO407A Select horses for a program	SISOEQU015 Acquire and educate horses for sport or recreational programs	<p>N</p> <p>Title changed to reflect unit content and industry applicability.</p> <p>Two units merged:</p> <p>SISOEQO407A Select horses for a program</p> <p>SISOEQO516A Manage the education of horses</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p>
SISOEQO516A Manage the education of horses		
SISOEQO408A Determine nutritional requirements for horses	SISOEQU014 Determine nutritional requirements for sport or recreational horses	<p>N</p> <p>Title changed to reflect industry applicability.</p> <p>Significant additions to knowledge evidence.</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISOEQO409A Train and condition horses	SISOEQU013 Condition horses for sport or recreational performance	N Title changed to reflect unit content which is about conditioning of horses, not behavioural or discipline-specific training; also to reflect industry applicability. Performance criterion relating to transportation removed. Significant changes to knowledge evidence. Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO411A Ride horses in remote areas	SISOEQU004 Ride horses on untracked trail rides	N Title changed to reflect unit content Unit now focuses on riding skills rather than planning; planning removed. Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN005, and SISOEQU010. Significant additions to performance criteria and knowledge evidence. Prerequisites now - SISOEQU001 Handle horses, and SISOEQU002 Ride horses using fundamental skills. Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.
SISOEQO412A Manage horse illness and injuries in remote areas	SISOEQU011 Manage horse illness and injury in remote areas	N Minor change to title. Performance criterion relating to cast horse removed. Performance criterion for euthanasia refocused. All references to first aid removed; unit refocused to provision of emergency treatment. Significant changes to performance criteria and knowledge evidence. Prerequisite updated to - RGRPSH308 Provide first aid and emergency care for horses or other

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Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		equines.
SISOEQO413A Guide trail rides in remote areas	SISOEQU006 Guide horse trail rides in untracked areas	<p>N</p> <p>Title changed to reflect unit content.</p> <p>Unit covers guiding skills no matter what the duration of the trail ride.</p> <p>Unit now focuses on delivering the activity rather than planning; planning removed.</p> <p>Planning skills for leaders covered in SISOPLN001, SISOPLN002, & SISOPLN005, and SISOEQU010.</p> <p>Selection of temporary stops removed; covered in SISOFD003 Select, set up and operate a temporary or overnight site.</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p> <p>Unit Release 2. No change to unit content from Release 1; mapping updated for accuracy.</p>
SISOEQO414A Instruct horse riding and handling skills	SISOEQU0009 Instruct the advancement of recreational horse riding skills	<p>N</p> <p>Title changed to reflect unit content.</p> <p>Content for horse handling removed; instructing in handling covered in:</p> <p>SISOEQU007 Instruct horse handling skills</p> <p>Significant additions to performance criteria and knowledge evidence.</p> <p>Prerequisites added -SISOEQU008 Instruct fundamental horse riding skills, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.</p>
SISOEQO418A Apply anatomy and physiology to Equine performance	SISOEQU012 Assess horses for sport or recreational performance	<p>N</p> <p>Title changed to better reflect intent of the Unit also to reflect industry applicability.</p> <p>Assessing physiological capacity and health of horses removed; requires</p>

Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		considerable specialist knowledge far exceeding scope of the unit. Prerequisites added -SISOEQU001 Handle horses, and SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities.
SISOEQO515A Manage stable maintenance	Deleted	Replaced by imported unit: ACHPHR407 Implement an Equine facility maintenance, improvement and management program.
New Unit	SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities	New Unit Covers the processes necessary to manage the significant safety risks associated with horse handling, instructing, coaching, guiding and riding activities.

1.6.5 Sport

Table 9: Sport Unit of competency mapping between SIS10 V3.1 and SIS V4.0 Sport, Fitness and Recreation Training Package

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
Australian Football		
SISSAFL201A Perform the intermediate skills of Australian Football	SISSAFL001 Participate in Australian football at an intermediate level	N. Title changed. Incorporates content from:
SISSAFL202A Perform the intermediate tactics of Australian Football		SISSAFL201A Perform the intermediate skills of Australian Football SISSAFL202A Perform the intermediate tactics of Australian Football
SISSAFL203A Participate in conditioning for Australian Football	SISSPAR009 Participate in conditioning for sport	N. Title changed. Incorporates content from: SISSAFL203A Participate in conditioning for Australian Football SISSNTB203A Participate in conditioning for netball

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSAFL304A Perform the advanced skills of Australian Football	SISSAFL002 Participate in Australian football at an advanced level	N. Title changed. Incorporates content from: SISSAFL304A Perform the advanced skills of Australian Football SISSAFL305A Perform the advanced tactics of Australian Football
SISSAFL305A Perform the advanced tactics of Australian Football		
SISSAFL406A Teach the intermediate skills of Australian Football	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSAFL407A Teach the intermediate tactics of Australian Football	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
Athletics		
SISSATH201A Teach the fundamental skills of athletics	SISSATH001 Conduct athletics coaching sessions with foundation level participants	E. Title changed. Updated to the Standards for Training Packages 2012.
Basketball		
SISSBSB201A Teach fundamental basketball skills	SISSBSB001 Conduct basketball coaching sessions with foundation level participants	N. Title changed. Incorporates content from: SISSBSB201A Teach fundamental basketball skills SISSBSB202A Teach fundamental basketball tactics and game strategy SISSBSB205 Interpret and apply the rules of basketball
SISSBSB202A Teach fundamental basketball tactics and game strategy		
SISSBSB205 Interpret and apply the rules of basketball		
SISSBSB205 Interpret and apply the rules of basketball	SISSBSB002 Coach basketball participants up to an intermediate level	N. Title changed. Incorporates content from: SISSBSB303A Teach intermediate level
SISSBSB304A Teach intermediate level		

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
basketball tactics and game strategy		basketball skills SISSBSB304A Teach intermediate level basketball tactics and game strategy SISSBSB205 Interpret and apply the rules of basketball
SISSBSB303A Teach intermediate level basketball skills		
Cricket		
SISSCKT201A Perform the intermediate skills of cricket	SISSCKT001 Participate in cricket at an intermediate level	N. Title changed. Incorporates content from: SISSCKT201A Perform the intermediate skills of cricket SISSCKT202A Perform the intermediate tactics and strategies of cricket
SISSCKT202A Perform the intermediate tactics and strategies of cricket		
SISSCKT303A Participate in conditioning for cricket	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSCKT304A Perform the advanced skills of cricket	SISSCKT002 Participate in cricket at an advanced level	N. Title changed. Incorporates content from: SISSCKT304A Perform the advanced skills of cricket SISSCKT305A Perform the advanced tactics and strategies of cricket
SISSCKT305A Perform the advanced tactics and strategies of cricket		
SISSCKT306A Teach the intermediate skills of cricket	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCKT307A Teach the intermediate tactics and strategies of cricket	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCKT408A Teach the advanced skills of cricket	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSCKT409A Teach the advanced tactics and strategies of cricket	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
Competitive Canoeing		
SISSCNO201A Perform the intermediate skills and tactics of canoeing	Deleted	
SISSCNO302A Teach the intermediate skills and tactics of flatwater canoeing	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO303A Teach the intermediate skills and tactics of whitewater canoeing	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO304A Teach the intermediate skills and tactics of canoe polo	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSCNO305A Perform the advanced skills and tactics of canoeing	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSCNO406A Teach the advanced skills and tactics of flatwater canoeing	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSCNO407A Teach the advanced skills and tactics of slalom canoeing	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
Equestrian Activities		
SISSEQS301A Demonstrate basic dressage, show jumping and cross-country riding	Deleted	

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSEQS302A Demonstrate basic dressage and show horse skills	Deleted	
SISSEQS303A Teach the fundamental skills of riding	SISOEQU008 Instruct fundamental horse riding skills	N Title changed Two units merged due to overlap of skills coverage and duplication of content: SISOEQO303A Conduct horse riding sessions in an arena SISSEQS303A Teach the fundamental skills of riding Significant additions to performance criteria and knowledge evidence Prerequisite added: SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities
SISSEQS404A Teach the intermediate skills of riding on the flat	Deleted	
SISSEQS405A Teach the intermediate skills of riding over fences	Deleted	
New Unit	SISSEQS001 Coach individual participants in the introduction of equestrian activities	
New Unit	SISSEQS002 Coach unofficial local competition competitors in equestrian	
New Unit	SISSEQS003 Coach official national competition participants in equestrian	
Golf		
SISSGLF201 Perform the A-Grade skills of golf		N.

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSGLF202 Apply the A-Grade tactics and strategies of golf	SISSGLF002 Participate in golf at an intermediate level	Title changed. Incorporates content from: SISSGLF201 Perform the A-Grade skills of golf SISSGLF202 Apply the A-Grade tactics and strategies of golf SISSGLF316 Interpret and apply the rules of golf
SISSGLF316 Interpret and apply the rules of golf		
SISSGLF307 Participate in conditioning for golf	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSGLF314 Perform the advanced skills of golf	SISSGLF003 Participate in golf at an advanced level	N. Title changed. Incorporates content from: SISSGLF314 Perform the advanced skills of golf SISSGLF315 Apply the advanced tactics and strategies of golf SISSGLF316 Interpret and apply the rules of golf
SISSGLF315 Apply the advanced tactics and strategies of golf		
SISSGLF316 Interpret and apply the rules of golf		
SISSGLF510 Fit and alter golf equipment	SISSGLF004 Fit and alter golf equipment	E. Unit updated to the Standards for Training Package 2012.
SISSGLF512 Manage the structure and facilitation of golf competitions and tournaments	SISSGLF005 Manage the structure and facilitation of golf competitions and tournaments	E. Unit updated to the Standards for Training Package 2012.
SISSGLF517 Apply advanced skills, tactics and strategies of golf in high performance competition	SISSGLF006 Participate in high performance golf tournaments	E. Title changed. Unit updated to the Standards for Training Package 2012.
SISSGLF518 Teach the advanced skills of golf	SISSGLF001 Coach advanced level golfers	N. Title changed. Incorporates content from: SISSGLF316 Interpret and apply the rules of
SISSGLF519 Teach the advanced tactics and strategies of golf		

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSGLF316 Interpret and apply the rules of golf		golf SISSGLF518 Teach the advanced skills of golf SISSGLF519 Teach the advanced tactics and strategies of golf
SISSGLF520 Design and implement strategies to increase junior participation in golf	Deleted	Relevant content covered in cross-sector unit: SISXIND007 Develop and implement participation strategies
SISSGLF521 Manage on course golf operations	SISSGLF007 Manage on-course golf operations	E. Unit updated to the Standards for Training Package 2012
Gymnastics		
SISSGYN201A Teach fundamental gymnastic skills	Deleted	
SISSGYN302A Teach fundamental gymnastic skills for infants	Deleted	
Martial Arts		
SISSMAR201A Teach the intermediate skills of martial arts	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSMAR402A Teach the advanced skills of martial arts	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSMAR503A Teach the high performance skills of martial arts	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
Netball		
SISSNTB201A Use intermediate level netball skills	SISSNTB002 Participate in netball at an intermediate level	N. Incorporates content from:

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSNTB202A Use intermediate level netball tactics and game strategy in netball play		SISSNTB201A Use intermediate level netball skills SISSNTB202A Use intermediate level netball tactics and game strategy in netball play
SISSNTB203A Participate in conditioning for netball	SISSPAR009 Participate in conditioning for sport	N. Incorporates content from: SISSAFL203A Participate in conditioning for Australian Football SISNTB203A Participate in conditioning for netball
SISSNTB204A Teach foundation netball skills	SISNTB001 Conduct netball coaching sessions with foundation level participants	N. Title changed. Significant changes to content.
SISSNTB305A Use advanced level tactics and game strategy in netball play	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSNTB306A Use advanced level netball skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSNTB407A Teach intermediate level netball skills	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSCO012 Coach sport participants up to an intermediate level
SISSNTB408A Teach intermediate level netball tactics and game strategy	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSCO012 Coach sport participants up to an intermediate level
Participation		
New unit	SISSPAR001 Participate in sport at an intermediate level	
SISSCOP201A Prepare a pre or post event meal	SISSPAR003 Follow specialist dietary advice	N. Title changed. Significant changes to content.

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSCOP202A Develop a personal management plan	Deleted	Relevant content is covered in: SISSSCO005 Continuously improve coaching skills and knowledge and SIRXIND005 Develop personal productivity
SISSCOP203A Develop a travel and accommodation plan	SISSPAR004 Book athlete travel and accommodation	N. Title changed. Significant changes to content.
SISSCOP204A Develop personal media skills	SISSPAR005 Develop athlete personal brand	N. Title changed. Significant changes to content.
SISSCOP205A Develop a personal financial plan	Deleted	Relevant content is covered in: FNSFLT201 Develop and use a personal budget
SISSCOP306A Prepare a sponsorship proposal	SISSPAR006 Prepare and present athlete sponsorship proposals	E. Title changed. Unit updated to the Standards for Training Package 2012.
SISSCOP307A Manage personal finances	Deleted	The industry relevant content from this unit is captured in: FNSFLT301 Be MoneySmart
SISSCOP308A Model the responsibilities of an elite athlete	Deleted	Relevant content is covered in: SISSPAR007 Work as an athlete
SISSCOP309A Design an athlete's diet	Deleted	
New unit	SISSPAR007 Work as an athlete	
New unit	SISSPAR008 Maintain personal wellbeing as an athlete	
Rugby League		
SISSRGL201A Use intermediate level Rugby League game skills	SISSRGL002 Participate in rugby league at an intermediate level	N. Title changed. Incorporates content from: SISSRGL201A Use intermediate level Rugby
SISSRGL202A Use intermediate level tactics		

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
and game strategy in Rugby League play		League game skills SISSRGL202A Use intermediate level tactics and game strategy in Rugby League play
SISSRGL203A Participate in conditioning for Rugby League	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSRGL204A Teach the skills of Rugby League for modified games	SISSRGL001 Conduct rugby league coaching sessions with foundation level participants	N. Title changed. Significant changes to content.
SISSRGL305A Use advanced level Rugby League game skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGL306A Teach intermediate level Rugby League game skills	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSRGL307A Teach intermediate level Rugby League tactics and game strategy	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSRGL308A Use advanced level tactics and game strategy in Rugby League play	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGL409A Teach advanced level Rugby League game skills	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSRGL410A Teach advanced level Rugby League tactics and game strategy	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSRGL511A Teach high performance Rugby League game skills	Deleted	

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSRGL512A Teach high performance Rugby League tactics and game strategy	Deleted	
Rugby Union		
SISSRGU201A Perform foundation level Rugby Union skills	Deleted	Relevant content covered in generic intermediate level participation unit: SISSPAR001 Participate in sport at an intermediate level
SISSRGU202A Perform foundation level Rugby Union tactics and strategies	Deleted	Relevant content covered in generic intermediate level participation unit: SISSPAR001 Participate in sport at an intermediate level
SISSRGU203A Participate in conditioning for Rugby Union	Deleted	Relevant content covered in generic conditioning unit: SISSPAR009 Participate in conditioning for sport
SISSRGU204A Officiate junior level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSRGU205A Officiate local or district level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSRGU306A Perform advanced level Rugby Union skills	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGU307A Perform advanced level Rugby Union tactics and strategies	Deleted	Relevant content covered in generic advanced level participation unit: SISSPAR002 Participate in sport at an advanced level
SISSRGU308A Teach Rugby Union tactics and strategies at a foundation level	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSRGU309A Teach Rugby Union skills at a foundation level	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants
SISSRGU410A Officiate advanced level Rugby Union	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
Sailing		
SISSSAI301A Teach the basic tactics and strategies of sailing	Deleted	Relevant content covered in generic foundation level coaching unit: SISSSCO001 Conduct sport coaching sessions with foundation level participants
SISSSAI402A Teach the advanced tactics and strategies of sailing	Deleted	Relevant content covered in generic advanced level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
Sport Coaching		
SISSSCO101 Develop and update knowledge of coaching practices	SISSSCO005 Continuously improve coaching skills and knowledge	N. Significant changes to content. Incorporates content from: SISSSCO101 Develop and update knowledge of coaching practices SISSSCO411 Apply self-management to intermediate level coaching
SISSSCO411 Apply self-management to intermediate level coaching		
SISSSCO202 Coach beginner or novice participants to develop fundamental motor skills	SISSSCO001 Conduct sport coaching sessions with foundation level participants	N. Title changed. Significant changes to content.
New unit	SISSSCO002 Work in a community coaching role	
SISSSCO303 Plan and deliver coaching programs	SISSSCO004 Plan, conduct and review coaching programs	N. Title changed. Significant changes to content.
SISSSCO304 Customise coaching for athletes with specific needs	SISSSCO003 Meet participant coaching needs	N. Title changed.

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Significant changes to content.
SISSSCO305 Implement selection policies	SISSSCO006 Implement sport selection policies and procedures	N. Title changed. Significant changes to content.
SISSSCO306 Provide drugs in sport information	SISSSCO008 Apply anti-doping policies	N. Title changed. Significant changes to content.
SISSSCO307 Provide nutrition information to athletes	Deleted	
SISSSCO308 Support athletes to adopt principles of sports psychology	SISSSCO007 Apply sport psychology principles	N. Title changed. Significant changes to content.
SISSSCO409 Work collaboratively with support personnel	SISSSCO009 Work collaboratively with others in a sport environment	N. Title changed. Significant changes to content.
SISSSCO410 Implement a talent identification program	SISSSCO010 Implement sport talent identification programs	E. Unit updated to the Standards for Training Package 2012..
SISSSCO512 Assist athletes to prevent and manage injury and illness	Deleted	
New unit	SISSSCO011 Manage integrity in sport	
New unit	SISSSCO012 Coach sport participants up to an intermediate level	
New unit	SISSSCO013 Coach sport participants up to an advanced level	
New unit	SISSSCO014 Develop sport coaches	
New unit	SISSSCO015 Prepare participants for sport competition	

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
New unit	SISSSCO016 Coach participants in sport competition	
Sport Development		
SISSSDE201 Communicate effectively with others in a sport environment	Deleted	Communication skills are embedded throughout coaching and officiating units.
SISSSDE502 Design and implement strategies to increase participation	Deleted	Relevant content covered in cross-sector unit: SISXIND007 Develop and implement participation strategies
SISSSDE503 Develop volunteer management policies	Deleted	Relevant content covered in: CHCVOL004 Manage volunteer workforce development
Soccer		
SISSSOC301A Perform advanced level soccer skills	SISSPAR002 Participate in sport at an advanced level	N Title changed. Incorporates content from: SISSSOC301A Perform advanced level soccer skills SISSSOC302A Perform advanced level soccer tactics and strategies
SISSSOC302A Perform advanced level soccer tactics and strategies		
Sport Officiating		
New unit	SISSSOF001 Work as an official in sport	
SISSSOF101 Develop and update officiating knowledge	SISSSOF002 Continuously improve officiating skills and knowledge	N. Title changed. Incorporates content from: SISSSOF101 Develop and update officiating knowledge SISSSOF306 Apply self-management to enhance high performance officiating
SISSSOF306 Apply self-management to enhance high performance officiating		
SISSSOF202 Officiate games or competitions	SISSSOF003 Officiate sport competitions	N. Title changed.

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		Significant changes to content.
SISSSOF203 Judge competitive situations	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSSOF304 Roster officials	Deleted	
SISSSOF305 Officiate in a high performance environment	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSSOF307 Coach officials	Deleted	
Sports Administration		
SISSSPA301A Coordinate regional touring athletes	Deleted	Relevant content covered in: SISXADM001 Organise and supervise participant travel
SISSSPA402A Coordinate international touring athletes	Deleted	Relevant content covered in: SISXADM001 Organise and supervise participant travel
SISSSPA403A Administer a team or group	Deleted	
SISSSPA404A Implement accreditation and registration systems	Deleted	
SISSSPA505A Coordinate team or group management	Deleted	
SISSSPA506A Coordinate team or group administration	Deleted	
Sports Trainer		
SISSSPT201A Implement sports injury prevention	SISSSPT001 Implement sport injury prevention and management strategies	N. Significant changes to content and prerequisite added. Incorporates content from: SISSSPT201A Implement sports injury
SISSSPT302A Provide initial management of sports injuries		

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSTPT303A Conduct basic warm-up and cool-down programs		prevention
SISSTPT304A Tape ankle, thumb and fingers		SISSTPT302A Provide initial management of sports injuries
SISSTPT305A Support sports injury management		SISSTPT303A Conduct basic warm-up and cool-down programs
SISSTPT306A Deal with medical conditions in a sport setting		SISSTPT304A Tape ankle, thumb and fingers
SISSTPT307A Conduct advanced taping		SISSTPT305A Support sports injury management
		SISSTPT306A Deal with medical conditions in a sport setting
		SISSTPT307A Conduct advanced taping
Squash		
SISSTQU201A Teach the fundamental skills of squash	SISSTQU001 Conduct squash coaching sessions with foundation level participants	N.
SISSTQU202A Teach the basic tactics and strategies of squash		Significant changes to content. Incorporates content from: SISSTQU201A Teach the fundamental skills of squash SISSTQU202A Teach the basic tactics and strategies of squash
SISSTQU303A Teach the intermediate skills of squash	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSTCO012 Coach sport participants up to an intermediate level
SISSTQU304A Teach the intermediate tactics and strategies of squash	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSTCO012 Coach sport participants up to an intermediate level
Surf Life Saving		
SISSTUR201A Teach the basic skills of surf life saving	SISSTUR001 Conduct surf life saving coaching sessions with foundation level participants	E. Title changed. Unit updated to the Standards for Training Package 2012.
SISSTUR202A Officiate beginner level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit:

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
		SISSSOF003 Officiate sport competitions
SISSSUR303A Teach the intermediate skills of surf life saving	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSSUR304A Officiate intermediate level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
SISSSUR405A Teach the advanced skills of surf life saving	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSSUR406A Officiate advanced level surf life saving competitions	Deleted	Relevant content covered in generic officiating unit: SISSSOF003 Officiate sport competitions
Swimming		
SISSSWM301A Teach the competitive strokes of swimming	SISSSWM001 Coach swimmers up to a competitive level	N. Title changed. Significant changes to content.
SISSSWM302A Plan a program for a competitive swimmer	Deleted	Relevant content covered in: SISSSCO004 Plan, conduct and review coaching programs
SISSSWM303A Teach the advanced skills of competitive swimming	SISSSWM002 Coach swimmers up to a high performance level	N. Title changed. Significant changes to content.
New unit	SISSSWM003 Coach swimmers up to an elite level	
Tennis		
SISSTNS204 Conduct red stage tennis activities	SISSTNS001 Coach junior players in tennis	N. Title changed. Significant changes to content. Incorporates content from:
SISSTNS205 Interpret and apply the rules and regulations of tennis		

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSTNS206 Develop and update knowledge of tennis development programs		SISSTNS204 Conduct red stage tennis activities SISSTNS205 Interpret and apply the rules and regulations of tennis SISSTNS206 Develop and update knowledge of tennis development programs SISSTNS307 Coach red stage tennis players SISSTNS308 Coach orange stage tennis players SISSTNS309 Coach green stage tennis players
SISSTNS307 Coach red stage tennis players		
SISSTNS308 Coach orange stage tennis players		
SISSTNS309 Coach green stage tennis players		
SISSTNS205 Interpret and apply the rules and regulations of tennis	SISSTNS002 Coach intermediate players in tennis	N. Title changed. Significant changes to content. Incorporates content from: SISSTNS205 Interpret and apply the rules and regulations of tennis SISSTNS206 Develop and update knowledge of tennis development programs SISSTNS410 Coach stroke production for intermediate tennis players SISSTNS411 Coach tactics for intermediate tennis players
SISSTNS206 Develop and update knowledge of tennis development programs		
SISSTNS410 Coach stroke production for intermediate tennis players		
SISSTNS411 Coach tactics for intermediate tennis players		
SISSTNS512 Coach stroke production for high performance tennis players	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSTNS513 Coach tactics for high performance	Deleted	Relevant content covered in generic advanced-level coaching unit: SISSSCO013 Coach sport participants up to an advanced level
Touch Football		
SISSTOU201A Perform the intermediate skills of Touch	SISSTOU001 Participate in touch at an intermediate level	N. Significant changes to content.

Unit of Competency Mapping – SIS10 V3.1 to SIS V4.0		
Previous Unit Code and Title SIS10 V3.1	Replacement Unit Code and Title SIS V4.0	Comment in relation to previous version E = Equivalent N = Not Equivalent
SISSTOU202A Perform the intermediate tactics and strategies of Touch		Incorporates content from: SISSTOU201A Perform the intermediate skills of Touch SISSTOU202A Perform the intermediate tactics and strategies of Touch
SISSTOU303A Teach the intermediate skills of Touch	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
SISSTOU304A Teach the intermediate tactics and strategies of Touch	Deleted	Relevant content covered in generic intermediate-level coaching unit: SISSSCO012 Coach sport participants up to an intermediate level
Tenpin Bowling		
SISSTPB201A Teach fundamental tenpin bowling skills	SISSTPB001 Conduct tenpin bowling coaching sessions with foundation level participants	N. Title changed. Significant changes to content.
Volleyball		
SISSVOL301A Teach the intermediate skills of volleyball	SISSVOL001 Coach volleyball participants up to an intermediate level	N. Significant changes to content. Incorporates content from: SISSVOL301A Teach the intermediate skills of volleyball SISSVOL302A Teach the intermediate tactics and strategies of volleyball
SISSVOL302A Teach the intermediate tactics and strategies of volleyball		
SISSVOL403A Teach the advanced skill of volleyball	Deleted	Relevant content covered in generic advanced coaching unit: SISSSCO013 Coach sport participants up to an advanced level
SISSVOL404A Teach the advanced tactics and strategies of volleyball	Deleted	Relevant content covered in generic advanced coaching unit: SISSSCO013 Coach sport participants up to an advanced level

1.7 Key Work and Training Requirements in the Industry

1.7.1 Overview of the Sport, Fitness and Recreation Industry

The sport, fitness and recreation landscape is complicated. It comprises four industry sectors—sport, fitness, community recreation and outdoor recreation—that are made up of:

- not-for-profits (including volunteer organisations)
- government bodies (local, state and federal)
- commercial enterprises (from large companies down to sole traders like personal trainers).

It also intersects with a number of other sectors, particularly tourism, education and health. For example, outdoor recreation overlaps with both the tourism and education sectors, and the fitness sector overlaps with the health sector.

There are 68,907 people employed in the industries covered by the Sport, Fitness and Recreation Training Package, with a total of 76,417 recorded as working in the industry overall.³

Additionally, the involvement of volunteers is a key feature of the industry. The activities they undertake include assisting an organisation to run smoothly (e.g. performing administration and fundraising tasks) and providing information and advice (including coaching), as well as providing practical assistance to others, such as serving food and helping with grounds maintenance. Sport and recreation sectors benefit significantly from the input of volunteers, with sporting organisations relying heavily on volunteers to provide services for their members.

1.8 Regulation and Licensing Implications for implementation

Sport, fitness and recreation industry personnel must comply with general laws that regulate customer, business and employee interaction.

Occupational and licensing requirements impacting on the *SIS Sport, Fitness and Recreation Training Package* are outlined in Table :

Table 10: Impact of Regulation and Licensing Requirements on the SIS Sport, Fitness and Recreation Training Package

Unit of Competency	Occupational and Licensing Requirements
SISCAQU002 Perform basic water rescues	For specific licensing requirements relating to these Units of Competency, including requirements for refresher training, refer to the relevant state/territory regulatory bodies and the details provided in Section 1.2.1 .
SISCAQU007 Perform advanced water rescues	
SISCAQU014 Operate self-contained breathing apparatus in an aquatic facility	This unit applies to those working at aquatic facilities where chlorine gas is used. The Australian and New Zealand Safety Standard 2927 requires a SCBA to be kept at any public swimming pool or public place where chlorine is stored or used. The Western Australian Code of Practice for the Design, Construction, Operation, Management and Maintenance of Aquatic Facilities imposes conditions on Pool

³ ABS, 2019, Census Table Builder (Census of Population and Housing 2016) Includes the occupations Sport and Fitness Workers nfd, Outdoor Adventure Guides, Sportspersons, Fitness Instructors and Sport Coaches, Instructors and Officials

	<p>Operators of Group 1 Swimming Pools to hold this Unit of Competence.</p> <p>With regard to other states and territories, no licensing, regulatory or certification requirements apply to this unit at the time of publication.</p>
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Wherever knowledge of a specific law, regulation or licensing arrangement is required to effectively perform a job task described in the Unit of Competency, it is covered in the Knowledge Evidence field of the Assessment Requirements. The Assessment Conditions field requires RTOs to provide current regulatory documents to assist the assessment.

For example, the Knowledge Evidence field of the Unit of Competency SISCCRO001 Plan and conduct recreation programs for older persons is provided in Table 11.

Table 11: Knowledge Evidence for SISCCRO001 Plan and conduct recreation programs for older persons

Knowledge Evidence of relevant law:	Assessment Conditions resource requirement:
<ul style="list-style-type: none"> • legislative and regulatory requirements that support and facilitate safe conduct of recreation programs for older participants: <ul style="list-style-type: none"> ◦ work health and safety/occupational health and safety ◦ privacy and confidentiality ◦ duty of care ◦ equal opportunity and anti-discrimination ◦ sexual harassment. • organisational policies and procedures for planning and conducting an recreation programs for older participants: <ul style="list-style-type: none"> ◦ appropriate use of equipment and venues ◦ work health and safety/occupational health and safety ◦ risk minimisation ◦ privacy ◦ duty of care ◦ extent and limitations of responsibilities ◦ time constraints and scheduling requirements ◦ budget allocation ◦ use of modified equipment ◦ use of aids. 	<ul style="list-style-type: none"> • industry or organisational documentation such as program plans, forms relating to equipment checks and equipment damage • legislation and organisational policies and procedures in relation to the conduct of programs for older persons.

2.0 Implementation Information

2.1 Key Training Package and Industry Features

The competencies in this training package may be attained via:

- formal or informal education and training
- experience in the workplace
- general life experience, and/or
- any combination of the above.

2.1.1 Resourcing Training and Assessment Pathways

The delivery of training and assessment within a realistic operational environment using current industry tools, equipment, documents and other resources is essential to produce graduates that are immediately useful and competent in an industry environment.

Mandatory conditions and resources are specified in the Assessment Conditions field in the Assessment Requirements for each Unit of Competency. The mandatory resources include the:

- physical environment where assessment must take place
- equipment and resources that must be provided
- consumable resources or stock that must be provided
- workplace documentation required
- people who must be present, if relevant
- time imperatives and/or time constraints
- assessor requirements.

The availability of these resources will need to be considered when selecting an appropriate training and assessment pathway.

2.1.2 Simulated Assessment

Where workplace assessment of a Unit of Competency is not practical, a Simulated Assessment Environment (SAE) may be used. The SAE must simulate real life working conditions with all the relevant equipment and conditions of that working environment, including interactions with clients and co-workers.

In reality, candidates have to perform the required skills as a component of multiple tasks, within a multi-disciplinary team and with interruptions, difficult clients and unexpected glitches. These conditions must also be replicated in the SAE.

Figure 1 provides an example of the Assessment Conditions for the Unit of Competency, SISFFIT015 Collaborate with medical and allied health professionals in a fitness context, which allows a Simulated Assessment Environment

Figure 1: Assessment Conditions for SISFFIT015 Collaborate with medical and allied health professionals in a fitness context

Skills must be demonstrated in:

- a workplace or simulated fitness industry environment that offers a variety of services and facilities suitable for working collaboratively with medical and allied health professionals.

Assessment must ensure use of:

- a variety of equipment appropriate for use by clients
- industry endorsed screening and risk stratification procedures
- documented session plans with inclusion of identified modifications/adjustments in response to guidance from a medical or allied health professional

- learning and assessment tools validated by an accredited/registered allied health professional with at least two years' current experience in clinical practice
- clients and medical or allied health professionals for referral processes; these can be:
 - clients, and medical or allied health professionals in the workplace, or
 - individuals who participate in project activities, role plays or simulated activities, set up for the purpose of assessment, within a training organisation.

Assessment must ensure access to:

- industry endorsed scope of practice
- manufacturer guidelines on equipment safety and usage
- organisational policies and procedures related to working with medical and allied health professionals.

Assessment activities that allow the individual to:

- deliver a variety of exercise programs for clients where the personal trainer requires guidance from a medical or allied health professional to work within scope of practice
- deliver programs over a period of time, ensuring adequate time to allow for the implementation of required modifications
- complete and update client records:
 - pre-exercise screening documents
 - program as prescribed
 - modifications
 - client consent
 - copies of any communications.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors; and

- have achieved a Diploma of Fitness; and
- have at least 1 year consecutive post qualification fitness industry experience in the application of the skills and knowledge of the Diploma of Fitness.

2.1.3 Work Placement Hours for Fitness

Industry strongly supports the use of work placements in the fitness sector for a number of reasons:

- to strengthen the individual's experience of the workplace to support expectations of performance in the workplace
- to practise skills and apply knowledge within the workplace, which promotes stronger embedding of learning
- to provide exposure to real workplace situations and circumstances which cannot be replicated in a learning environment or simulation.

Further, work placements can also prepare individual candidates for their assessment experiences. Learning and practicing skills in the classroom or simulated learning environment, and then coming to the workplace only for assessment, can prove challenging to the individual as they encounter a new environment for assessment. Work placements, when integrated with learning, can also be used for 'on the spot' assessment and to capture a range of evidence to support a decision of competency.

To successfully conduct training and assessment in the workplace, the RTO must provide the learner and workplace supervisor with an agreed, structured learning plan that indicates the purpose of the work placement and the minimum requirements for training and assessment in the

specified Units of Competency. It should also clearly identify the training, monitoring and assessment roles and responsibilities of both parties.

Work placements should always involve the appropriate supervision and guidance from supervisors in the workplace and trainers and assessors from the RTO. In sourcing an appropriate workplace, attention should also be paid to the availability of opportunities for the learner to observe, develop and practise required skills, and the availability of appropriately qualified workplace supervisors.

Table details the hours of work placement suggested for relevant qualifications within the SIS Sport, Fitness and Recreation Training Package, as determined through consultation with industry.

Table 12: Suggested Work Placement Hours for Qualifications within the SIS Sport, Fitness and Recreation Training Package

Qualification Code	Qualification Title	Work Placement
SIS30315	Certificate III in Fitness	30 hours
SIS40215	Certificate IV in Fitness	40 hours
SIS50215	Diploma of Fitness	50 hours

Evidence of work placement should be collected and may include timesheets, log books, meeting minutes or other forms of workplace documentation

Where an individual has undertaken a qualification involving a work placement, those hours should not mean a decrease in the hours required for the subsequent qualifications if there is no overlap of core Units of Competency.

2.1.4 Assessment Hours for Fitness

Mandatory assessment hours and client contact sessions have been included in several units of competency within the *SIS Sport, Fitness and Recreation Training Package* that relate to fitness.

Table provides the assessment hours and client contact sessions for relevant units of competency within the SIS Sport, Fitness and Recreation Training Package, as determined through consultation with the fitness industry.

Table 13: Assessment Hours and Client Contact Sessions for Relevant Units of Competency within the SIS Sport, Fitness and Recreation Training Package

Unit Code	Unit Title	Assessment Hours	Client Contact Sessions
SISFFIT001	Provide health screening and fitness orientation	3	5
SISFFIT003	Instruct fitness programs	8	8
SISFFIT005	Provide healthy eating information	2	5
SISFFIT006	Conduct fitness appraisals	5	5
SISFFIT008	Instruct water based fitness activities	8	8

Unit Code	Unit Title	Assessment Hours	Client Contact Sessions
SISFFIT014	Instruct exercise to older clients	5	5
SISFFIT016	Provide motivation to positively influence exercise behaviour	3	3
SISFFIT017	Instruct long term exercise programs	10	10
SISFFIT018	Promote functional movement capacity	8	5
SISFFIT019	Incorporate exercise science principles into fitness programming	5	5
SISFFIT020	Instruct exercise programs for body composition goals	10	10
SISFFIT021	Instruct personal training programs	10	10
SISFFIT023	Instruct group personal training programs	10	10
SISFFIT026	Support healthy eating through the Eat for Health Program	5	5
SISFFIT027	Conduct health promotion activities	5	3
SISFFIT030	Instruct advanced exercise programs	10	10
SISFFIT031	Implement injury prevention strategies	15	10

2.1.5 Contextualisation of Sport Units

Specific sports are represented nationally by Nationally Sporting Organisations (NSOs) recognised by Sport Australia. For example, tennis is represented by Tennis Australia.

NSOs are responsible for meeting Sport Australia compliance expectations in relation to sport governance, finance, participation and safe sport. Registered Training Organisations should obtain information from the relevant NSO to ensure the most current sport policies and procedures are available for training and assessment and to contextualise delivery and assessment. A list of NSOs is available from the Australian Sports Directory website: https://www.sportaus.gov.au/australian_sports_directory.

Some sports are covered by sport-specific units. Sport-specific units include the name of the sport in the unit title and may or may not be included in a qualification specialisation depending on the sport. All other sports are covered by generic sport units that must be contextualised to the specific sport.

2.2 Industry Sectors

2.2.1 Sport

The sport sector includes a diverse range of sport clubs and organisations ranging from small community sport clubs to schools to large professional National Sporting Organisations. Sport sector occupations include coaches, athletes, sport trainers and officials. The workforce includes paid and volunteer employment.

Sport Australia is Australia’s primary national sports administration and advisory agency.

Sport Australia is the operating brand name of the Australian Sports Commission (ASC), a Commonwealth entity within the Australian Government’s Department of Health Portfolio.

Sport Australia works directly with sporting organisations, peak bodies, the Office for Sport, state and territory departments, institutes and academies of sport, and the business sector.

Further information can be found on the Sport Australia [website](#).

2.2.2 Fitness

The fitness sector encompasses the provision of fitness and exercise services in the context of health clubs, fitness centres and gyms, as well as the provision of personal training on an individual and group basis in a variety of settings.

The Australian Bureau of Statistics (ABS) defines fitness professionals as those who ‘direct, instruct and guide individuals and groups in the pursuit of physical fitness and wellbeing’.⁴ This includes a broad range of fitness service occupations, such as gym and group instructors, and personal, aqua, and other specialised trainers.

2.2.3 Community Recreation

Recreation is defined as activities that require physical exertion but are predominantly engaged in for the purpose of enjoyment. However, the ABS does not differentiate between sport and recreation. The sport and recreation sector encompasses a broad range of services to promote an active and healthy lifestyle, and is comprised of a diverse set of business and organisation types. These include not-for-profit organisations including many volunteer-run organisations; local, state or federal government managed bodies; and businesses ranging in size.

Community recreation, refers to recreation at the community level, such as community recreation facilities and community activity programs. The organisations involved in community recreation are diverse and run across national, state and territory, and local levels. The delivery of community recreation activities is facilitated by commercial providers, clubs, schools, higher education institutions and youth and community groups. Recreation activities are also supported by the management of venues and facilities, such as aquatics centres, outdoor centres and camps. Relevant organisations include peak and representative bodies for individual recreation activities and for the sector as a whole.

Recreation receives a great deal of assistance from all levels of government: local governments, state and territory sport and recreation government departments and at the federal level.

2.2.4 Outdoor Recreation

Please see the separate **Outdoor Recreation Companion Volume Implementation Guide** for specific information relating to outdoor recreation training package products.

2.2.5 Occupational Outcomes of Qualifications

Table 6: Occupational Outcomes of Qualifications by Industry Sector

Qualification	Occupational Outcome
COMMUNITY RECREATION	

⁴ The occupational title used by the ABS is ‘Fitness Instructors,’ however industry has explicitly stated that ‘Fitness Professionals’ is more appropriate. The statistics presented in this Environmental Scan are drawn from the ABS category of ‘Fitness Instructors’ but will use the title of ‘Fitness Professionals.’ Australian Bureau of Statistics (2013) ANZSCO – Australian and New Zealand Standard Classification of Occupation, 2013, Version 1.2, Cat 1220.0.

Qualification	Occupational Outcome
<p>SIS31015 Certificate III in Aquatics and Community Recreation</p>	<p>This qualification reflects the role of individuals who work in aquatic facilities or environments, and recreation facilities. These individuals are competent in a range of activities and functions requiring autonomous work within a defined range of situations and activities.</p> <p>This qualification provides a pathway to work as a swimming teacher, pool lifeguard, or recreation leader.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • swimming teacher • pool lifeguard • recreation leader.
FITNESS	
<p>SIS30315 Certificate III in Fitness</p>	<p>This qualification reflects the role of instructors who perform a range of activities and functions within the fitness industry. Depending on the specialisation chosen, this qualification provides a pathway to work as an instructor providing exercise instruction for group, aqua or gym programs.</p> <p>They work independently with some level of autonomy in a controlled environment such as fitness, leisure, aquatic and community centres where risks are managed through pre-existing risk assessment and hazard control processes.</p> <p>Individuals who specialise in Aqua Exercise Instruction deliver water-based exercise sessions designed for participation by a group of clients. Sessions may be freestyle, pre-choreographed or circuit style. They also have the skills to rescue a client in distress, and an appropriate level of pool deck fitness and endurance.</p> <p>Individuals who specialise in Group Exercise Instruction deliver exercise sessions designed for participation by a group of clients with a mix of ages/fitness levels. Sessions may be freestyle, pre-choreographed or circuit style. These individuals instruct and demonstrate complete exercise sessions to groups with limited individual interaction.</p> <p>Individuals who specialise in Gym Instruction provide individually tailored client assessments, provide technique correction as needed, and develop and demonstrate programs. They also provide supervision of a facility or service, keep equipment clean, tidy and well maintained, and handle various customer inquiries.</p>
<p>SIS40215 Certificate IV in Fitness</p>	<p>This qualification reflects the role of personal trainers who have specialist skills to train individual clients, or groups of clients, on a one-on-one or group basis, to improve health-related components of fitness in relatively low risk situations. This may include training of older clients and children.</p> <p>They have a substantial depth of knowledge to plan, conduct and evaluate exercise training; provide leadership and guidance to clients and other staff; and deal with unpredictable situations applying defined guidelines and procedures from the fitness industry and the organisation.</p>

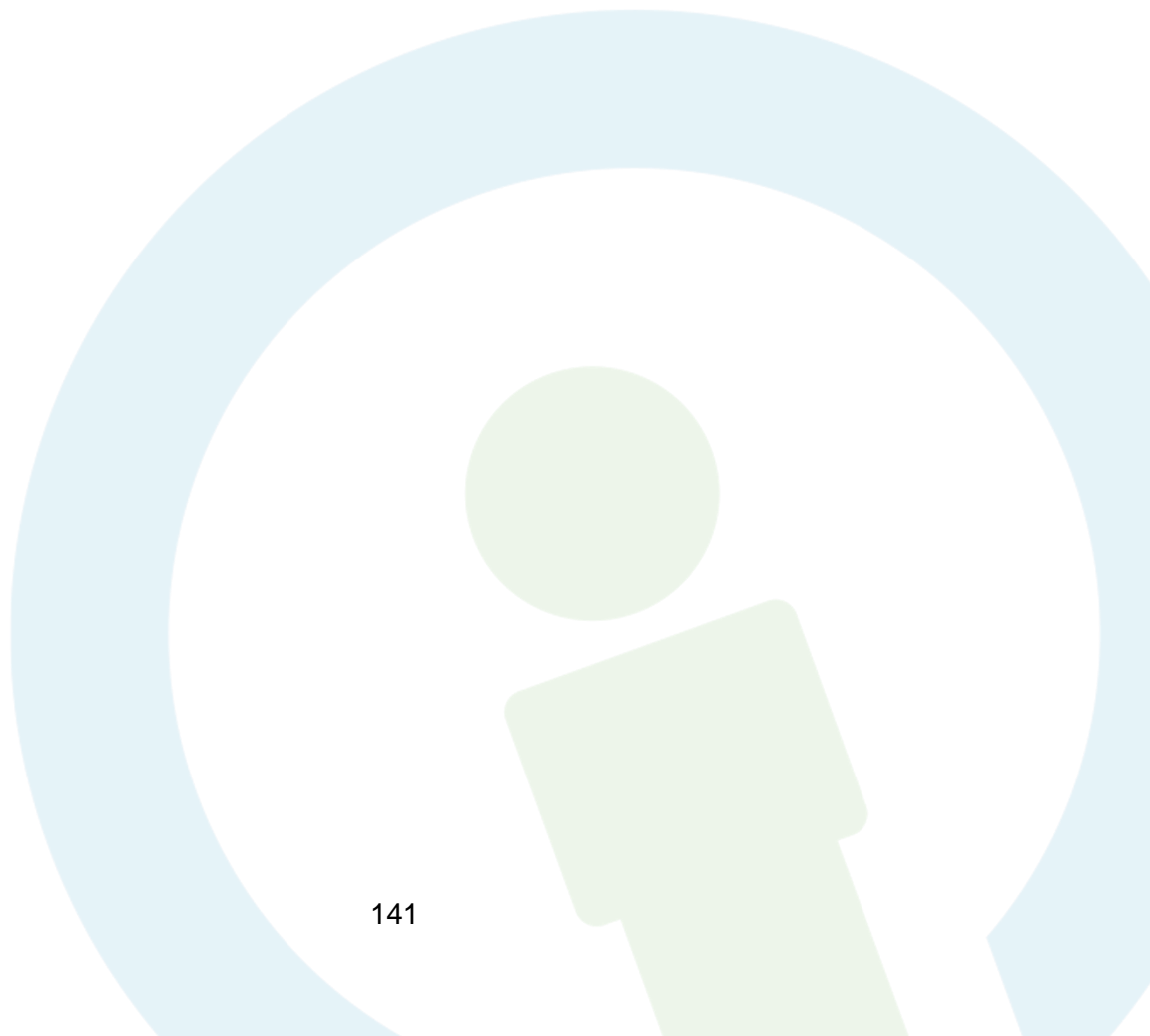
Qualification	Occupational Outcome
	<p>They work independently or with limited guidance from others and use discretion to solve non-routine problems, including monitoring and managing business activities to operate efficiently and profitably.</p> <p>The qualification does not provide the skills and knowledge for an individual to provide advice or exercise instruction to high risk clients, other than to refer the client to an appropriate medical or allied health professional.</p> <p>This qualification provides a pathway to work in a diversity of fitness industry businesses including fitness centres, gyms, aquatic facilities, community facilities and in open spaces, where risk management (through risk assessment and hazard control processes) does not already exist.</p>
<p>SIS50215 Diploma of Fitness</p>	<p>This qualification reflects the role of individuals who perform a range of activities and functions within the fitness industry. These individuals have substantial depth of knowledge to plan, conduct and evaluate advanced exercise programs using principles of program design, and progressed anatomy and physiology knowledge to support delivery of functional, effective and safe exercise programs.</p> <p>They have specialist skills to independently implement current approaches supported by evidence, and establish strategies for the prevention of recurrence of injury with guidance from medical or allied health professionals where appropriate.</p> <p>The qualification does not provide the skills and knowledge for an individual to provide advice or exercise instruction to high risk clients, other than to refer the client to an appropriate medical or allied health professional.</p> <p>This qualification provides a pathway to work in a diversity of fitness industry businesses including fitness centres, gyms, aquatic facilities, community facilities and in open spaces, where risk management (through risk assessment and hazard control processes) does not already exist.</p> <p>Individuals who specialise in Fitness Service Coordination develop collaborative programs across various health and wellness sectors. They have knowledge of relevant local and national health networks, and the skills to build and maintain stakeholder relationships.</p> <p>Individuals who specialise in Management manage and support a team of fitness professionals. This involves mentoring staff on business skills and technical skills. These individuals have skills and knowledge in marketing and sales; business analysis; time and financial management; recruiting and retaining personal trainers.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • advanced personal trainer • fitness services coordinator • personal training manager.

Qualification	Occupational Outcome
SIS10115 Certificate I in Sport and Recreation	<p>This qualification allows individuals to develop basic functional knowledge and skills to prepare for work in the sport and recreation industry. The range of technical knowledge and skills is limited. It does not have an industry employment outcome.</p>
SIS20115 Certificate II in Sport and Recreation	<p>This qualification allows individuals to develop basic functional knowledge and skills for work in customer contact positions in the sport or community recreation industry. These individuals are competent in a range of administrative activities and functions within a team and under supervision. They are involved in mainly routine and repetitive tasks using practical skills and basic sport and recreation industry knowledge.</p> <p>They work in locations such as sport and recreation centres or facilities, and leisure and aquatic centres assisting with the conduct of recreation activities, and facility maintenance and operations.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • customer service assistant • leisure assistant • recreation assistant • retail assistant • grounds assistant • facility assistant.
SIS30115 Certificate III in Sport and Recreation	<p>This qualification reflects the multi-skilled role of individuals in operational and customer support positions in the sport or community recreation industry. These individuals are competent in a range of activities and functions requiring autonomous work within a defined range of situations and environments.</p> <p>They work in locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • recreation officer • activity operation officer • sport and recreation attendant • community activities officer • leisure services officer.
SIS40115 Certificate IV in Sport and Recreation	<p>This qualification reflects the role of individuals who work in the sport and recreation industry in an administrative or organisational capacity. These individuals are able to plan, conduct and evaluate activities of others, deal with unpredictable and non-routine situations and provide leadership and guidance to staff.</p> <p>The qualification provides a pathway to work in a diversity of sport and recreation locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres or sporting organisations and associations</p> <p>Possible job titles include:</p>

Qualification	Occupational Outcome
	<ul style="list-style-type: none"> • facility coordinator • administration coordinator • duty manager • recreation coordinator • swim school coordinator • operations coordinator • aquatic operations coordinator.
<p>SIS50115 Diploma of Sport and Recreation</p>	<p>This qualification reflects the role of individuals who work in the sport and recreation industry in a management or organisational capacity. These individuals have a high degree of autonomy and manage the effective provision of services or programs in locations such as fitness centres, sporting grounds or complexes, leisure and aquatic centres and community recreation centres.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • competition manager • executive officer • facility manager • program manager • centre manager • assistant centre manager • volunteer coordinator • sports program officer • operations officer.
SPORT	
<p>SIS20219 Certificate II in Sport - Developing Athlete</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as an athlete at a regional, state or territory level in a specific sport in the Australian sport industry.</p> <p>This qualification reflects the role of a developing athlete and provides a pathway to work as an athlete in a specific sport. Individuals with this qualification are involved in mainly routine and repetitive tasks using limited practical skills and basic sport industry knowledge. They work under the guidance of a coach.</p>
<p>SIS20319 Certificate II in Sport Coaching</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to conduct pre-planned coaching sessions with foundation level participants in a specific sport.</p> <p>This qualification pathway to work in assistant coaching roles working or volunteering at community based sports clubs and organisations in the Australian sport industry. Individuals with this qualification use a defined and limited range of basic coaching skills to engage participants in a specific sport and are involved in mainly routine and repetitive tasks using limited practical skills and basic sport industry knowledge. They work under the supervision of a coach.</p> <p>Possible job role titles depend on the specific sport may include assistant coach.</p>

Qualification	Occupational Outcome
<p>SIS30419 Certificate III in Sport - Athlete</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to undertake a career as an athlete at a regional, state or national level in a specific sport in the Australian sport industry. Athletes at this level may have access to match-payments, prize money, grants or endorsements as the primary source of their income.</p> <p>This qualification provides a pathway to work as an athlete. Individuals with this qualification train for events, work with coaches and support staff, compete in sport at a regional, state or territory level and undertake promotional duties. They possess a range of well-developed skills where discretion and judgement are required. They are responsible for their own outputs under the guidance of a coach.</p>
<p>SIS30519 Certificate III in Sport Coaching</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to coach participants up to an intermediate level in a specific sport.</p> <p>This qualification provides a pathway to work in community coaching roles working or volunteering at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification possess a range of well developed skills where discretion and judgement are required. They are responsible for their own outputs.</p> <p>Possible job titles depend on the specific sport and may include community coach.</p>
<p>SIS40319 Certificate IV in Sport Coaching</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to coach participants up to an advanced level in a specific sport.</p> <p>This qualification provides a pathway to work in advanced community coaching roles working or volunteering at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification possess a range of highly developed coaching and communication skills with sound industry knowledge. They work with independence, taking responsibility for their own functions and outputs.</p> <p>Possible job titles depend on the specific sport and may include:</p> <ul style="list-style-type: none"> • Advanced coach • Head coach • Performance coach • Development coach • Senior coach.
<p>SIS40419 Certificate IV in Sport Development</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career in sport development. Functions for someone with this qualification can include liaising with stakeholder groups to increase the profile of sport, implementing and administering community sports programs, recruiting volunteers and participants and organising sport events.</p> <p>This qualification provides a pathway to work as sport development officers and coordinators working in community based sport organisations</p>

Qualification	Occupational Outcome
	<p>and clubs in the Australian sports industry. Individuals with this qualification possess a range of highly developed communication skills with sound sport industry knowledge. They work with independence, taking responsibility for their own functions and outputs.</p>
<p>SIS50319 Diploma of Sport</p>	<p>This qualification reflects the role of individuals who apply the skills and knowledge to pursue a range of roles within the Australian sport industry. They work or volunteer at community based sport clubs and organisations in the Australian sport industry. Individuals with this qualification are involved in the self-directed application of knowledge and skills, and the provision of leadership and support to colleagues. They work autonomously and coordinate and supervise others.</p> <p>Possible job titles include:</p> <ul style="list-style-type: none"> • High performance coach • Sport development manager • Talent manager.



2.3 Entry Requirements for Qualifications

Where Entry Requirements are identified, these are mandatory. Entry Requirements are identified because industry identified it as essential that a level of competence and/or experience in industry is achieved prior to entering the next level Qualification.

Entry Requirements:

- do not form part of a Qualification for training and assessment purposes
- must be achieved prior to enrolling in a Qualification or being issued a Qualification
- are specific to the knowledge, skills or experience required to enter a Qualification
- may be expressed as:
 - a Qualification
 - core Units of Competency of a lower AQF level Qualification
 - a significant number of Units of Competency from a lower level Qualification
 - specialist Units of Competency from a related stream
 - vocational expertise, including typical job roles
 - a combination of Units of Competency and vocational expertise.

Table 7: Entry Requirements for Qualifications within the SIS Sport, Fitness and Recreation Training Package

Qualification	Entry Requirements
COMMUNITY RECREATION	
SIS31015 Certificate III in Aquatics and Community Recreation	There are no entry requirements for this qualification.
FITNESS	
SIS30315 Certificate III in Fitness	There are no entry requirements for this qualification.
SIS40215 Certificate IV in Fitness	<p>Entry to this qualification is open to individuals who hold a current first aid and CPR certificate⁵ and have been recognised as competent through a recognised training program or recognition process against the following units of competency:</p> <p>SISFFIT001 Provide health screening and fitness orientation</p> <p>SISFFIT002 Recognise and apply exercise considerations for specific populations</p> <p>SISFFIT003 Instruct fitness programs</p> <p>SISFFIT004 Incorporate anatomy and physiology principles into fitness programming</p> <p>SISFFIT005 Provide healthy eating information</p>

⁵ For information regarding currency and requirements for recertification, see section [2.8 Health and Safety Implications for the Sport, Fitness and Recreation Industries](#).

Qualification	Entry Requirements
	<p>SISFFIT006 Conduct fitness appraisals</p> <p>SISFFIT014 Instruct exercise to older clients</p> <p>SISXCCS001 Provide quality service</p>
SIS50215 Diploma of Fitness	<p>Entry to this qualification is open to individuals who hold a current first aid and CPR certificate⁶ and:</p> <ol style="list-style-type: none"> 1. Have achieved a Certificate IV in Fitness; and 2. Have at least 1 year post qualification fitness industry experience in the application of the skills and knowledge of the Certificate IV in Fitness.
SPORT AND RECREATION	
SIS10115 Certificate I in Sport and Recreation	There are no entry requirements for this qualification.
SIS20115 Certificate II in Sport and Recreation	There are no entry requirements for this qualification.
SIS30115 Certificate III in Sport and Recreation	There are no entry requirements for this qualification.
SIS40115 Certificate IV in Sport and Recreation	There are not entry requirements for this qualification.
SIS50115 Diploma of Sport and Recreation Management	There are no entry requirements for this qualification.
SPORT	
SIS20219 Certificate II in Sport - Developing Athlete	There are no entry requirements for this qualification.
SIS20319 Certificate II in Sport Coaching	There are no entry requirements for this qualification.

⁶ For information regarding currency and requirements for recertification, see section [2.8 Health and Safety Implications for the Sport, Fitness and Recreation Industries](#).

Qualification	Entry Requirements
SIS30419 Certificate III in Sport - Athlete	There are no entry requirements for this qualification.
SIS30519 Certificate III in Sport Coaching	There are no entry requirements for this qualification.
SIS40319 Certificate IV in Sport Coaching	There are no entry requirements for this qualification.
SIS40419 Certificate IV in Sport Development	There are no entry requirements for this qualification.
SIS50319 Diploma of Sport	There are no entry requirements for this qualification.

2.4 Pathways into and from SIS Sport, Fitness and Recreation Qualifications

The following charts and tables are provided to show the types of pathways into and from Qualifications that are possible with this Training Package.

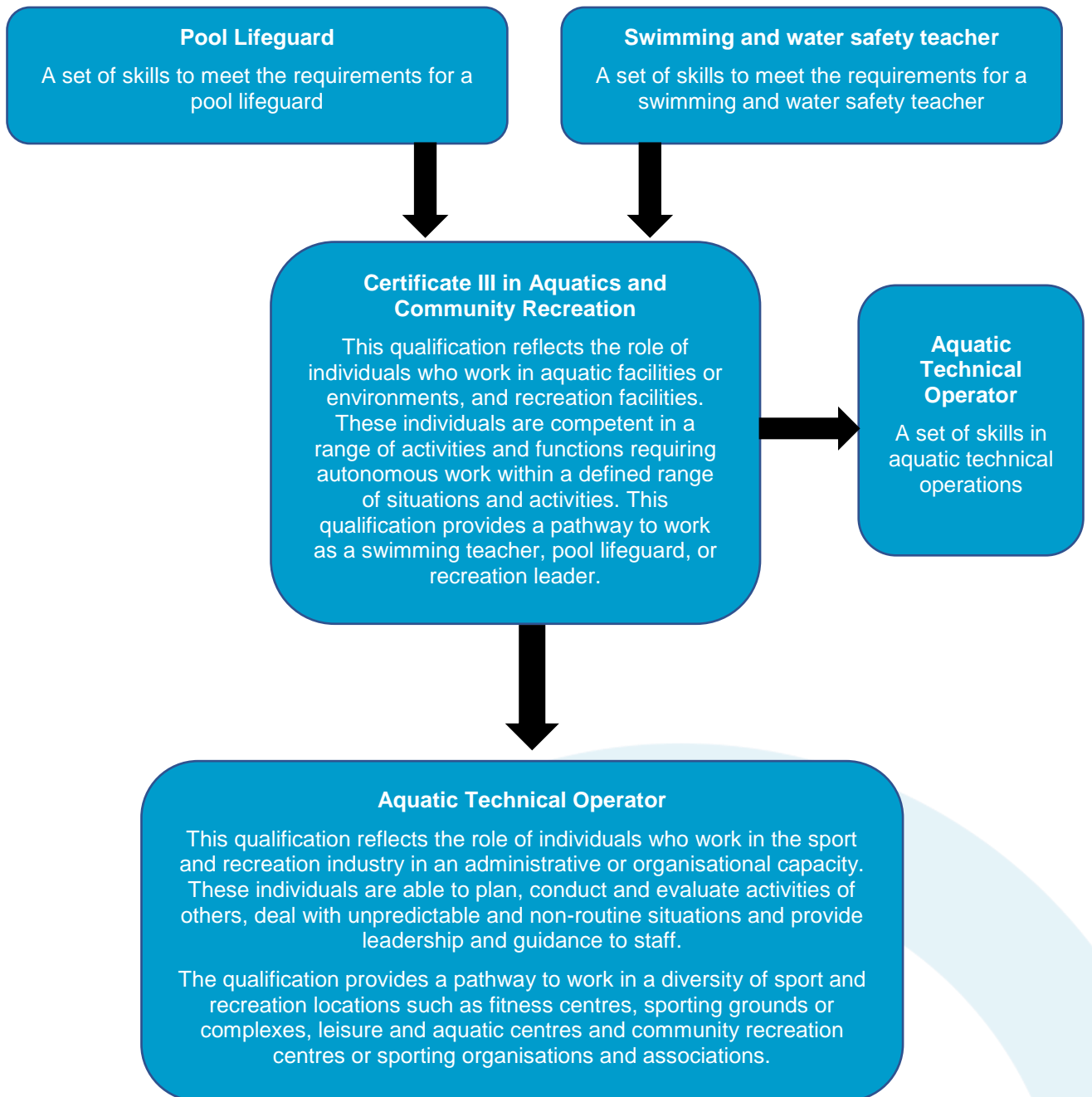
There are a range of credit transfer and recognition arrangements in place between RTOs and higher education institutions. These arrangements usually relate to credit provided for specific subjects at degree level for units completed in VET at the Diploma level. A number of representations were made to higher education institutions partnering with RTOs to ensure the structure and strength of qualifications were maintained or enhanced in the new qualifications to enable these arrangements to be maintained.

Ongoing discussions with the higher education sector following endorsement will further support these ongoing, and new, credit arrangements to ensure further learning and career progression opportunities for individuals in the sport, fitness and recreation industry.

2.4.1 Community Recreation

The following summary chart shows the common qualification pathways within the industry, but it is recognised that typical career paths are not always linear. Community recreation qualifications are flexible to meet a range of job outcomes and to support a wide range of career paths. They allow for various entry options, including direct entry at all qualification levels, and enable significant transfer between qualifications.

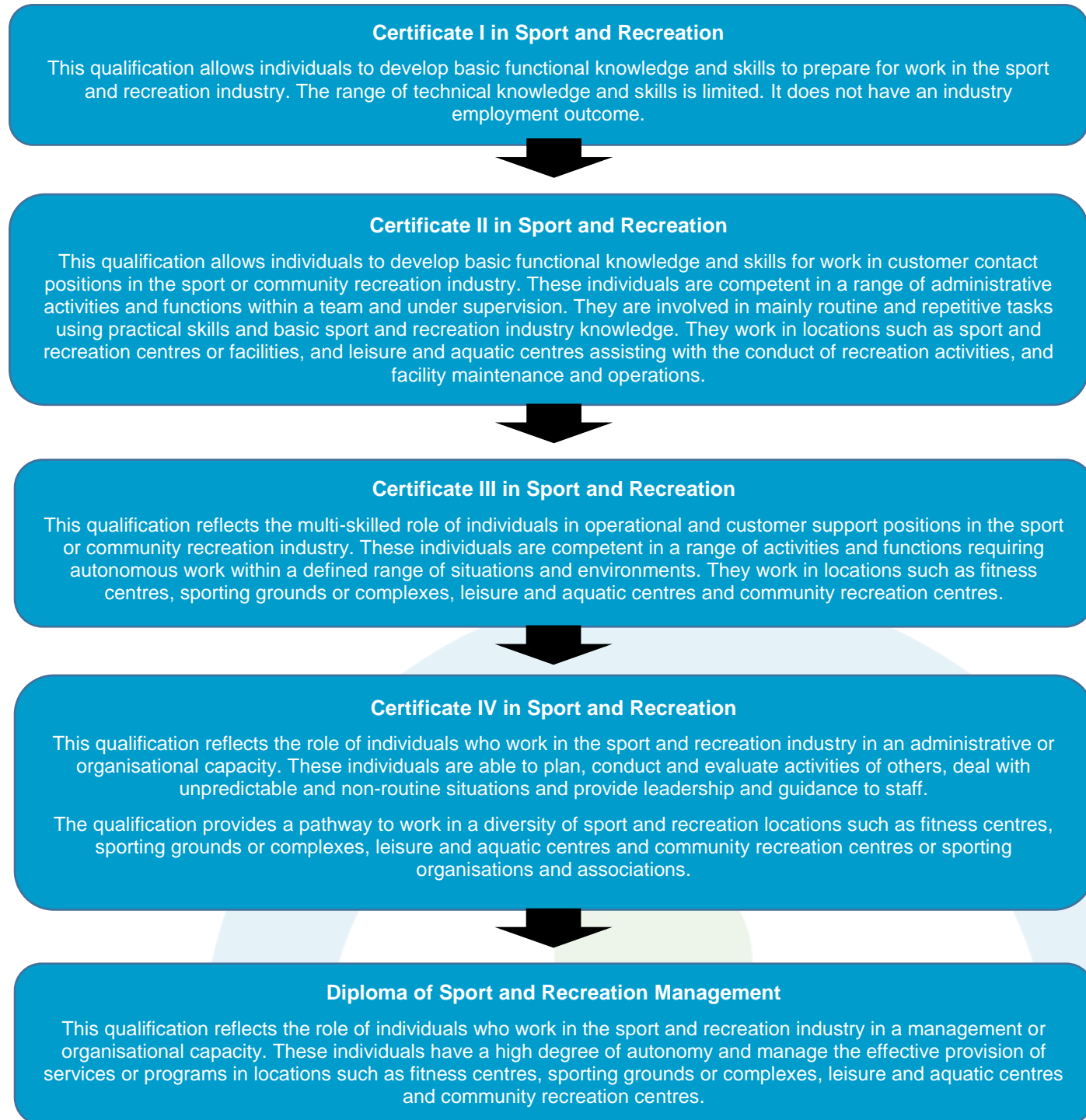
Figure 2: Pathway Diagram for the Community Recreation Industry



2.4.2 Sport and Recreation

The following summary chart shows the common qualification pathways within the industry, but it is recognised that typical career paths are not always linear. The qualifications are flexible to meet a range of job outcomes and to support a wide range of career paths

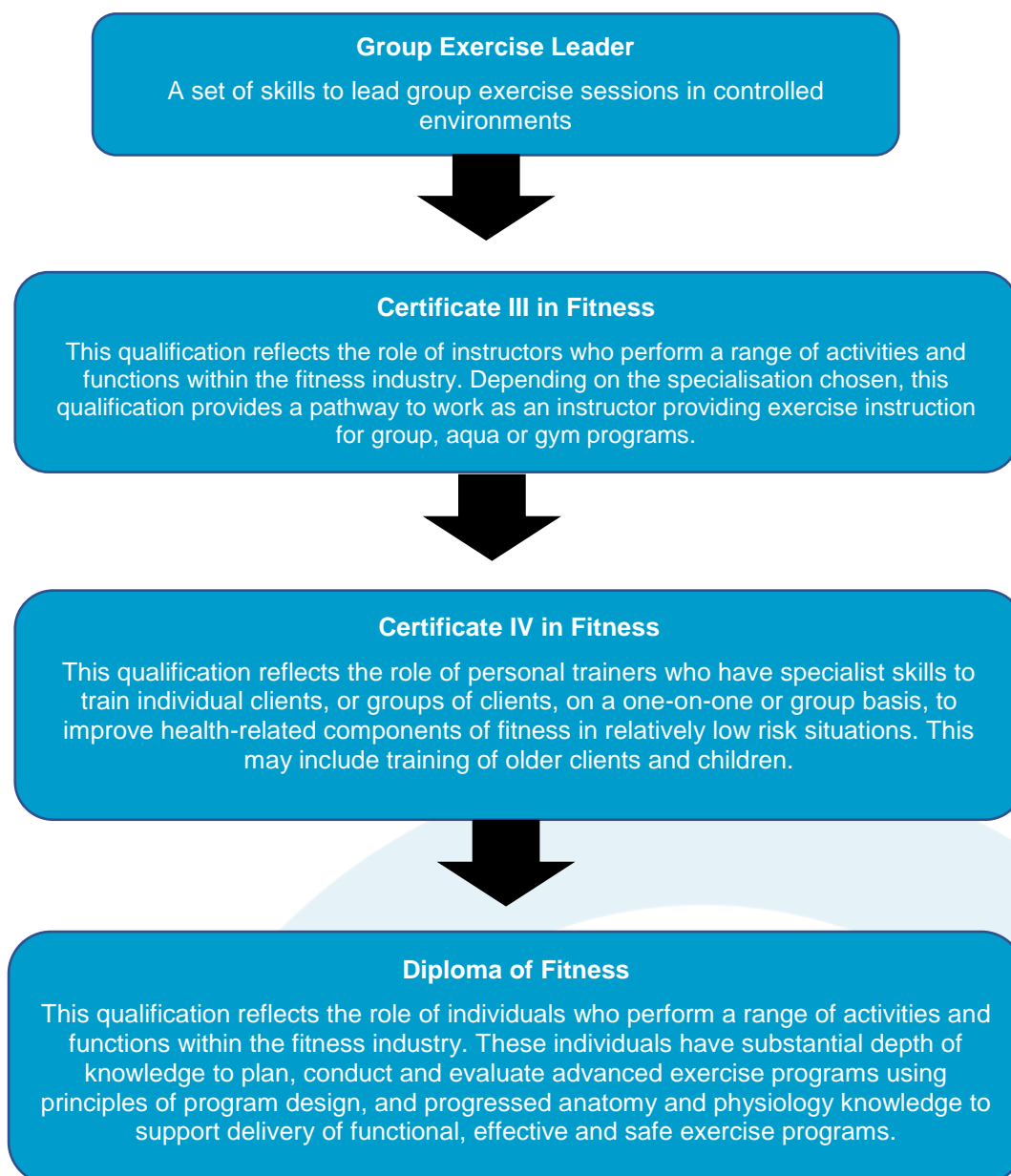
Figure 3: Pathway Diagram for the Sport and Recreation Industry



2.4.3 Fitness

The following summary chart shows the common qualification pathways within the industry, but it is recognised that typical career paths are not always linear. The qualifications are flexible to meet a range of job outcomes and to support a wide range of career paths.

Figure 4: Pathway Diagram for the Fitness Industry



The following qualifications in the **SIS Sport, Fitness and Recreation Training Package** are not suitable for learners under the age of 18.

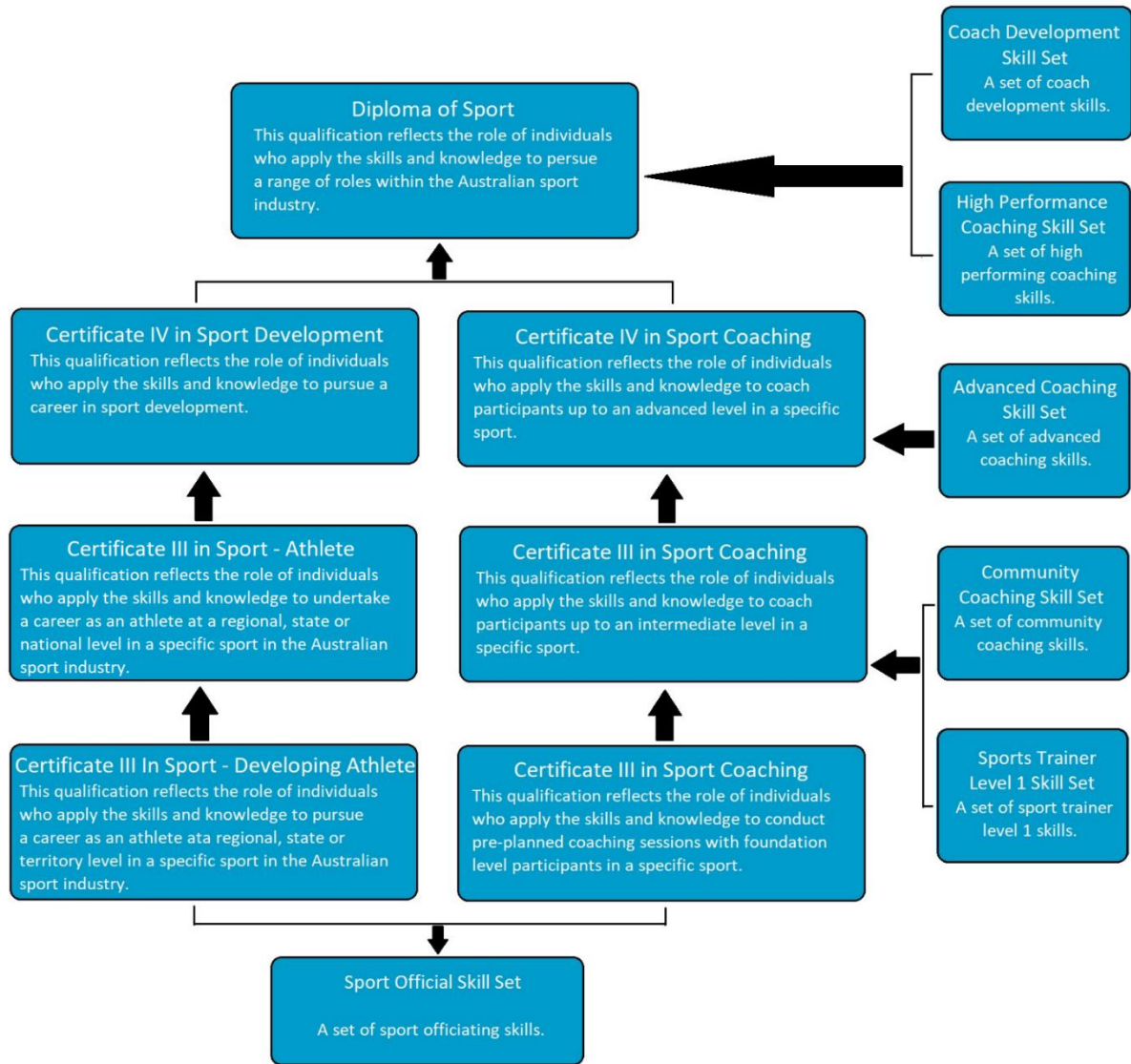
- SIS30315 Certificate III in Fitness
- SIS40215 Certificate IV in Fitness
- SIS50215 Diploma of Fitness/

A part-Certificate III in Fitness qualification resulting in a Statement of Attainment may be achieved and the appropriateness should be negotiated with industry prior to commencement.

2.4.4 Sport

The following summary chart shows the common qualification pathways within the industry, but it is recognised that typical career paths are not always linear. The qualifications are flexible to meet a range of job outcomes and to support a wide range of career paths.

Figure 5: Pathway Diagram for the Sport Industry



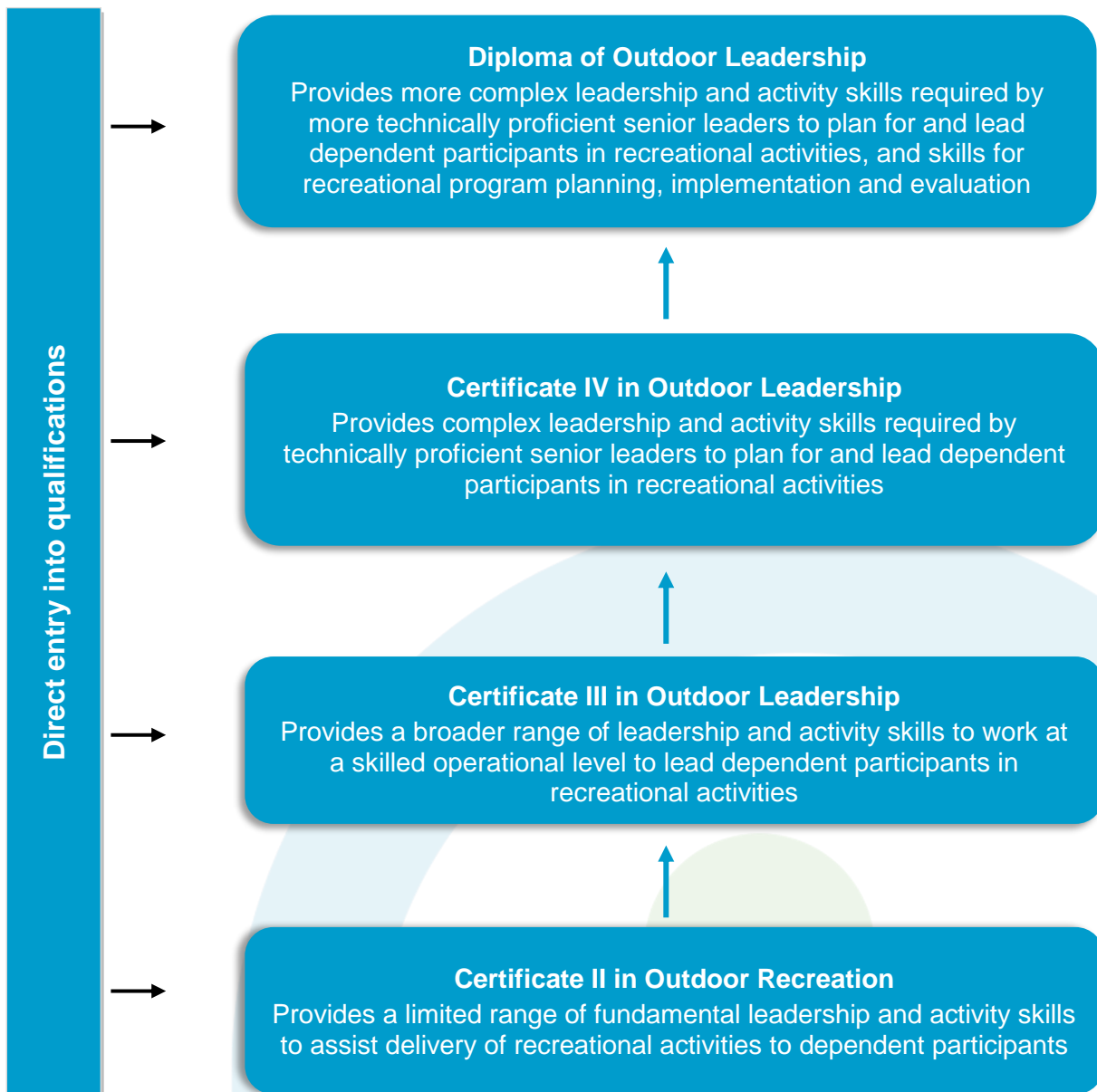
2.4.5 Outdoor Recreation

The following chart shows the possible pathways into and from outdoor recreation qualifications within *SIS Sport, Fitness and Recreation Training Package*.

Individuals can exit each qualification to work in industry at a different level of technical expertise and responsibility. It is not, however, intended to imply that an individual will gain immediate employment at that level.

Articulation arrangements from the Diploma to higher education qualifications can be made on an individual basis by RTOs. Additionally, providers of higher education qualifications can decide what credit will be provided towards those qualifications without any specific arrangement.

Figure 6: Pathway Diagram for the Outdoor Recreation Industry



For detailed implementation information please refer to the **SIS SPORT, FITNESS AND RECREATION TRAINING PACKAGE – OUTDOOR RECREATION Companion Volume Implementation Guide**

2.5.4 Qualifications suited to Preparing Secondary Students for Work

The following qualifications in the **SIS Sport, Fitness and Recreation Training Package** have been identified as suitable for delivery to prepare secondary students for work.

- SIS10115 Certificate I in Sport and Recreation
- SIS20115 Certificate II in Sport and Recreation
- SIS30115 Certificate III in Sport and Recreation
- SIS31015 Certificate III in Aquatics and Community Recreation
- SIS20219 Certificate II in Sport - Developing Athlete
- SIS20319 Certificate II in Sport Coaching
- SIS30419 Certificate III in Sport - Athlete
- SIS30519 Certificate III in Sport Coaching.

2.5.5 Qualifications suited to Australian Traineeships or Apprenticeships

All qualifications in the **SIS Sport, Fitness and Recreation Training Package** are suitable for an Australian Apprenticeship pathway.

2.6 Access and Equity Considerations

An individual's access to training and assessment should not be adversely affected by restrictions placed on location or context beyond the requirements specified in this Training Package: training and assessment must be bias-free.

The flexibilities offered by the **SIS Sport, Fitness and Recreation Training Package** should enhance opportunities and potential outcomes for all people so that we can all benefit from a wider national skills base and a shared contribution to Australia's economic development and social and cultural life.

Standards for the registration of training organisations require RTOs to adhere to common the principles of access and equity. For implementation of the **SIS Sport, Fitness and Recreation Training Package** it is important that:

- learners have access to accurate and current information about Qualifications and job outcomes in industry
- training and assessment is customised to the individual's current employment or employment prospects in their local region including access to elective units of competency to achieve relevant job outcomes and training and assessment activities that are directly related to their work
- for equity in assessment, conditions for training and assessment should not exceed those specified in the Assessment Requirements for each Unit of Competency
- learners have access to accurate and current information about their rights during training and assessment, including:
 - an efficient and effective complaints and appeals process
 - training assessment and support services that meet individual needs including reasonable adjustment of assessments.

2.6.1 Reasonable Adjustment

It is important that RTOs take meaningful, transparent and reasonable steps to consult, consider and implement reasonable adjustments for learners with a disability.

Under the *Disability Standards for Education 2005*, providers must make reasonable adjustments for people with a disability to the maximum extent that those adjustments do not cause that provider unjustifiable hardship. While 'reasonable adjustment' and 'unjustifiable hardship' are different concepts and involve different considerations, they both seek to strike a balance between the interests of providers and the interests of learners with and without disability.

An adjustment is any measure or action that a learner requires because of their disability, and which has the effect of assisting the learner to access and participate in education and training on the same basis as learners without a disability. An adjustment is reasonable if it achieves this purpose while taking into account factors such as the nature of the learner's disability, the views of the learner, the potential effect of the adjustment on the learner and others who might be affected, and the costs and benefits of making the adjustment.

A provider is also entitled to maintain the academic integrity of a course or program and to consider the requirements or components that are inherent or essential to its nature when assessing whether an adjustment is reasonable. There may be more than one adjustment that is reasonable in a given set of circumstances; providers are required to make adjustments that are reasonable and that do not cause them unjustifiable hardship.

It is important that providers understand that the content of the unit of competency cannot be changed as this describes a workplace outcome. For example, in SISXIND001 Conduct Sport, fitness or recreation events requires real events and a simulated industry activity or event created for the purpose of skills assessment that has commercial, community or business relevance in one or more of the following environments: auditoria, exhibition areas, conference rooms, restaurants and/or sporting facilities.

It does not matter how the person gains and demonstrates the skills and knowledge. In the workplace, it is only important that they are competent.

The inherent requirements of the actual workplace performance described by the Unit of Competency must inform the decision about what adjustment is reasonable. SISCAQU007 Perform advanced water rescues requires individuals to complete fitness and strength tests. Competency could not be solely assessed by asking oral questions about fitness or strength tests; the learner would need to successfully complete the required fitness and strength tests.

Information about the Disability Standards for Education is available at:

<http://education.gov.au/disability-standards-education>

2.7 Foundation Skills

The five core Foundation Skills of reading, writing, oral communication, numeracy and learning have been embedded within the units of competency in this training package. Additionally, employment skills (the non-technical skills and knowledge necessary for effective participation in the workforce) have also been embedded. These are: problem-solving, initiative and enterprise, teamwork, planning and organising, self-management and technology.

Foundation Skills have been included in the Unit of Competency in two ways:

1. Relevant skills essential to performance are explicit in the Performance Criteria, written in a way that reflects both the context and the skill level. For example, communication skills have been written explicitly in the Performance Criteria of SISCCRO001 Plan and conduct recreation programs for older persons:

3.2. Provide clear and accurate instructions and information using communication techniques suited to participants.

2. A summary of those skills essential to performance of a Unit of Competency, that are NOT explicit in the Performance Criteria, are summarised in the Foundation Skills field within the Unit of Competency, together with a description reflecting the workplace skill. For example in SISCAQU014 Operate self-contained breathing apparatus in an aquatic facility, the individual is required to perform tasks in accordance to manufacturer instructions. However, reading skills are not explicit within the Performance Criteria, and therefore have been summarised in the Foundation Skills Field:

Reading skills to:	<ul style="list-style-type: none"> interpret technical documents such as manufacturer instructions for the use, care and maintenance of self-contained breathing apparatus units.
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Not every Unit of Competency will contain every Foundation Skill or employment skill. Some Units of Competency contain some but not others, e.g. reading, numeracy and problem solving only. Qualifications contain a range of Units of Competency; the combination will appropriately cover all Foundation Skills and employment skills required for the job outcome.

2.8 Health and Safety Implications for the Sport, Fitness and Recreation Industries

To ensure learners are able to participate, implement or manage safe work practices, Units of Competency in the **SIS Sport, Fitness and Recreation Training Package** contain embedded work health and safety skills and knowledge appropriate to the qualification and job outcome. The following relevant components can be found in the Unit of Competency and associated Assessment Requirements document:

- Application Statement
- Performance Criteria
- Knowledge Evidence
- Assessment Conditions.

Additionally, the following workplace health and safety units of competency are included in the **SIS Sport, Fitness, and Recreation Training Package**:

- BSBWHS303 Participate in WHS hazard identification, risk assessment and risk control
- HLTWHS001 Participate in workplace health and safety
- HLTWHS003 Maintain work health and safety
- HLTWHS004 Manage work health and safety.

The industry expects that graduates who are certified as competent will be able to evaluate and manage the risks, dangers and potential hazards associated with their relevant qualification outcomes. As a result, RTOs need to carefully consider potential risks associated with specified requirements for defined client groups, equipment and assessment environments.

In many units of competency, assessment should confirm the candidate's ability to undertake and apply risk assessment procedures for the activity-specific outcomes and take appropriate measures to protect the safety of clients/participants. This confirmation requires that candidates know and are able to apply techniques and procedures to deal appropriately with changes in conditions or equipment failure that have the potential to impact on the safety of clients/participants. As changes in conditions cannot be reliably predicted, assessment strategies should include the opportunity to demonstrate competency in the specified environment using scenarios that incorporate the relevant contingency, such as changes in weather conditions or equipment malfunction.

2.8.1 CPR and First Aid Currency and Recertification

The *First Aid in the Workplace Code of Practice* states that refresher training in CPR should be undertaken annually and first aid qualifications should be renewed every three years.⁷ To have legal effect in a jurisdiction, this model Code of Practice must be approved as a code of practice in that jurisdiction. To determine if this model Code of Practice has been approved in a particular jurisdiction, check with the [relevant regulator](#).

⁷ Safe Work Australia, 2015, *First Aid in the Workplace: Code of Practice*, p. 13, available at: <http://www.safeworkaustralia.gov.au/sites/SWA/about/Publications/Documents/693/first-aid-in-workplace.pdf>

These recommendations are in line with the Australian Resuscitation Council Guidelines⁸, and the requirements and expectations of industry peak bodies in the Sport, Fitness, and Recreation industries.

2.8.2 Fitness

Pre-exercise health screening and referral processes

Exercise professionals are qualified to plan and deliver exercise for low and moderate-risk clientele based on the guidelines defined in the Adult Pre-exercise Screening system (APSS) document. Pre-exercise screening is used to identify individuals who may have medical conditions which put them at a higher risk of an adverse event⁹ during physical activity or exercise. It helps to determine if the potential benefits of exercise outweigh the risks for an individual.

To safely and effectively deliver exercise programs that meet a broad range of client needs, exercise professionals will typically need support and expertise from a range of disciplines including the exercise, sport, primary health, allied health, and government and non-government health sectors.

Exercise professionals may work with higher risk clientele (whose conditions are stabilised and managed) after making a written referral to and receiving documented guidance on the exercise program from the client's treating medical and/or allied health practitioner. Exercise professionals should refer to the nationally endorsed APSS to assess client risk and determine appropriate exercise intensity for physical activities based on the client's risk classification.

Professional scope of practice

Exercise professionals operate within a professional scope of practice. For health and safety reasons, this scope does not include:

- provision of personalised dietary advice outside of nationally endorsed guidelines or individual nutritional assessment and development of personalised meal plans
- prescription of nutritional supplements or medicines
- therapeutic treatment or independent rehabilitative exercise prescription
- independent exercise prescription for high-risk clients
- diagnostic tests or procedures
- sports coaching
- psychological counselling.

Controlled versus uncontrolled environments

These environments can be defined as follows:

Controlled: Where risks are managed through pre-existing risk assessment and hazard control processes.

This scenario therefore requires professional capacity to comply with and support organisational or existing risk management protocols.

Uncontrolled: Where risk management (through risk assessment and hazard control processes) does not already exist.

This scenario therefore requires the professional capacity to develop and implement risk management processes.

⁸ Australian Resuscitation Council, 2013, Guideline 10.1 Basic Life Support Training, available at: http://resus.org.au/?wpfb_dl=46

⁹ An adverse event refers to an unexpected event that occurs as a consequence of an exercise session, resulting in ill health, physical harm or death to an individual.

Examples might include a facility or location without existing risk management protocols and/or one that is not set up to be a fitness setting– e.g. community/church hall, workplace environment, some public outdoor settings.

2.8.3 Community Recreation

Guidelines for Safe Pool Operation

Management standards and practices provide the managers of public pools and aquatic facilities with useful information about the minimum requirements and best practice in the operation of public pools and aquatic facilities.

The Guidelines for Safe Pool Operation (GSPO) is a venue-based risk management tool which assists an operator in satisfying their legislative duties and providing a high standard of care for visitors to their centre.

Operators of aquatic facilities are charged with a responsibility for public and occupational health and safety and they must work within a diverse array of standards, state legislation and industry best practice. The Guidelines relate to all facilities in which members of the public are encouraged to attend for recreational, fitness or educational purposes. The Guidelines are intended to be voluntary, acting as a guide to operators on the safe operation of swimming facilities.

The GSPO includes 92 guidelines across the following seven sections of aquatic facility operation:

- General Operations
- Technical Operations
- First Aid
- Facility Design
- Supervision
- Low Patronage Pools
- Programs.

2.9 Legal Considerations for Learners in the Workplace or on Placements

Learners engaged as trainees, apprentices and those on work placements must comply with any general laws that regulate customer, business and employee interaction and should be inducted and supervised to ensure compliance.

2.9.1 Workplace Laws

Legitimate work-based learning programs and placements give learners an opportunity to gain experience in the workplace. Under the *Fair Work Act 2009*, a vocational placement is a working arrangement where all of the following apply:

- the worker is not paid a wage
- it is a requirement of an Australian based education or training course
- it is authorised under a law or administrative arrangement of the Commonwealth, a State or Territory.

A learner in an arrangement that meets all of these criteria is not covered by the Fair Work Act; is not entitled to the minimum wages and other entitlements provided in the National Employment Standards and any applicable modern awards or agreement.

Further information can be found at: <http://www.fairwork.gov.au/pay/student-placement-and-unpaid-work/pages/student-placements-work-experience-and-internships.aspx>

Trainees, apprentices and learners gaining work experience are considered to be workers under Work Health and Safety (WHS) law. Provisions of law relating to worker and employer

responsibilities apply. Learners should be inducted and supervised to ensure compliance.

2.9.2 Restrictions on Activities

High risk Units of Competency in the **SIS Sport, Fitness and Recreation Training Package** have several restrictions on activities that can be performed by the individual. These restrictions are outlined within the Application Statement, where appropriate. An example of this is provided in Figure .

Figure 7: Application Statement for SISFFIT005 Provide Healthy Eating Information

This unit describes the performance outcomes, skills and knowledge required to provide healthy eating information and support healthy attitudes to eating and body composition. This is undertaken in accordance with recommended guidelines within industry endorsed scope of practice.

The scope of practice of a fitness instructor does not include:

- the provision of specific or individualised dietary analysis or advice, or information regarding:
 - specific diets
 - fad diets
 - nutritional supplementation
 - sports foods
 - ergogenic aids
 - nutrition for exercise or sports performance
- the provision of information or advice to people with medical conditions requiring specialised dietary advice, or to frail elderly people who are at risk of malnutrition
- the provision of dietary information or advice for infants and toddlers.

The fitness instructor must refer clients to an Accredited Practising Dietitian, Accredited Sports Dietitian, or General Practitioner as appropriate.

This unit applies to fitness instructors who work in a variety of fitness locations such as fitness, leisure and community centres. These individuals typically work independently with some level of autonomy in a controlled environment. Work is performed according to relevant legislation and organisational policies and procedures.

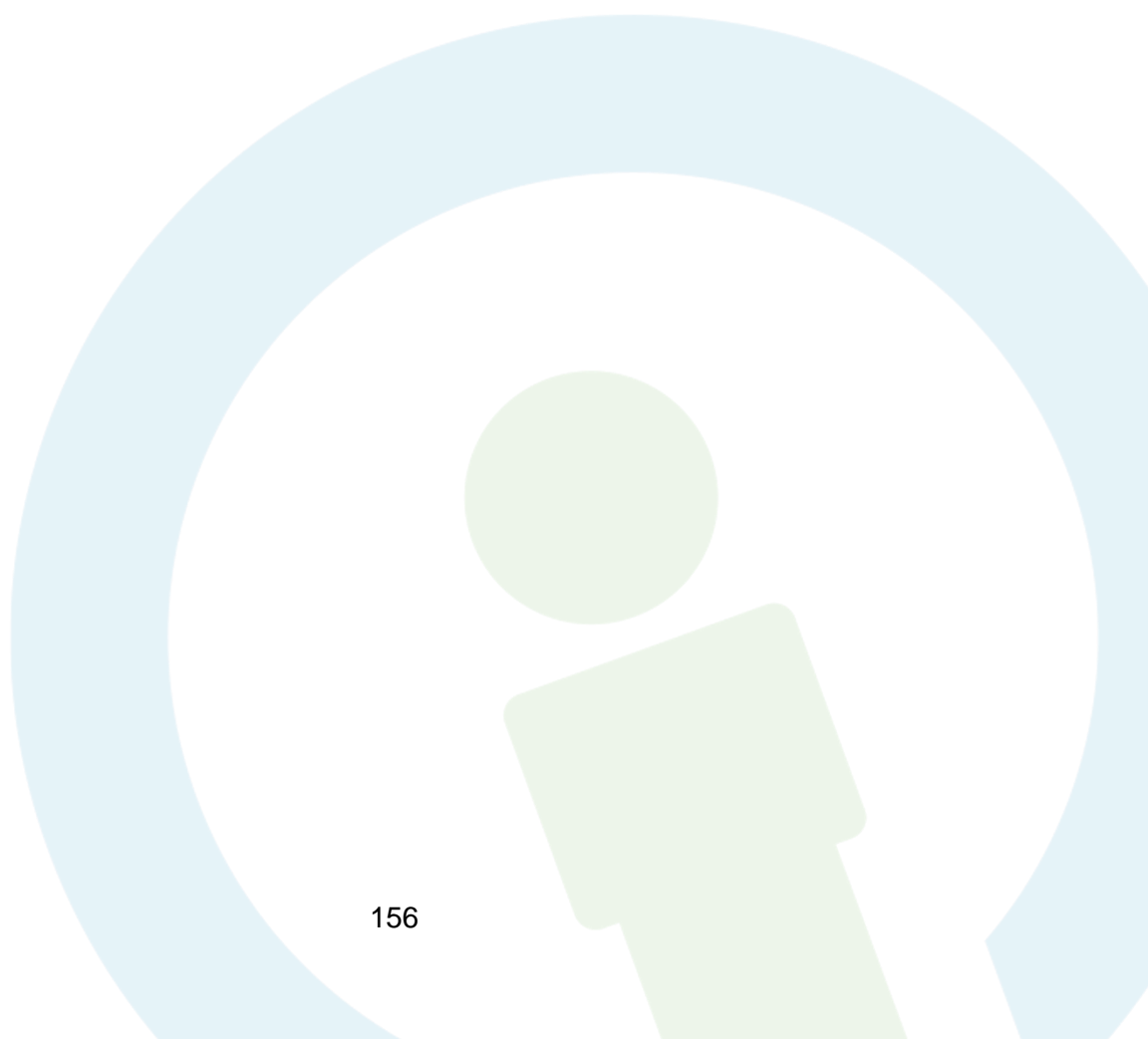
2.9.3 Working with Children Requirements

Several Units of Competency in the **SIS Sport, Fitness and Recreation Training Package** require working with children and/or other vulnerable people. The associated requirements in these circumstances are outlined within the Application Statement as follows: ‘Work is performed according to relevant legislation including working with children and/or vulnerable people checks, and organisational policies and procedures.’ The relevant Units of Competency with these requirements are detailed in Table 8

Table 8: Units of Competency with Requirements to Work with Children and/or Other Vulnerable People

Unit Code	Unit Title
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills
SISCAQU009	Instruct water safety and survival skills
SISCAQU010	Instruct swimming strokes
SISCAQU011	Promote development of infants and toddlers in an aquatic environment
SISFFIT002	Recognise and apply exercise considerations for specific populations

SISFFIT012	Instruct movement programs to children aged 5 to 12 years
SISFFIT013	Instruct exercise to young people aged 13 to 17 years
SISFFIT022	Instruct aquatic sessions for specific population groups



2.10 Resources and Equipment

The Assessment Requirements for each Unit of Competency specifies the equipment and other resources which must be provided by the RTO for assessment. This information is also relevant to delivery and is found in the Assessment Conditions field, which specifies:

- where the assessment must take place, the physical environment and indicates whether a simulated environment is appropriate
- what equipment must be provided for assessment
- what types of consumable resources or stock must be provided for assessment
- what workplace documentation must be provided
- if relevant, other people who must be present during assessment. An example of this is provided in Figure below

Figure 8: Assessment Conditions for SISFFIT021 Instruct Personal Training Programs

Assessment Conditions

Skills must be demonstrated in:

a fitness industry workplace or simulated environment; this must occur over a period(s) totalling at least ten hours comprising at least ten different client contact sessions in a mixture of controlled and uncontrolled environments.

Assessment must ensure access to:

- industry endorsed risk stratification procedures
- manufacturer guidelines on equipment safety and usage
- current industry endorsed best practice for client pre-exercise health screening and risk stratification
- organisational policies and procedures regarding the use of equipment and locations for personal training sessions.

Assessment must ensure use of:

- client record forms
- equipment and resources required for the delivery of the personal training program:
- resistance equipment
- program cards
- resistance bands
- gym and fitness equipment
- documented session plans with inclusion of identified modifications/adjustments needed.
- clients with real or simulated health and fitness goals; these can be:
 - clients in an industry workplace, or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessment activities that allow the individual to:

- develop a variety of personal training programs over a period of time suitable for ensuring adequate time for the client to achieve several health and fitness related goals
- demonstrate ability to instruct a variety of personal training sessions where a variety of exercise modes and equipment are available:
 - weights gym
 - exercise room
 - an outdoor environment
- demonstrate ability to instruct sessions that cater for:

- beginners, intermediate and advanced participants
- low and high impact.

2.11 Assessor Requirements

Industry values assessors who maintain currency in training and education skills and the relevant vocational skills. Currency of vocational competence is crucial to the success of assessment outcomes for the Sport, Fitness and Recreation industries. It ensures that those involved in assessment processes have current industry knowledge, expertise in current operational practice and knowledge of what workplace equipment is currently used so that assessments reflect up-to-date workplace practice.

Assessor requirements specific to individual Units of Competency are outlined in the related Assessment Requirements. An example of this is provided in Figure a.

Figure 9a: Assessor Requirements for SISFFIT005 Provide Healthy Eating Information

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors, and:

- Have achieved a Certificate IV in Fitness; and
- Have at least 1 year post qualification fitness industry experience in the application of the skills and knowledge of the Certificate IV in Fitness.

Where there are no additional assessor requirements specific to individual Units of Competency, the Standards for Registered Training Organisations assessor requirements apply as shown in Figure 9b. These requirements should be considered in the context of relevant sport specific requirements.

For example, in the sport sector National Sport Organisations may have requirements for roles in their specific sports. Where a person is being assessed to coaching at an advanced level in a specific sport they need to hold relevant accreditation where applicable, to that sport at least at that level.

Information specific to each sport can be obtained through the sporting organisations listed on the Sport Australia [website](#).

Figure 9b: General Assessor Requirements

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors

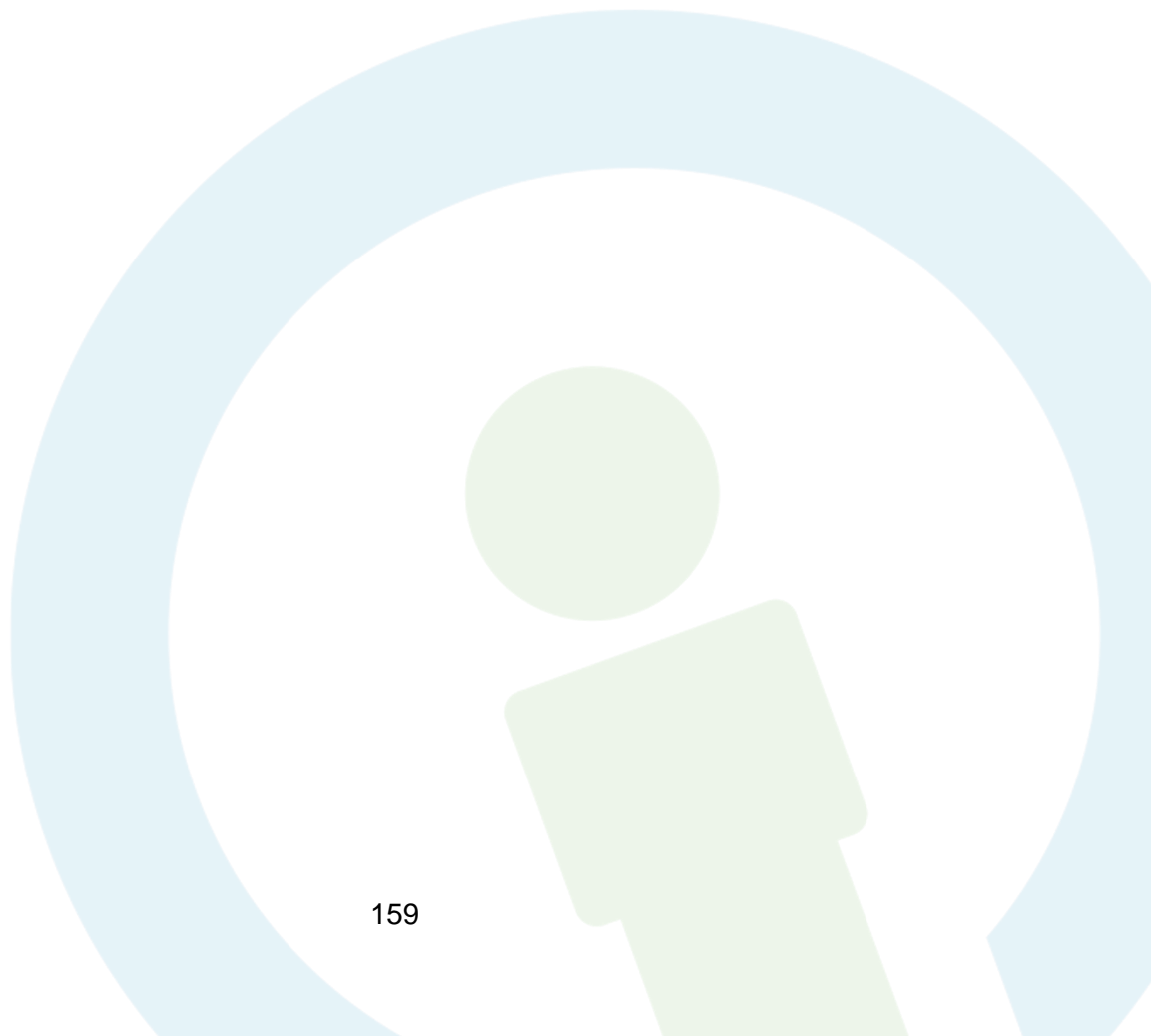
2.12 Volume of Learning

Qualifications in a training package must comply with Standard 8 of the Standards for Training Packages. This Standard requires qualifications to comply with the AQF specification for that qualification type. Volume of learning is a mandated component of the AQF qualification specifications.

The volume of learning includes more than 'delivery' and is therefore different to 'nominal hours'. Volume of Learning identifies the notional duration of all activities required for the achievement of the learning outcomes specified for a particular AQF qualification type, expressed in equivalent full-time years. The volume of learning allocated to a qualification should include all teaching, learning and assessment activities that are required to be undertaken by the typical student to achieve the learning outcomes. These activities may include some or all of the following:

- guided learning (such as classes, lectures, tutorials, on-line study or self-paced study guides)
- individual study

- research
- learning activities in the workplace
- assessment activities.



3.0 Links

3.1 General

Australian Apprenticeships

australianapprenticeships.gov.au/

Australian Skills Quality Authority (ASQA)

asqa.gov.au/

Australian Qualifications Framework

aqf.edu.au/

Department of Education and Training

education.gov.au/

MySkills

myskills.gov.au/

Training Accreditation Council of Western Australia (TAC)

tac.wa.gov.au/

Training.gov.au

training.gov.au

Victorian Registration and Qualifications Authority (VRQA)

vrqa.vic.gov.au/Pages/default.aspx

3.2 State and Territory Training Authorities

Australian Capital Territory

skills.act.gov.au/

New South Wales

training.nsw.gov.au/

Northern Territory

education.nt.gov.au/

Queensland

desbt.qld.gov.au/training

South Australia

s.skills.sa.gov.au/

Tasmania

education.tas.gov.au/

Victoria

education.vic.gov.au/

Western Australia

dtwd.wa.gov.au/

3.3 Sport Links

Sport Australia

<https://www.sportaus.gov.au/>

Related pages

- https://www.sportaus.gov.au/sportaus/corporate_structure
- https://www.sportaus.gov.au/australian_sports_directory
- <https://www.sportaus.gov.au/home>
- https://www.sportaus.gov.au/sportaus/corporate_structure/division/sport_business
- https://www.sportaus.gov.au/governance/mandatory_sports_governance_principles

Australian Sports Anti-Doping Authority (ASADA)

<https://www.asada.gov.au/>

Sports Medicine Australia

<https://sma.org.au/training-courses/>

Dieticians Association of Australia

<https://daa.asn.au/about-daa/>

4.0 Terminology

4.1 Sport

Foundation, Intermediate, Advanced

These terms are used to refer to three different levels of participant skills in the generic coaching units. The technical and tactical sport skills and knowledge relevant to each level depends on the specific sport and information is available from the relevant National Sporting Organisation.

Sport-specific

This term refers to a sport. The specific sport depends on the context. For example, in a netball sport context the specific sport would be netball. The term appears throughout the units to enable the units to be delivered in a broad range of specific sport contexts without the need for separate units for every sport context.

UNIT CODE	SISSPAR001
UNIT TITLE	Participate in sport at an intermediate level
APPLICATION	<p>This unit describes the performance outcomes, skills and knowledge required to perform sport-specific tactical and technical skills at an intermediate level through participation in a specific sport. Activities may include conditioning, drills, discussions, games, competitions and other activities relevant to the specific sport.</p> <p>This unit applies to athletes in the Australian sport industry competing in a sport at a local, state or national level.</p> <p>Those undertaking this unit work with the support of a coach.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.</p>

UNIT CODE	SISSSCO001
UNIT TITLE	Conduct sport coaching sessions with foundation level participants
APPLICATION	<p>This unit describes the performance outcomes, skills and knowledge required to prepare for and conduct sport coaching sessions with foundation level participants in a specific sport.</p> <p>This unit applies to individuals working under supervision in community based assistant coaching roles in the Australian sport industry. This includes individuals working and volunteering in sport clubs and organisations.</p> <p>No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.</p>

Athlete

This term is used to describe individuals who participate in sport as a job. These can be paid or volunteer job roles. The term appears in units that describe job functions performed by athletes and developing athletes.

Participant

This term is used to describe individuals who participate in sport as a community activity. The term appears in units that describe job functions performed by coaches and officials when referring to the sport participants they interact with in a community sport environment. National Sporting Organisations (NSOs) are responsible for the design and implementation of their coaching and officiating frameworks.

Participation

This term refers to the act of participating in a physical activity that is competitive and a recognised sport.

Session

This term refers to a single participant development event delivered by a coach to participants.

Program

This term refers to a series of sessions delivered by a coach to participants.

National Sporting Organisations (NSOs)

NSOs are national sporting bodies recognised by Sport Australia. A list of NSOs can be found here: https://www.sportaus.gov.au/australian_sports_directory

NCAS (National Coaching Accreditation Scheme) and NOAS (National Officials Accreditation)

These schemes were retired by Sport Australia in 2017.

Each National Sporting Organisation is responsible for its own systems and quality assurance in this regard

Workplace or simulated environment

A workplace is an environment where sport related job roles described by the qualifications are found. These can be paid or volunteer job roles, for example, a volunteer community coach at a local basketball club. A simulated environment can be a school or a training provider provided it reflects sport industry workplace conditions and meets the mandatory requirements specified in the assessment conditions.

Appendix 1: Packaging of Units in SIS Sport, Fitness and Recreation Training Package

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
COMMUNITY RECREATION (C)						
Aquatics						
SISCAQU001	Test pool water quality			✓	✓	
SISCAQU002	Perform basic water rescues			✓	✓	
SISCAQU003	Maintain aquatic facility plant and equipment				✓	
SISCAQU004	Develop and implement pool water maintenance procedures				✓	
SISCAQU005	Develop and implement aquatic facility maintenance procedures				✓	
SISCAQU006	Supervise clients in aquatic locations			✓		
SISCAQU007	Perform advanced water rescues			✓	✓	
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills			✓	✓	
SISCAQU009	Instruct water safety and survival skills			✓	✓	
SISCAQU010	Instruct swimming strokes			✓	✓	
SISCAQU011	Promote development of infants and toddlers in an aquatic environment			✓	✓	
SISCAQU012	Assist participants with a disability during aquatic activities			✓	✓	
SISCAQU013	Coordinate lifeguard service at an aquatic facility				✓	
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility				✓	
Community Recreation Development						
SISCCRD001	Facilitate community recreation initiatives				✓	✓
Community Recreation Operations						
SISCCRO001	Plan and conduct recreation programs for older persons			✓		

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
CROSS-SECTOR (X)						
Administration						
SISXADM001	Organise and supervise participant travel			✓	✓	✓
Coaching and Instruction						
SISXCAI001	Provide equipment for activities	✓	✓	✓		
SISXCAI002	Assist with activity sessions	✓	✓			
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions			✓		
SISXCAI004	Plan and conduct programs			✓	✓	
SISXCAI005	Conduct individualised long-term training programs				✓	✓
SISXCAI006	Facilitate groups			✓		
SISXCAI007	Assist with activities not requiring equipment			✓		
SISXCAI008	Plan, conduct and review training and recovery programs					✓
SISXCAI009	Instruct strength and conditioning techniques			✓		
SISXCAI010	Develop strength and conditioning programs				✓	
Client and Customer Service						
SISXCCS001	Provide quality service	✓	✓	✓		
SISXCCS002	Coordinate client service activities				✓	✓
SISXCCS003	Address client needs				✓	✓
Disability						
SISXDIS001	Facilitate inclusion for people with a disability			✓	✓	
SISXDIS002	Plan and conduct disability programs			✓	✓	
Emergency Response						
SISXEMR001	Respond to emergency situations		✓	✓		
SISXEMR002	Coordinate emergency responses				✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
Facility Management						
SISXFAC001	Maintain equipment for activities		✓	✓		
SISXFAC002	Maintain sport, fitness and recreation facilities		✓	✓		
SISXFAC003	Implement facility maintenance programs			✓	✓	✓
SISXFAC004	Coordinate facility and equipment acquisition and maintenance				✓	✓
SISXFAC005	Manage stock supply and purchase			✓		✓
Finance						
SISXFIN001	Develop and review budgets for activities or projects			✓	✓	✓
SISXFIN002	Process financial transactions	✓	✓	✓		
Human Resource Management						
SISXHRM001	Recruit and manage volunteers			✓	✓	✓
Computer Operations and ICT Management						
SISXICT001	Select and use technology for sport, fitness and recreation work				✓	✓
Working in Industry						
SISXIND001	Work effectively in sport, fitness and recreation environments	✓		✓		
SISXIND002	Maintain sport, fitness and recreation industry knowledge		✓			
SISXIND003	Maintain legal knowledge for organisation governance			✓	✓	✓
SISXIND004	Analyse participation patterns				✓	
SISXIND005	Coordinate work teams or groups				✓	✓
SISXIND006	Conduct sport, fitness or recreation events			✓	✓	✓
SISXIND007	Develop and implement participation strategies					✓
SISXIND008	Manage legal compliance in sport and recreation					✓
SISXIND009	Respond to interpersonal conflict			✓	✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISXIND010	Protect children and young people			✓	✓	✓
Management and Leadership						
SISXMGT001	Develop and maintain stakeholder relationships			✓	✓	✓
Resource Management						
SISXRES001	Conduct sustainable work practices in open spaces			✓	✓	✓
SISXRES002	Educate user groups			✓	✓	✓
FITNESS (F)						
SISFFIT001	Provide health screening and fitness orientation			✓		
SISFFIT002	Recognise and apply exercise considerations for specific populations			✓		
SISFFIT003	Instruct fitness programs			✓		
SISFFIT004	Incorporate anatomy and physiology principles into fitness programming			✓		
SISFFIT005	Provide healthy eating information			✓		
SISFFIT006	Conduct fitness appraisals			✓		
SISFFIT007	Instruct group exercise sessions			✓		
SISFFIT008	Instruct water-based fitness activities			✓		
SISFFIT009	Deliver pre-choreographed or prescribed community fitness			✓		
SISFFIT010	Deliver pre-choreographed or prescribed group exercise to music			✓		
SISFFIT011	Instruct approved community fitness programs			✓	✓	
SISFFIT012	Instruct movement programs to children aged 5 to 12 years			✓	✓	
SISFFIT013	Instruct exercise to young people aged 13 to 17 years				✓	
SISFFIT014	Instruct exercise to older clients			✓		
SISFFIT015	Collaborate with medical and allied health professionals in a fitness context				✓	

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISFFIT016	Provide motivation to positively influence exercise behaviour				✓	
SISFFIT017	Instruct long-term exercise programs				✓	
SISFFIT018	Promote functional movement capacity				✓	
SISFFIT019	Incorporate exercise science principles into fitness programming				✓	
SISFFIT020	Instruct exercise programs for body composition goals				✓	
SISFFIT021	Instruct personal training programs				✓	
SISFFIT022	Instruct aquatic sessions for specific population groups			✓	✓	
SISFFIT023	Instruct group personal training programs				✓	
SISFFIT024	Instruct endurance programs				✓	
SISFFIT025	Recognise the dangers of providing nutrition advice to clients				✓	
SISFFIT026	Support healthy eating through the Eat for Health Program				✓	
SISFFIT027	Conduct health promotion activities					✓
SISFFIT028	Apply evidence-based practice to exercise programs					✓
SISFFIT029	Apply anatomy and physiology to advanced personal training					✓
SISFFIT030	Instruct advanced exercise programs					✓
SISFFIT031	Implement injury prevention strategies					✓
SPORT (S)						
Australian Football (AFL)						
SISSAFL001	Participate in Australian football at an intermediate level		✓			
SISSAFL002	Participate in Australian football at an advanced level			✓		
Athletics (ATH)						
SISSATH001	Conduct athletics coaching sessions with foundation level participants		✓			

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
Basketball (BSB)						
SISSBSB001	Conduct basketball coaching sessions with foundation level participants		✓			
SISSBSB002	Coach basketball participants up to an intermediate level			✓		
Cricket (CKT)						
SISSCKT001	Participate in cricket at an intermediate level		✓			
SISSCKT002	Participate in cricket at an advanced level			✓		
Equestrian (EQS)						
SISSEQS001	Coach individual participants in the introduction of equestrian activities			✓		
SISSEQS002	Coach unofficial local competition competitors in equestrian				✓	
SISSEQS003	Coach official national competition participants in equestrian					✓
Golf (GLF)						
SISSGLF001	Coach advanced level golfers					✓
SISSGLF002	Participate in golf at an intermediate level		✓			
SISSGLF003	Participate in golf at an advanced level			✓		
SISSGLF004	Fit and alter golf equipment				✓	
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments				✓	
SISSGLF006	Participate in high performance golf tournaments				✓	
SISSGLF007	Manage on-course golf operations				✓	
Netball (NTB)						
SISSNTB001	Conduct netball coaching sessions with foundation level participants		✓			
SISSNTB002	Participate in netball at an intermediate level		✓			
Participation (PAR)						
SISSPAR001	Participate in sport at an intermediate level		✓			

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISSPAR002	Participate in sport at an advanced level			✓		
SISSPAR003	Follow specialist dietary advice		✓	✓		
SISSPAR004	Book athlete travel and accommodation		✓	✓		
SISSPAR005	Develop athlete personal brand			✓		
SISSPAR006	Prepare and present athlete sponsorship proposals			✓	✓	
SISSPAR007	Work as an athlete		✓	✓		
SISSPAR008	Maintain personal wellbeing as an athlete			✓		
SISSPAR009	Participate in conditioning for sport		✓	✓		
Rugby League (RGL)						
SISSRGL001	Conduct rugby league coaching sessions with foundation level participants		✓			
SISSRGL002	Participate in rugby league at an intermediate level		✓			
Coaching (SCO)						
SISSSCO001	Conduct sport coaching sessions with foundation level participants		✓			
SISSSCO002	Work in a community coaching role		✓	✓		
SISSSCO003	Meet participant coaching needs			✓	✓	✓
SISSSCO004	Plan, conduct and review coaching programs					✓
SISSSCO005	Continuously improve coaching skills and knowledge			✓	✓	
SISSSCO006	Implement sport selection policies and procedures			✓	✓	
SISSSCO007	Apply sport psychology principles					✓
SISSSCO008	Apply anti-doping policies					✓
SISSSCO009	Work collaboratively with others in a sport environment			✓	✓	
SISSSCO010	Implement sport talent identification programs				✓	✓
SISSSCO011	Manage integrity in sport					✓

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
SISSSCO012	Coach sport participants up to an intermediate level			✓		
SISSSCO013	Coach sport participants up to an advanced level				✓	
SISSSCO014	Develop sport coaches					✓
SISSSCO015	Prepare participants for sport competition				✓	
SISSSCO016	Coach participants in sport competition			✓		✓
Officiating (SOF)						
SISSSOF001	Work as an official in sport		✓	✓		
SISSSOF002	Continuously improve officiating skills and knowledge		✓	✓		
SISSSOF003	Officiate sport competitions		✓	✓		
Sports Trainer (SPT)						
SISSSPT001	Implement sport injury prevention and management strategies			✓	✓	
Squash (SQU)						
SISSSQU001	Conduct squash coaching sessions with foundation level participants		✓			
Surf Lifesaving (SUR)						
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants		✓			
Swimming (SWM)						
SISSSWM001	Coach swimmers up to a competitive level			✓		
SISSSWM002	Coach swimmers up to a high performance level				✓	
SISSSWM003	Coach swimmers up to an elite level					✓
Tennis (TNS)						
SISSTNS001	Coach junior players in tennis			✓		
SISSTNS002	Coach intermediate players in tennis				✓	
Touch (TOU)						
SISSTOU001	Participate in touch at an intermediate level		✓			

Unit Code	Unit title	Cert I	Cert II	Cert III	Cert IV	Dip
Tenpin Bowling (TPB)						
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants		✓			
Volleyball (VOL)						
SISSVOL001	Coach volleyball participants up to an intermediate level			✓		

